# Create | Play | Discover







Fine Arts Athletics Summer Academy



Summer Camps | 2013

# Summer at Saint Mary's



Since 1974, Saint Mary's College has offered camps for girls in the safe and protective environment of the College's historic campus. Summer camps help young women build self-esteem, master new skills, make new friends, and experience the excitement of a college atmosphere. Twenty-four hour security and health services are provided during the camp season.

Saint Mary's College, located in Notre Dame, Indiana, is a four-year, Catholic, women's institution offering five bachelor's degrees and more than 30 major areas of study.

The College has six nationally accredited academic programs: social work, art, music, education, chemistry, and nursing.

U.S. News ranks Saint Mary's among the top 100 "Best National Liberal Arts Colleges" in The Best Colleges 2013 guidebook. Founded in 1844 and sponsored by the Sisters of the Holy Cross, the College is a pioneer in the education of women. Visit saintmarys.edu for more about Saint Mary's College.

Explore your interests. Make new friends. Live in residence halls under the care and protection of counselors, instructors, and professional staff members. Instruction is provided by Saint Mary's faculty, staff, and area educators who are chosen for their expertise in the classroom and on the playing field.

- Athletics
- Fine Arts
- Summer Academy
- Spiritual Leaders





Meals: Sodexo is the food provider for Saint Mary's College. As the leading food management services company in North America, Sodexo provides summer guests with a variety of tasty and nutritious options at each meal. The Noble Family Dining Hall is an "all-you-care-to-eat" facility. Visit saintmarys.edu/dining for more information.

Phones: Camps at Saint Mary's have a no-phone policy in place for all campers. Because this may be the first time away from home, some campers may experience separation anxiety. The staff, counselors, and instructors are dedicated to making this period of adjustment as comfortable as possible for everyone involved.

The phone policy has been established for the welfare of the entire camp program. In an emergency, parents may contact their children through the camp office or the camp director.

**Homesickness:** Staff members have been trained to react to homesickness with compassion and sympathy. Our counselors will help campers focus on exciting camp activities, making new friends, and the fun of the experience.

**Try Out Campus Life:** Campers stay in residence halls at Saint Mary's that feature 24-hour desk staff. Counselors live in close proximity to their campers, and a nighttime supervisor is on call and available from 8 p.m. to 8 a.m. Saint Mary's Security staff is available and accessible at all times. Campers may request specific roommates prior to coming to camp at Saint Mary's.

Deadline to apply: June 3, 2013





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# Fine Arts

Art, Creative Writing, Dance, Theatre, and Music

July 7-12 July 14-19 July 21-26

Embark on a journey of self-discovery through creativity. Campers explore five disciplines:

- art
- dance
- theatre
- music
- creative writing

You'll also participate in a daily concentrated class focusing on one of these disciplines. On Friday, you will present your work at the Performing Arts Forum in O'Laughlin Auditorium for your friends and family.



Art: Campers will experience distinct art forms such as painting, jewelry, wearable art, paper art, and textiles. Whether you are sculpting, making friendship bracelets or angel wings, or designing your own garment, you'll be bringing your own masterpiece to life inside Saint Mary's professional art studios.

Dance: Each dance class has a distinct rhythm as campers develop skills in memory, musicality, and style. You'll learn dance history and vocabulary as you explore ballet, jazz, and modern dance. The Saint Mary's Dance Studio is complete with a sound system, mirrors, and a dance floor—an ideal space to express yourself through movement.

*Theatre:* Character, voice, and movement provide the building blocks for campers to express their dramatic potential. You'll develop performance skills and collaboration techniques through theatre games and group exercises. Classes are held on-stage in the historic O'Laughlin Auditorium.

Music: Classes immerse campers in the basic elements of music. Past participants have created their own musical instruments, sung Broadway musical selections, and made the most of brooms and trash cans in their own version of the exciting musical show *Stomp*. You are invited to bring a musical instrument from home if you wish to share your talent.

Creative Writing: Embrace the world of words in sessions designed to build your distinct writing voice. Learn to express yourself on the page through unique exercises like reporting, writing ad jingles, poetry slams, monologues, or writing a love letter to your favorite food.

> Whether you're experienced in the fine arts or not, you're welcome to enroll in Saint Mary's Fine Arts Camp at your individual skill level. The only requirement is the desire to learn and join in the fun.





Check out **MoreauCenter.com** for the musical performances, and gallery exhibitions at Saint Mary's College.



