

2014 MIAA CONFERENCE CHAMPIONSHIPS

CALVIN COLLEGE

GRAND RAPIDS, MICHIGAN SATURDAY, NOVEMBER 01, 2014

~~~~~ TEAM RESULTS - WOMENS VARSITY ~~~~~

1. 27 CALVIN ( 22:14 1:51:06 1:30)

=====

|   |       |                  |        |   |       |
|---|-------|------------------|--------|---|-------|
| 1 | 1     | Cassandra Vince  | CALVIN | 2 | 21:10 |
| 2 | 3     | Lauren Strohbehn | CALVIN | 2 | 21:57 |
| 3 | 6     | Sarah Danner     | CALVIN | 4 | 22:39 |
| 4 | 8     | Kimby Penning    | CALVIN | 4 | 22:40 |
| 5 | 9     | Kate Ardinger    | CALVIN | 3 | 22:40 |
| 6 | ( 13) | Paige McGahan    | CALVIN | 4 | 22:57 |
| 7 | ( 14) | Hope Gaffner     | CALVIN | 2 | 23:02 |

2. 55 HOPE ( 22:54 1:54:30 0:45)

=====

|   |       |                 |      |   |       |
|---|-------|-----------------|------|---|-------|
| 1 | 5     | Julia Stock     | HOPE | 2 | 22:35 |
| 2 | 7     | Michelle Kerr   | HOPE | 2 | 22:40 |
| 3 | 10    | Emily Jossee    | HOPE | 2 | 22:44 |
| 4 | 16    | Erin Herrmann   | HOPE | 2 | 23:11 |
| 5 | 17    | Rachael Webb    | HOPE | 1 | 23:20 |
| 6 | ( 18) | Katherine Afton | HOPE | 4 | 23:20 |
| 7 | ( 19) | Emily Wrozek    | HOPE | 4 | 23:28 |

3. 95 ALBION ( 23:31 1:57:31 2:47)

=====

|   |       |                 |        |   |       |
|---|-------|-----------------|--------|---|-------|
| 1 | 2     | Jessica Shaw    | ALBION | 2 | 21:47 |
| 2 | 15    | Emily Allison   | ALBION | 1 | 23:06 |
| 3 | 21    | Megan Wickens   | ALBION | 4 | 23:44 |
| 4 | 26    | Leanne Wegley   | ALBION | 1 | 24:20 |
| 5 | 31    | Allison Snyder  | ALBION | 1 | 24:34 |
| 6 | ( 43) | Theresa Hencsie | ALBION | 3 | 25:39 |
| 7 | ( 44) | Sage Beauregard | ALBION | 1 | 25:51 |

4. 113 ALMA ( 23:52 1:59:18 3:17)

=====

|   |       |                     |      |   |       |
|---|-------|---------------------|------|---|-------|
| 1 | 4     | Kaitlyn Arnold      | ALMA | 2 | 22:06 |
| 2 | 11    | Misty Godley        | ALMA | 4 | 22:50 |
| 3 | 22    | Kara Giles          | ALMA | 3 | 23:46 |
| 4 | 37    | Rose Deren          | ALMA | 4 | 25:13 |
| 5 | 39    | Libbey Jones        | ALMA | 1 | 25:23 |
| 6 | ( 45) | Chelse Van Spronsen | ALMA | 1 | 25:52 |
| 7 | ( 59) | Abby Scharboneau    | ALMA | 1 | 27:24 |

5. 119 ST. MARY'S (IND.) ( 24:01 2:00:02 1:44)

=====

|   |       |                  |                   |   |       |
|---|-------|------------------|-------------------|---|-------|
| 1 | 12    | Brittany Beeler  | ST. MARY'S (IND.) | 2 | 22:53 |
| 2 | 20    | Natalie Hawkes   | ST. MARY'S (IND.) | 1 | 23:40 |
