Create | Play | Discover

Fine Arts

Athletics

Summer Academy

Summer Camps | 2013
Since 1974, Saint Mary’s College has offered camps for girls in the safe and protective environment of the College’s historic campus. Summer camps help young women build self-esteem, master new skills, make new friends, and experience the excitement of a college atmosphere. Twenty-four hour security and health services are provided during the camp season.

Saint Mary’s College, located in Notre Dame, Indiana, is a four-year, Catholic, women’s institution offering five bachelor’s degrees and more than 30 major areas of study.

The College has six nationally accredited academic programs: social work, art, music, education, chemistry, and nursing.

U.S. News ranks Saint Mary’s among the top 100 “Best National Liberal Arts Colleges” in The Best Colleges 2013 guidebook. Founded in 1844 and sponsored by the Sisters of the Holy Cross, the College is a pioneer in the education of women. Visit saintmarys.edu for more about Saint Mary’s College.

Meals: Sodexo is the food provider for Saint Mary’s College. As the leading food management services company in North America, Sodexo provides summer guests with a variety of tasty and nutritious options at each meal. The Noble Family Dining Hall is an “all-you-care-to-eat” facility. Visit saintmarys.edu/dining for more information.

Phones: Campers at Saint Mary’s have a no-phone policy in place for all campers. Because this may be the first time away from home, some campers may experience separation anxiety. The staff, counselors, and instructors are dedicated to making this period of adjustment as comfortable as possible for everyone involved.

The phone policy has been established for the welfare of the entire camp program. In an emergency, parents may contact their children through the camp office or the camp director.

Homesickness: Staff members have been trained to react to homesickness with compassion and sympathy. Our counselors will help campers focus on exciting camp activities, making new friends, and the fun of the experience.

Try Out Campus Life: Campers stay in residence halls at Saint Mary’s that feature 24-hour desk staff. Counselors live in close proximity to their campers, and a nighttime supervisor is on call and available from 8 p.m. to 8 a.m. Saint Mary’s Security staff is available and accessible at all times. Campers may request specific roommates prior to coming to camp at Saint Mary’s.

Deadline to apply: June 3, 2013
Fine Arts
(girls entering grades 5–9)
Art, Creative Writing, Dance, Theatre, and Music
July 7–12
July 14–19
July 21–26
Embark on a journey of self-discovery through creativity. Campers explore five disciplines:
• art
• dance
• theatre
• music
• creative writing
You’ll also participate in a daily concentrated class focusing on one of these disciplines.
On Friday, you will present your work at the Performing Arts Forum in O’Laughlin Auditorium for your friends and family.
Art: Campers will experience distinct art forms such as painting, jewelry, wearable art, paper art, and textiles. Whether you are sculpting, making friendship bracelets or angel wings, or designing your own garment, you’ll be bringing your own masterpiece to life inside Saint Mary’s professional art studios.
Dance: Each dance class has a distinct rhythm as campers develop skills in memory, musicality, and style. You’ll learn dance history and vocabulary as you explore ballet, jazz, and modern dance. The Saint Mary’s Dance Studio is complete with a sound system, mirrors, and a dance floor—an ideal space to express yourself through movement.
Theatre: Character, voice, and movement provide the building blocks for campers to express their dramatic potential. You’ll develop performance skills and collaboration techniques through theatre games and group exercises. Classes are held on-stage in the historic O’Laughlin Auditorium.
Music: Classes immerse campers in the basic elements of music. Past participants have created their own musical instruments, sung Broadway musical selections, and made the most of brooms and trash cans in their own version of the exciting musical show Stomp. You are invited to bring a musical instrument from home if you wish to share your talent.
Creative Writing: Embrace the world of words in sessions designed to build your distinct writing voice. Learn to express yourself on the page through unique exercises like reporting, writing ad jingles, poetry slams, monologues, or writing a love letter to your favorite food.