## **Athletics**

### July 7–11 (select one)

Basketball

Soccer Tennis

Volleyball I – Beginner to Intermediate

### July 14-18 (select one)

**Cross Country** 

Lacrosse

Volleyball II – Intermediate to Advanced

Get in the game. Play the sport you love or explore a new one. Experienced instructors, varsity coaches, and college athletes provide guidance according to individual need.

Coaches will help you sharpen your skills on the field or the court. You'll set goals, share in a positive, team-oriented atmosphere, and develop healthy habits that will help you achieve success.

Saint Mary's athletic facilities include three indoor volleyball courts, indoor and outdoor basketball courts, six outdoor tennis courts, a soccer field, and a softball field.

In addition to overnight Athletics Camps, Saint Mary's offers an economical day camp option featuring daily personal instruction in the discipline of your choice.

Visit saintmarys.edu/camps-athletic for equipment requirements by sport.

### **Basketball**

Point, shoot, and score at Saint Mary's Basketball Camp. Coaches and counselors will work to build solid fundamental skills such as dribbling, passing, and shooting. Have fun while improving your game during drills and scrimmages with your teammates. Basketball camp is offered during the first week of camp on the outdoor courts.

### **Cross Country**

Saint Mary's Cross Country Camp will help runners at all levels to develop safe and effective training methods. The camp staff will emphasize an individualized approach to training and will instill in campers the importance of drills, stretching, and weight training.

### Volleyball

(limited openings available) As a volleyball camper, you will take to the court each day to learn and practice fundamental skills. You will participate in drills for blocking, hitting, passing, setting, serving, and serve reception.

Coaches will teach you dynamic offensive and defensive strategies that you will practice in games and scrimmages.

## Lacrosse

Flex your muscle—and your agility—on the field in this fastpaced game. Lacrosse is one of the quickest growing team sports in the U.S. Join your new teammates for practices and scrimmages that focus on speed, coordination, skill with the crosse, and team building.

Practice dribbling, passing, offense, and defense with your teammates. Soccer coaches will work with you to develop these skills, and you will have opportunities to demonstrate them throughout the week during drills and scrimmages.

Work with coaches to develop and refine all your tennis skills: footwork, ground strokes, serves, service returns, and volleys.

Coaches focus on doubles and singles strategies, and you will match up against other campers in contests, games, and tournament play throughout the week.



**Day Camp** 

offered from

9 a.m. to 8 p.m.

for more information on

All camps are for beginning

and intermediate players

Athletics Day Camps.

with the exception

which is geared

and advanced

players.

of Volleyball Week II,

toward intermediate

Slots are







# Summer Academy

(girls entering grades 8–12)

July 7–12 Forensic Science

July 14–19 Theatre

July 21–26 Studio Arts

Curiosity drives discovery at Saint Mary's Summer Academy. This residential camp is designed to introduce campers to the academic experience and thrill of college life.

Join other motivated students who are interested in academic and cultural pursuits within a specific field of study. Summer Academy offers three weeks of in-depth, hands-on study and field trips.



## **July 7–12**

Campers are summoned to a staged crime scene to participate in fact finding and evidence gathering in the hope of solving the crime.

Through biology, chemistry, mathematics, and deductive reasoning, you will work with fellow campers to weigh your evidence and apply your findings in the quest for the culprit. A field trip to an actual crime lab is included in this week. You'll share the results of your investigation in a public forum for friends and family on Friday.

## **Theatre Camp**

### **July 14-19**

Explore character, voice, movement, and performance techniques in classes designed to help you realize your stage potential. Afternoons will be spent rehearsing a play, which you'll perform in the Little Theatre on Friday for friends and family.



## **July 21–26**

Explore multiple art mediums in this new, hands-on course. From yarn-bombing to the more traditional art forms of drawing and painting, Studio Arts has everything a novice artist needs in order to advance their craft. Hone your skills among a group of new friends. Then, present your work to friends and family during a special portfolio review on Friday afternoon.



Limited need-based scholarships are available. Scholarships do not exceed \$250 per camper. Download a scholarship application at saintmarys.edu/camps.



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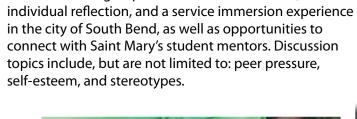
Who do I want to be?
How does my spirituality
influence my identity
and choices?
What difference can I make
in the world?

## An Institute for Young Women of Faith: July 7–12 (For female high school students who will be sophomores, juniors, or seniors

in Fall 2013)

If you're asking the big questions, we invite you to explore the answers with us.