| 3 | 27    | Allie Danhof     | ST. MARY'S (IND.) | 3 | 24:25 |
| 4 | 28    | Kaitlyn Alessi   | ST. MARY'S (IND.) | 2 | 24:27 |
| 5 | 32    | Kathryn Marshall | ST. MARY'S (IND.) | 2 | 24:37 |
| 6 | ( 33) | Samee Chittenden | ST. MARY'S (IND.) | 4 | 24:39 |
| 7 | ( 35) | Caitlin Blum     | ST. MARY'S (IND.) | 1 | 24:46 |

6. 162 ADRIAN ( 24:43 2:03:33 1:35)

=====

|   |       |                    |        |   |       |
|---|-------|--------------------|--------|---|-------|
| 1 | 23    | Torrey Christopher | ADRIAN | 1 | 23:56 |
| 2 | 24    | Jessica Johnson    | ADRIAN | 1 | 23:57 |
| 3 | 34    | Alicia Szilagyi    | ADRIAN | 1 | 24:42 |
| 4 | 40    | Olivia Vasiloff    | ADRIAN | 1 | 25:27 |
| 5 | 41    | Emily Nixon        | ADRIAN | 1 | 25:31 |
| 6 | ( 48) | Melanie Mangiapane | ADRIAN | 2 | 26:20 |
| 7 | ( 50) | Jenna Peterson     | ADRIAN | 2 | 26:35 |

7. 206 TRINE ( 25:35 2:07:55 2:44)

=====

|   |       |                    |       |   |       |
|---|-------|--------------------|-------|---|-------|
| 1 | 29    | Kelsey Ortiz       | TRINE | 2 | 24:27 |
| 2 | 36    | Courtney Forsythe  | TRINE | 3 | 24:53 |
| 3 | 38    | Heather Richardson | TRINE | 1 | 25:14 |
| 4 | 46    | Kyla Binfet        | TRINE | 1 | 26:10 |
| 5 | 57    | Kelli Hogenkamp    | TRINE | 4 | 27:11 |
| 6 | ( 62) | Adrea Ayres        | TRINE | 2 | 28:47 |
| 7 | ( 63) | Mary Lefere        | TRINE | 3 | 31:39 |

8. 217 OLIVET ( 25:51 2:09:11 2:40)

=====

|   |       |                     |        |   |       |
|---|-------|---------------------|--------|---|-------|
| 1 | 25    | Jessica D'Haene     | OLIVET | 3 | 24:02 |
| 2 | 42    | Allyson Schultz     | OLIVET | 1 | 25:34 |
| 3 | 47    | Kaitlin Stults      | OLIVET | 1 | 26:15 |
| 4 | 51    | Milie Funk          | OLIVET | 1 | 26:38 |
| 5 | 52    | Danielle Marsh      | OLIVET | 3 | 26:42 |
| 6 | ( 54) | Maya Hairston Moore | OLIVET | 4 | 26:50 |
| 7 | ( 60) | Shayla Neelis       | OLIVET | 1 | 27:51 |

9. 243 KALAMAZOO ( 26:24 2:11:56 2:42)

=====

|   |       |                |           |   |       |
|---|-------|----------------|-----------|---|-------|
| 1 | 30    | Emily Sklar    | KALAMAZOO | 4 | 24:28 |
| 2 | 49    | Eileen Neale   | KALAMAZOO | 4 | 26:30 |
| 3 | 53    | Madeline Booth | KALAMAZOO | 2 | 26:48 |
| 4 | 55    | Annika Roberts | KALAMAZOO | 2 | 27:00 |
| 5 | 56    | Rachel Selina  | KALAMAZOO | 2 | 27:10 |
| 6 | ( 58) | Kira Sandiford | KALAMAZOO | 4 | 27:22 |
| 7 | ( 61) | Emily Kotz     | KALAMAZOO | 4 | 28:13 |

2014 MIAA CONFERENCE CHAMPIONSHIPS

CALVIN COLLEGE

GRAND RAPIDS, MICHIGAN SATURDAY, NOVEMBER 01, 2014