Check out MoreauCenter.com for the latest information on exciting theatre, musical performances, and gallery exhibitions at Saint Mary’s College.
Athletics
(girls entering grades 5–10)

July 7–11 (select one)
Basketball
Soccer
Tennis
Volleyball I – Beginner to Intermediate

July 14–18 (select one)
Cross Country
Lacrosse
Volleyball II – Intermediate to Advanced

Get in the game. Play the sport you love or explore a new one. Experienced instructors, varsity coaches, and college athletes provide guidance according to individual need. Coaches will help you sharpen your skills on the field or the court. You’ll set goals, share in a positive, team-oriented atmosphere, and develop healthy habits that will help you achieve success.

Saint Mary’s athletic facilities include three indoor volleyball courts, indoor and outdoor basketball courts, six outdoor tennis courts, a soccer field, and a softball field.

In addition to overnight Athletics Camps, Saint Mary’s offers an economical day camp option featuring daily personal instruction in the discipline of your choice. Visit saintmarys.edu/camps-athletic for equipment requirements by sport.

Basketball
Point, shoot, and score at Saint Mary’s Basketball Camp. Coaches and counselors will work to build solid fundamental skills such as dribbling, passing, and shooting. Have fun while improving your game during drills and scrimmages with your teammates. Basketball camp is offered during the first week of camp on the outdoor courts.

Cross Country
Saint Mary’s Cross Country Camp will help runners at all levels to develop safe and effective training methods. The camp staff will emphasize an individualized approach to training and will instill in campers the importance of drills, stretching, and weight training.

Lacrosse
Flex your muscle—and your agility—on the field in this fast-paced game. Lacrosse is one of the quickest growing team sports in the U.S. Join your new teammates for practices and scrimmages that focus on speed, coordination, skill with the crosse, and team building.

Soccer
Practice dribbling, passing, offense, and defense with your teammates. Soccer coaches will work with you to develop these skills, and you will have opportunities to demonstrate them throughout the week during drills and scrimmages.

Tennis
Work with coaches to develop and refine all your tennis skills: footwork, ground strokes, serves, service returns, and volleys.

Cheer on one of Saint Mary’s eight varsity athletic teams as they compete in the MIAA conference. A fun and exciting time for the whole family.

For the most up-to-date information, rosters, and team schedules visit saintmarys.edu/athletics today or follow us on facebook.

Go Belles!

Volleyball
( limited openings available)
As a volleyball camper, you will take to the court each day to learn and practice fundamental skills. You will participate in drills for blocking, hitting, passing, setting, serving, and serve reception.

Coaches will teach you dynamic offensive and defensive strategies that you will practice in games and scrimmages.
Summer Academy  
(girls entering grades 8–12)

July 7–12  
Forensic Science

July 14–19  
Theatre

July 21–26  
Studio Arts

Curiosity drives discovery at Saint Mary’s Summer Academy. This residential camp is designed to introduce campers to the academic experience and thrill of college life. Join other motivated students who are interested in academic and cultural pursuits within a specific field of study. Summer Academy offers three weeks of in-depth, hands-on study and field trips.

Forensic Science  
July 7–12
Campers are summoned to a staged crime scene to participate in fact finding and evidence gathering in the hope of solving the crime.

Through biology, chemistry, mathematics, and deductive reasoning, you will work with fellow campers to weigh your evidence and apply your findings in the quest for the culprit. A field trip to an actual crime lab is included in this week. You’ll share the results of your investigation in a public forum for friends and family on Friday.

Theatre Camp  
July 14–19
Explore character, voice, movement, and performance techniques in classes designed to help you realize your stage potential. Afternoons will be spent rehearsing a play, which you’ll perform in the Little Theatre on Friday for friends and family.

Limited need-based scholarships are available. Scholarships do not exceed $250 per camper. Download a scholarship application at saintmarys.edu/camps.