Through this weeklong residential experience on Saint Mary's campus, you'll gain a better understanding of your own spirituality, learn about communication styles, develop your leadership skills, and consider what living a faith-filled life means to you.



There's time for group discussions and activities,



To learn more and apply, visit our website at **saintmarys.edu/CampusMinistry** and follow the link to Spiritual Leaders 2013.

### 2013 Fine Arts Camp, Athletics Camp, Saint Mary's Summer Academy Application

Note: For online registration, go to saintmarys.edu/camps. Apply for Spiritual Leaders Institute online at saintmarys.edu/CampusMinistry. Please print: Camper's name Date of birth Grade as of Sept 2013 School Mother's name (Guardian) Adult (non-fitted) T-shirt size: (S, M, L, XL) Father's name (Guardian) Address How did you hear about our camp? Email address Home phone Mother's work phone Mother's cell phone Father's work phone Father's cell phone Name of preferred roommate(s). Please list no more than three roommates. Fine Arts Camp, Athletics Camp, and Summer Academy provide double-room occupancy along with a limited number of triple and quad rooms. (All triples and quads are available on a first-come, first-served basis.) **Choose your Camp and Session Fine Arts Camp Athletics Camps Saint Mary's Summer Academy** (grades 8-12) (grades 5-9) (grades 5-10) July 14-18 July 7-11 July 7-12 July 7-12 \_\_\_\_ Cross Country Basketball \_\_\_\_ Forensic Science July 14-19 Soccer Lacrosse July 14-19 Volleyball II\* July 21-26 Tennis \_\_\_ Volleyball I \_\_\_\_ Theatre Camp July 21-26 \_\_\_ Overnight or \_\_\_\_ Day Camp \_\_\_\_ Studio Arts 2013 Fine Arts Tuition 2013 Athletics Tuition 2013 Summer Academy Tuition \*All sessions are for Beginner to Intermediate players with Before 3/31/13 \$440 Before 3/31/13 \$470 Before 3/31/13 **\$515** the exception of Volleyball After 3/31/13 \$520 After 3/31/13 \$490 After 3/31/13 \$565 Week II (July 14-18). \$250 Day Camp which is for Intermediate to See **saintmarys.edu/camps** for information Advanced players. on Financial Assistance. Note: Please complete the above application. A non-refundable deposit of \$100 or the full amount can be paid when you apply. Upon receipt of your application a confirmation packet will be mailed to you, including an invoice detailing any balance that is due. If you choose to take advantage of the \$50 early registration discount, your balance will be due by mail by March 31, 2013. If not, your final payment will be due by mail by June 3, 2013. **Payment Methods** Credit card orders may be faxed to (574) 284-4784, mailed in with your application, or you may register online. For further information, contact: Charge the amount of \$ \_\_ \_ to my \_\_\_\_Visa \_\_\_MasterCard \_\_\_\_Discover Saint Mary's Summer Camps Saint Mary's College • Notre Dame, IN 46556 Credit card # Exp. date Phone: (574) 284-4778 • Fax: (574) 284-4784 Email: camps@saintmarys.edu saintmarys.edu/camps Cardholder's name Saint Mary's College reserves the right to change or cancel Cardholder's signature any summer camp session for any reason, including if minimum registration enrollments are not met. For office use only Credit Card Verification Number

Amount received \$

Bal. due

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(This is the 3-digit security code on the reverse side of your credit card, usually

following the last four digits of your account number in the signature area.)





## Summer Camps | 2013

# Countdown to Summer Camps | 2013

You'll love Saint Mary's summer camps. Join us in July for fun, friendship, and learning experiences designed for talented young women like you.

Explore the arts—like music, dance, and theatre—in Fine Arts Camp.

Get in the game at one of our six Athletics Camps including our new Lacrosse camp.

You can solve a mystery, put on a theatrical performance, or create your own work of art at the Saint Mary's Summer Academy.

You'll stay in one of the historic residence halls on Saint Mary's beautiful campus, eat in the College dining hall, and make friends from all over the U.S.

Our counselors and instructors are experienced teachers, coaches, and qualified Saint Mary's students. They will guide your camp experience through programs that will spark your creativity and your passion.

Fine Arts Camp July 7–12, 14–19, 21–26
Athletics Camp July 7–11, 14–18

Summer Academy July 7–12, 14–19, 21–26

Spiritual Leaders July 7–12

Sign up today at saintmarys.edu/camps