~~~~~ INDIVIDUAL RESULTS - WOMENS VARSITY ~~~~~

| Place No. | Name | School | Grade | Time | Pace |
|-----------|----------------------|-------------------|-------|-------|------|
| 1 | 116 Cassandra Vince | CALVIN | 2 | 21:10 | 5:41 |
| 2 | 51 Jessica Shaw | ALBION | 2 | 21:47 | 5:51 |
| 3 | 115 Lauren Strohbehn | CALVIN | 2 | 21:57 | 5:54 |
| 4 | 66 Kaitlyn Arnold | ALMA | 2 | 22:06 | 5:56 |
| 5 | 167 Julia Stock | HOPE | 2 | 22:35 | 6:04 |
| 6 | 101 Sarah Danner | CALVIN | 4 | 22:39 | 6:05 |
| 7 | 158 Michelle Kerr | HOPE | 2 | 22:40 | 6:05 |
| 8 | 113 Kimby Penning | CALVIN | 4 | 22:40 | 6:05 |
| 9 | 95 Kate Ardinger | CALVIN | 3 | 22:40 | 6:05 |
| 10 | 157 Emily Jossee | HOPE | 2 | 22:44 | 6:06 |
| 11 | 71 Misty Godley | ALMA | 4 | 22:50 | 6:08 |
| 12 | 250 Brittany Beeler | ST. MARY'S (IND.) | 2 | 22:53 | 6:09 |
| 13 | 109 Paige McGahan | CALVIN | 4 | 22:57 | 6:10 |
| 14 | 104 Hope Gaffner | CALVIN | 2 | 23:02 | 6:11 |
| 15 | 37 Emily Allison | ALBION | 1 | 23:06 | 6:12 |
| 16 | 156 Erin Herrmann | HOPE | 2 | 23:11 | 6:13 |
| 17 | 102 McKenzie Diemer | CALVIN | 2 | 23:15 | 6:14 |
| 18 | 172 Rachael Webb | HOPE | 1 | 23:20 | 6:16 |
| 19 | 143 Katherine Afton | HOPE | 4 | 23:20 | 6:16 |
| 20 | 103 Rachel Folkema | CALVIN | 3 | 23:25 | 6:17 |

| | | | | | | |
|----|-----|----------------------|-------------------|---|-------|------|
| 21 | 173 | Emily Wrozek | HOPE | 4 | 23:28 | 6:18 |
| 22 | 110 | Katherine McLain | CALVIN | 1 | 23:33 | 6:19 |
| 23 | 111 | Jessie Mulder | CALVIN | 2 | 23:38 | 6:21 |
| 24 | 257 | Natalie Hawkes | ST. MARY'S (IND.) | 1 | 23:40 | 6:21 |
| 25 | 57 | Megan Wickens | ALBION | 4 | 23:44 | 6:22 |
| 26 | 151 | Jessica Gaines | HOPE | 2 | 23:46 | 6:23 |
| 27 | 70 | Kara Giles | ALMA | 3 | 23:46 | 6:23 |
| 28 | 97 | Lauren Brink | CALVIN | 2 | 23:49 | 6:24 |
| 29 | 155 | Katherine Hauge | HOPE | 3 | 23:52 | 6:24 |
| 30 | 4 | Torrey Christopher | ADRIAN | 1 | 23:56 | 6:26 |
| 31 | 8 | Jessica Johnson | ADRIAN | 1 | 23:57 | 6:26 |
| 32 | 226 | Jessica D'Haene | OLIVET | 3 | 24:02 | 6:27 |
| 33 | 168 | Lindsay Timmerman | HOPE | 3 | 24:06 | 6:28 |
| 34 | 107 | Marly May | CALVIN | 3 | 24:10 | 6:29 |
| 35 | 98 | Alex Childs | CALVIN | 2 | 24:16 | 6:31 |
| 36 | 56 | Leanne Wegley | ALBION | 1 | 24:20 | 6:32 |
| 37 | 160 | Marianne Lohrstorfer | HOPE | 1 | 24:22 | 6:33 |
| 38 | 165 | Carlie Snoop | HOPE | 2 | 24:24 | 6:33 |
| 39 | 254 | Allie Danhof | ST. MARY'S (IND.) | 3 | 24:25 | 6:33 |
| 40 | 249 | Kaitlyn Alessi | ST. MARY'S (IND.) | 2 | 24:27 | 6:34 |
| 41 | 270 | Kelsey Ortiz | TRINE | 2 | 24:27 | 6:34 |
| 42 | 209 | Emily Sklar | KALAMAZOO | 4 | 24:28 | 6:34 |
| 43 | 100 | Catherine Croft | CALVIN | 1 | 24:32 | 6:35 |
| 44 | 53 | Allison Snyder | ALBION | 1 | 24:34 | 6:36 |
| 45 | 153 | Mackenzie Govier | HOPE | 2 | 24:36 | 6:36 |
| 46 | 259 | Kathryn Marshall | ST. MARY'S (IND.) | 2 | 24:37 | 6:37 |
| 47 | 253 | Samee Chittenden | ST. MARY'S (IND.) | 4 | 24:39 | 6:37 |
| 48 | 13 | Alicia Szilagy | ADRIAN | 1 | 24:42 | 6:38 |
| 49 | 162 | Leah Murray | HOPE | 3 | 24:42 | 6:38 |