Studio Arts  
July 21–26
Explore multiple art mediums in this new, hands-on course. From yarn-bombing to the more traditional art forms of drawing and painting, Studio Arts has everything a novice artist needs in order to advance their craft. Hone your skills among a group of new friends. Then, present your work to friends and family during a special portfolio review on Friday afternoon.
Who do I want to be?  
How does my spirituality influence my identity and choices?  
What difference can I make in the world?

An Institute for Young Women of Faith: July 7–12  
(for female high school students who will be sophomores, juniors, or seniors in Fall 2013)

If you're asking the big questions, we invite you to explore the answers with us.

Through this weeklong residential experience on Saint Mary's campus, you'll gain a better understanding of your own spirituality, learn about communication styles, develop your leadership skills, and consider what living a faith-filled life means to you.

There's time for group discussions and activities, individual reflection, and a service immersion experience in the city of South Bend, as well as opportunities to connect with Saint Mary's student mentors. Discussion topics include, but are not limited to: peer pressure, self-esteem, and stereotypes.

For further information, contact:
Saint Mary's College  
Saint Mary's College • Notre Dame, IN 46556  
Phone: (574) 284-4778 • Fax: (574) 284-4784  
Email: camps@saintmarys.edu  
saintmarys.edu/camps

Saint Mary's Summer Camps

Note: For online registration, go to saintmarys.edu/camps. Apply for Spiritual Leaders Institute online at saintmarys.edu/CampusMinistry.

Choose your Camp and Session

To learn more and apply, visit our website at saintmarys.edu/CampusMinistry and follow the link to Spiritual Leaders 2013.

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2013 Fine Arts Camp, Athletics Camp, Saint Mary’s Summer Academy Application

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Please print:

Camper's name  
Age  
Date of birth  
Grade as of Sept 2013  
School

Mother's name (Guardian)  
Father's name (Guardian)  
Adult (yes/no)  
T-shirt size: [S, M, L, XL]

Address  
City  
State  
Zip code

How did you hear about our camp?  
 ___ Ad  
 ___ Friend  
 ___ Mailing  
 ___ Social media  
 ___ Other

Home phone  
Mother's work phone  
Mother's cell phone  
Father's work phone  
Father's cell phone

Name of preferred roommate(s): Please list no more than three roommates. Fine Arts Camp, Athletics Camp, and Summer Academy provide double-room occupancy along with a limited number of triple and quad rooms. (All triples and quads are available on a first-come, first-served basis.)

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Please print:

Camper's name  
Age  
Date of birth  
Grade as of Sept 2013  
School

Mother's name (Guardian)  
Father's name (Guardian)  
Adult (yes/no)  
T-shirt size: [S, M, L, XL]

Address  
City  
State  
Zip code

How did you hear about our camp?  
 ___ Ad  
 ___ Friend  
 ___ Mailing  
 ___ Social media  
 ___ Other

Home phone  
Mother's work phone  
Mother's cell phone  
Father's work phone  
Father's cell phone

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State  
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Mother's work phone  
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Choose your Camp and Session
You’ll love Saint Mary’s summer camps. Join us in July for fun, friendship, and learning experiences designed for talented young women like you.

Explore the arts—like music, dance, and theatre—in Fine Arts Camp.

Get in the game at one of our six Athletics Camps including our new Lacrosse camp.

You can solve a mystery, put on a theatrical performance, or create your own work of art at the Saint Mary’s Summer Academy.

You’ll stay in one of the historic residence halls on Saint Mary’s beautiful campus, eat in the College dining hall, and make friends from all over the U.S.

Our counselors and instructors are experienced teachers, coaches, and qualified Saint Mary’s students. They will guide your camp experience through programs that will spark your creativity and your passion.

Fine Arts Camp | July 7–12, 14–19, 21–26
Athletics Camp | July 7–11, 14–18
Summer Academy | July 7–12, 14–19, 21–26
Spiritual Leaders | July 7–12

Sign up today at saintmarys.edu/camps