| | | | | | | |
|----|-----|---------------------|-------------------|---|-------|------|
| 50 | 163 | Emma Ropski | HOPE | 2 | 24:44 | 6:38 |
| 51 | 251 | Caitlin Blum | ST. MARY'S (IND.) | 1 | 24:46 | 6:39 |
| 52 | 96 | Kristen Brink | CALVIN | 2 | 24:49 | 6:40 |
| 53 | 260 | Anna McClowry | ST. MARY'S (IND.) | 1 | 24:50 | 6:40 |
| 54 | 99 | Megan Murray | CALVIN | 1 | 24:52 | 6:41 |
| 55 | 267 | Courtney Forsythe | TRINE | 3 | 24:53 | 6:41 |
| 56 | 255 | Katelyn Dunn | ST. MARY'S (IND.) | 3 | 24:54 | 6:41 |
| 57 | 261 | Colleen Ogren | ST. MARY'S (IND.) | 2 | 24:55 | 6:41 |
| 58 | 68 | Rose Deren | ALMA | 4 | 25:13 | 6:46 |
| 59 | 271 | Heather Richardson | TRINE | 1 | 25:14 | 6:47 |
| 60 | 161 | Alexandra Moxon | HOPE | 1 | 25:16 | 6:47 |
| 61 | 106 | Lora Huizingh | CALVIN | 3 | 25:20 | 6:48 |
| 62 | 72 | Libbey Jones | ALMA | 1 | 25:23 | 6:49 |
| 63 | 14 | Olivia Vasiloff | ADRIAN | 1 | 25:27 | 6:50 |
| 64 | 108 | Marissa McGahan | CALVIN | 1 | 25:31 | 6:51 |
| 65 | 10 | Emily Nixon | ADRIAN | 1 | 25:31 | 6:51 |
| 66 | 169 | Miranda Ulmer | HOPE | 2 | 25:31 | 6:51 |
| 67 | 296 | Allyson Schultz | OLIVET | 1 | 25:34 | 6:52 |
| 68 | 149 | Amanda Dort | HOPE | 2 | 25:37 | 6:53 |
| 69 | 148 | Anna Dietz | HOPE | 1 | 25:38 | 6:53 |
| 70 | 44 | Theresa Hencsie | ALBION | 3 | 25:39 | 6:53 |
| 71 | 150 | Alissa Frazee | HOPE | 1 | 25:43 | 6:54 |
| 72 | 154 | Alexandra Guttilla | HOPE | 1 | 25:43 | 6:54 |
| 73 | 147 | Jacilyn Clark | HOPE | 4 | 25:48 | 6:56 |
| 74 | 38 | Sage Beauregard | ALBION | 1 | 25:51 | 6:56 |
| 75 | 252 | Colleen Burke | ST. MARY'S (IND.) | 3 | 25:51 | 6:56 |
| 76 | 81 | Chelse Van Spronsen | ALMA | 1 | 25:52 | 6:57 |
| 77 | 262 | Maggie Pacana | ST. MARY'S (IND.) | 2 | 26:00 | 6:59 |
| 78 | 159 | Emily Krueger | HOPE | 1 | 26:06 | 7:00 |

| | | | | |
|-----|-------------------------|-------------------|---------|------|
| 79 | 266 Kyla Binfet | TRINE | 1 26:10 | 7:01 |
| 80 | 171 Gabriela Vazquez | HOPE | 2 26:13 | 7:02 |
| 81 | 238 Kaitlin Stults | OLIVET | 1 26:15 | 7:03 |
| 82 | 114 Lisa Schultz | CALVIN | 3 26:18 | 7:04 |
| 83 | 9 Melanie Mangiapane | ADRIAN | 2 26:20 | 7:04 |
| 84 | 205 Eileen Neale | KALAMAZOO | 4 26:30 | 7:07 |
| 85 | 11 Jenna Peterson | ADRIAN | 2 26:35 | 7:08 |
| 86 | 258 Erin Knauf | ST. MARY'S (IND.) | 3 26:38 | 7:09 |
| 87 | 227 Milie Funk | OLIVET | 1 26:38 | 7:09 |
| 88 | 233 Danielle Marsh | OLIVET | 3 26:42 | 7:10 |
| 89 | 152 Kristin Godwin | HOPE | 1 26:46 | 7:11 |
| 90 | 198 Madeline Booth | KALAMAZOO | 2 26:48 | 7:12 |
| 91 | 229 Maya Hairston Moore | OLIVET | 4 26:50 | 7:12 |
| 92 | 112 Samantha Bannstra | CALVIN | 1 26:53 | 7:13 |
| 93 | 206 Annika Roberts | KALAMAZOO | 2 27:00 | 7:15 |
| 94 | 12 Jordan Powell | ADRIAN | 1 27:07 | 7:17 |
| 95 | 208 Rachel Selina | KALAMAZOO | 2 27:10 | 7:17 |
| 96 | 268 Kelli Hogenkamp | TRINE | 4 27:11 | 7:18 |
| 97 | 48 Angela Morrison | ALBION | 2 27:13 | 7:18 |
| 98 | 207 Kira Sandiford | KALAMAZOO | 4 27:22 | 7:21 |
| 99 | 76 Abby Scharboneau | ALMA | 1 27:24 | 7:21 |
| 100 | 234 Shayla Neelis | OLIVET | 1 27:51 | 7:29 |
| 101 | 204 Emily Kotz | KALAMAZOO | 4 28:13 | 7:34 |
| 102 | 230 Alissa Iloncai | OLIVET | 1 28:20 | 7:36 |
| 103 | 210 Lilian Taylor | KALAMAZOO | 4 28:24 | 7:37 |
| 104 | 199 Elisse Buhmann | KALAMAZOO | 4 28:34 | 7:40 |
| 105 | 50 Michelle Samson | ALBION | 4 28:41 | 7:42 |
| 106 | 265 Adrea Ayres | TRINE | 2 28:47 | 7:44 |
| 107 | 212 Shelby Tuthill | KALAMAZOO | 2 29:10 | 7:50 |

| | | | | | | |
|-----|-----|-----------------------|-----------|---|-------|------|
| 108 | 144 | Elizabeth Bransdorfer | HOPE | 4 | 29:19 | 7:52 |
| 109 | 49 | Stephanie Norwood | ALBION | 2 | 29:29 | 7:55 |
| 110 | 42 | Alex Carey | ALBION | 3 | 29:34 | 7:56 |
| 111 | 200 | Margot Couraud | KALAMAZOO | 3 | 29:41 | 7:58 |
| 112 | 236 | Courtney Reed | OLIVET | 3 | 29:57 | 8:02 |
| 113 | 203 | Shannon Irvine | KALAMAZOO | 1 | 30:00 | 8:03 |
| 114 | 170 | Shannon Urbanik | HOPE | 1 | 30:04 | 8:04 |
| 115 | 235 | Susie Quint | OLIVET | 4 | 30:20 | 8:08 |
| 116 | 201 | Danielle Gin | KALAMAZOO | 2 | 30:51 | 8:17 |
| 117 | 47 | Shannon Morris | ALBION | 1 | 31:16 | 8:23 |
| 118 | 197 | Valerie Alagon | KALAMAZOO | 4 | 31:32 | 8:28 |
| 119 | 269 | Mary Lefere | TRINE | 3 | 31:39 | 8:30 |
| 120 | 202 | Gabrielle Herin | KALAMAZOO | 1 | 32:03 | 8:36 |
| 121 | 39 | Ali Beckhorn | ALBION | 1 | 32:36 | 8:45 |

2014 MIAA CONFERENCE CHAMPIONSHIPS

CALVIN COLLEGE

GRAND RAPIDS, MICHIGAN SATURDAY, NOVEMBER 01, 2014

GRADE RESULTS - WOMENS VARSITY

FRESHMEN Overall

| Place | Name | School | Grade | Time | Pace |
|-------|----------------------|-------------------|-------|-------|------|
| 1 | Emily Allison | ALBION | 1 | 23:06 | 6:12 |
| 2 | Rachael Webb | HOPE | 1 | 23:20 | 6:16 |
| 3 | Katherine McLain | CALVIN | 1 | 23:33 | 6:19 |
| 4 | Natalie Hawkes | ST. MARY'S (IND.) | 1 | 23:40 | 6:21 |
| 5 | Torrey Christopher | ADRIAN | 1 | 23:56 | 6:26 |
| 6 | Jessica Johnson | ADRIAN | 1 | 23:57 | 6:26 |
| 7 | Leanne Wegley | ALBION | 1 | 24:20 | 6:32 |
| 8 | Marianne Lohrstorfer | HOPE | 1 | 24:22 | 6:33 |
| 9 | Catherine Croft | CALVIN | 1 | 24:32 | 6:35 |
| 10 | Allison Snyder | ALBION | 1 | 24:34 | 6:36 |
| 11 | Alicia Szilagyi | ADRIAN | 1 | 24:42 | 6:38 |
| 12 | Caitlin Blum | ST. MARY'S (IND.) | 1 | 24:46 | 6:39 |
| 13 | Anna McClowry | ST. MARY'S (IND.) | 1 | 24:50 | 6:40 |
| 14 | Megan Murray | CALVIN | 1 | 24:52 | 6:41 |
| 15 | Heather Richardson | TRINE | 1 | 25:14 | 6:47 |

| | | | | | |
|----|---------------------|-----------|---|-------|------|
| 16 | Alexandra Moxon | HOPE | 1 | 25:16 | 6:47 |
| 17 | Libbey Jones | ALMA | 1 | 25:23 | 6:49 |
| 18 | Olivia Vasiloff | ADRIAN | 1 | 25:27 | 6:50 |
| 19 | Marissa McGahan | CALVIN | 1 | 25:31 | 6:51 |
| 20 | Emily Nixon | ADRIAN | 1 | 25:31 | 6:51 |
| 21 | Allyson Schultz | OLIVET | 1 | 25:34 | 6:52 |
| 22 | Anna Dietz | HOPE | 1 | 25:38 | 6:53 |
| 23 | Alissa Frazee | HOPE | 1 | 25:43 | 6:54 |
| 24 | Alexandra Guttilla | HOPE | 1 | 25:43 | 6:54 |
| 25 | Sage Beauregard | ALBION | 1 | 25:51 | 6:56 |
| 26 | Chelse Van Spronsen | ALMA | 1 | 25:52 | 6:57 |
| 27 | Emily Krueger | HOPE | 1 | 26:06 | 7:00 |
| 28 | Kyla Binfet | TRINE | 1 | 26:10 | 7:01 |
| 29 | Kaitlin Stults | OLIVET | 1 | 26:15 | 7:03 |
| 30 | Milie Funk | OLIVET | 1 | 26:38 | 7:09 |
| 31 | Kristin Godwin | HOPE | 1 | 26:46 | 7:11 |
| 32 | Samantha Bannstra | CALVIN | 1 | 26:53 | 7:13 |
| 33 | Jordan Powell | ADRIAN | 1 | 27:07 | 7:17 |
| 34 | Abby Scharboneau | ALMA | 1 | 27:24 | 7:21 |
| 35 | Shayla Neelis | OLIVET | 1 | 27:51 | 7:29 |
| 36 | Alissa Iloncai | OLIVET | 1 | 28:20 | 7:36 |
| 37 | Shannon Irvine | KALAMAZOO | 1 | 30:00 | 8:03 |
| 38 | Shannon Urbanik | HOPE | 1 | 30:04 | 8:04 |
| 39 | Shannon Morris | ALBION | 1 | 31:16 | 8:23 |
| 40 | Gabrielle Herin | KALAMAZOO | 1 | 32:03 | 8:36 |
| 41 | Ali Beckhorn | ALBION | 1 | 32:36 | 8:45 |

SOPHOMORES Overall

| Place | Name | School | Grade | Time | Pace |
|-------|------------------|-------------------|-------|-------|------|
| 1 | Cassandra Vince | CALVIN | 2 | 21:10 | 5:41 |
| 2 | Jessica Shaw | ALBION | 2 | 21:47 | 5:51 |
| 3 | Lauren Strohbehn | CALVIN | 2 | 21:57 | 5:54 |
| 4 | Kaitlyn Arnold | ALMA | 2 | 22:06 | 5:56 |
| 5 | Julia Stock | HOPE | 2 | 22:35 | 6:04 |
| 6 | Michelle Kerr | HOPE | 2 | 22:40 | 6:05 |
| 7 | Emily Jossee | HOPE | 2 | 22:44 | 6:06 |
| 8 | Brittany Beeler | ST. MARY'S (IND.) | 2 | 22:53 | 6:09 |
| 9 | Hope Gaffner | CALVIN | 2 | 23:02 | 6:11 |
| 10 | Erin Herrmann | HOPE | 2 | 23:11 | 6:13 |
| 11 | McKenzie Diemer | CALVIN | 2 | 23:15 | 6:14 |
| 12 | Jessie Mulder | CALVIN | 2 | 23:38 | 6:21 |
| 13 | Jessica Gaines | HOPE | 2 | 23:46 | 6:23 |
| 14 | Lauren Brink | CALVIN | 2 | 23:49 | 6:24 |
| 15 | Alex Childs | CALVIN | 2 | 24:16 | 6:31 |
| 16 | Carlie Snoap | HOPE | 2 | 24:24 | 6:33 |
| 17 | Kaitlyn Alessi | ST. MARY'S (IND.) | 2 | 24:27 | 6:34 |
| 18 | Kelsey Ortiz | TRINE | 2 | 24:27 | 6:34 |
| 19 | Mackenzie Govier | HOPE | 2 | 24:36 | 6:36 |
| 20 | Kathryn Marshall | ST. MARY'S (IND.) | 2 | 24:37 | 6:37 |
| 21 | Emma Ropski | HOPE | 2 | 24:44 | 6:38 |
| 22 | Kristen Brink | CALVIN | 2 | 24:49 | 6:40 |
| 23 | Colleen Ogren | ST. MARY'S (IND.) | 2 | 24:55 | 6:41 |
| 24 | Miranda Ulmer | HOPE | 2 | 25:31 | 6:51 |
| 25 | Amanda Dort | HOPE | 2 | 25:37 | 6:53 |
| 26 | Maggie Pacana | ST. MARY'S (IND.) | 2 | 26:00 | 6:59 |
| 27 | Gabriela Vazquez | HOPE | 2 | 26:13 | 7:02 |

| | | | | | |
|----|--------------------|-----------|---|-------|------|
| 28 | Melanie Mangiapane | ADRIAN | 2 | 26:20 | 7:04 |
| 29 | Jenna Peterson | ADRIAN | 2 | 26:35 | 7:08 |
| 30 | Madeline Booth | KALAMAZOO | 2 | 26:48 | 7:12 |
| 31 | Annika Roberts | KALAMAZOO | 2 | 27:00 | 7:15 |
| 32 | Rachel Selina | KALAMAZOO | 2 | 27:10 | 7:17 |
| 33 | Angela Morrison | ALBION | 2 | 27:13 | 7:18 |
| 34 | Adrea Ayres | TRINE | 2 | 28:47 | 7:44 |
| 35 | Shelby Tuthill | KALAMAZOO | 2 | 29:10 | 7:50 |
| 36 | Stephanie Norwood | ALBION | 2 | 29:29 | 7:55 |
| 37 | Danielle Gin | KALAMAZOO | 2 | 30:51 | 8:17 |

JUNIORS Overall

| Place | Name | School | Grade | Time | Pace |
|-------|-------------------|-------------------|-------|-------|------|
| ===== | | | | | |
| 1 | Kate Ardinger | CALVIN | 3 | 22:40 | 6:05 |
| 2 | Rachel Folkema | CALVIN | 3 | 23:25 | 6:17 |
| 3 | Kara Giles | ALMA | 3 | 23:46 | 6:23 |
| 4 | Katherine Hauge | HOPE | 3 | 23:52 | 6:24 |
| 5 | Jessica D'Haene | OLIVET | 3 | 24:02 | 6:27 |
| 6 | Lindsay Timmerman | HOPE | 3 | 24:06 | 6:28 |
| 7 | Marly May | CALVIN | 3 | 24:10 | 6:29 |
| 8 | Allie Danhof | ST. MARY'S (IND.) | 3 | 24:25 | 6:33 |
| 9 | Leah Murray | HOPE | 3 | 24:42 | 6:38 |
| 10 | Courtney Forsythe | TRINE | 3 | 24:53 | 6:41 |
| 11 | Katelyn Dunn | ST. MARY'S (IND.) | 3 | 24:54 | 6:41 |
| 12 | Lora Huizingh | CALVIN | 3 | 25:20 | 6:48 |
| 13 | Theresa Hencsie | ALBION | 3 | 25:39 | 6:53 |
| 14 | Colleen Burke | ST. MARY'S (IND.) | 3 | 25:51 | 6:56 |

| | | | | | |
|----|----------------|-------------------|---|-------|------|
| 15 | Lisa Schultz | CALVIN | 3 | 26:18 | 7:04 |
| 16 | Erin Knauf | ST. MARY'S (IND.) | 3 | 26:38 | 7:09 |
| 17 | Danielle Marsh | OLIVET | 3 | 26:42 | 7:10 |
| 18 | Alex Carey | ALBION | 3 | 29:34 | 7:56 |
| 19 | Margot Couraud | KALAMAZOO | 3 | 29:41 | 7:58 |
| 20 | Courtney Reed | OLIVET | 3 | 29:57 | 8:02 |
| 21 | Mary Lefere | TRINE | 3 | 31:39 | 8:30 |

SENIORS Overall

| Place | Name | School | Grade | Time | Pace |
|-------|---------------------|-------------------|-------|-------|------|
| ===== | | | | | |
| 1 | Sarah Danner | CALVIN | 4 | 22:39 | 6:05 |
| 2 | Kimby Penning | CALVIN | 4 | 22:40 | 6:05 |
| 3 | Misty Godley | ALMA | 4 | 22:50 | 6:08 |
| 4 | Paige McGahan | CALVIN | 4 | 22:57 | 6:10 |
| 5 | Katherine Afton | HOPE | 4 | 23:20 | 6:16 |
| 6 | Emily Wrozek | HOPE | 4 | 23:28 | 6:18 |
| 7 | Megan Wickens | ALBION | 4 | 23:44 | 6:22 |
| 8 | Emily Sklar | KALAMAZOO | 4 | 24:28 | 6:34 |
| 9 | Samee Chittenden | ST. MARY'S (IND.) | 4 | 24:39 | 6:37 |
| 10 | Rose Deren | ALMA | 4 | 25:13 | 6:46 |
| 11 | Jacilyn Clark | HOPE | 4 | 25:48 | 6:56 |
| 12 | Eileen Neale | KALAMAZOO | 4 | 26:30 | 7:07 |
| 13 | Maya Hairston Moore | OLIVET | 4 | 26:50 | 7:12 |
| 14 | Kelli Hogenkamp | TRINE | 4 | 27:11 | 7:18 |
| 15 | Kira Sandiford | KALAMAZOO | 4 | 27:22 | 7:21 |
| 16 | Emily Kotz | KALAMAZOO | 4 | 28:13 | 7:34 |
| 17 | Lilian Taylor | KALAMAZOO | 4 | 28:24 | 7:37 |

| | | | | | |
|----|-----------------------|-----------|---|-------|------|
| 18 | Elisse Buhmann | KALAMAZOO | 4 | 28:34 | 7:40 |
| 19 | Michelle Samson | ALBION | 4 | 28:41 | 7:42 |
| 20 | Elizabeth Bransdorfer | HOPE | 4 | 29:19 | 7:52 |
| 21 | Susie Quint | OLIVET | 4 | 30:20 | 8:08 |
| 22 | Valerie Alagon | KALAMAZOO | 4 | 31:32 | 8:28 |