

MI AA2016\_Champ\_Womens

2016 MICHIGAN INTERCOLLEGIATE ATHLETIC ASSOCIATION XC CHAMPIONSHIPS  
ALBION COLLEGE  
ALBION, MICHIGAN SATURDAY, OCTOBER 29, 2016

----- TEAM RESULTS - WOMENS VARSITY -----

1.	33	HOPE		(22: 48.7 114: 03.2 1: 39.2)
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1	1	Erin Herrmann	HOPE SR	21: 37.9
2	5	Emily Joesse	HOPE SR	22: 46.3
3	8	Avery Lowe	HOPE SO	23: 10.2
4	9	Emily Hamilton	HOPE SO	23: 11.7
5	10	Alissa Frazee	HOPE JR	23: 17.1
6	( 11)	Kelly Peregrine	HOPE FR	23: 18.1
7	( 13)	Chelsea Mi skel ley	HOPE FR	23: 24.0
2.	45	CALVIN		(22: 59.0 114: 54.7 1: 17.9)
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1	3	Lauren Strohbehn	CALVIN SR	22: 09.4
2	6	Katie Di ekema	CALVIN SO	22: 54.6
3	7	Johanna Admi raal	CALVIN FR	22: 57.9
4	14	Kristen Lundberg	CALVIN FR	23: 25.5
5	15	Mari ssa Hi el kema	CALVIN SO	23: 27.3
6	( 16)	McKenzi e Di emer	CALVIN SR	23: 36.3
7	( 18)	Mari ssa McGahan	CALVIN JR	23: 47.7
3.	112	ALMA		(24: 10.0 120: 50.0 4: 15.6)
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1	2	Kai tlyn Arnol d	ALMA SR	21: 57.2
2	19	Hannah Garn	ALMA JR	23: 58.4
3	21	Chel se Van Spronsen	ALMA JR	24: 11.5
4	26	Mal lory Munderl oh	ALMA SO	24: 30.1
5	44	Madel i ne McDonnel l	ALMA FR	26: 12.8
6	( 45)	Madi son Nel son	ALMA SO	26: 23.4
7	( 46)	Brooke Vandepol der	ALMA SO	26: 39.4
4.	113	TRINE		(24: 13.9 121: 09.4 2: 18.0)
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1	12	Kyl a Bin fet	TRINE JR	23: 20.7
2	17	Kel sey Orti z	TRINE SR	23: 41.1
3	20	Laci e Pi ekarski	TRINE SO	24: 10.2
4	23	Samantha Stensl and	TRINE SO	24: 18.7
5	41	Hannah Bl ystone	TRINE SO	25: 38.7
6	( 48)	Heather Ri chardson	TRINE JR	27: 02.2
5.	130	ST. MARY' S (IND.)		(24: 26.0 122: 09.8 2: 34.0)
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1	4	Brit tany Beel er	ST. MARY' S (IND.) SR	22: 36.7
2	25	Anna McCl owry	ST. MARY' S (IND.) JR	24: 28.1
3	31	Adel e Edmonds	ST. MARY' S (IND.) SO	24: 54.5
4	34	Kai tlyn Al essi	ST. MARY' S (IND.) SR	24: 59.8
5	36	Kati e Glenn	ST. MARY' S (IND.) FR	25: 10.7
6	( 39)	Maura Honan	ST. MARY' S (IND.) FR	25: 21.7
7	( 40)	Mary Phi lbi n	ST. MARY' S (IND.) SO	25: 36.8
6.	140	ALBION		(24: 39.4 123: 17.0 0: 41.4)
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1	22	Aubrey Hemstreet	ALBION FR	24: 16.3
2	24	Alli son Snyder	ALBION JR	24: 22.5

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3	29	Katie Davis	ALBION FR	24: 43. 5
4	32	Morgan Button	ALBION SO	24: 57. 0
5	33	Alicia Medrano	ALBION FR	24: 57. 7
6	( 35)	Keena Gilbert	ALBION SO	25: 01. 8
7	( 37)	Leaha Sinaeve	ALBION SO	25: 11. 7

7. 193 ADRIAN (25: 50. 1 129: 10. 5 2: 55. 1)

1	27	Olivia Vasilloff	ADRIAN JR	24: 34. 2
2	30	Alicia Szilagyi	ADRIAN JR	24: 54. 3
3	38	Emily Nixon	ADRIAN JR	25: 21. 0
4	47	Kaley Haupt	ADRIAN FR	26: 51. 7
5	51	Ashley Palmer	ADRIAN SO	27: 29. 3

8. 224 OLIVET (26: 44. 5 133: 42. 4 3: 45. 5)

1	28	Allyson Schultz	OLIVET JR	24: 37. 1
2	42	Nicole Zerfas	OLIVET SO	25: 54. 4
3	49	Brianna Wiles	OLIVET SR	27: 02. 4
4	52	Jessica Taylor	OLIVET SO	27: 45. 9
5	53	Nicole Gilbert	OLIVET SO	28: 22. 6
6	( 54)	Nicole Sebok	OLIVET SO	28: 38. 0
7	( 55)	Abigail Gaines	OLIVET SO	28: 39. 4

9. 264 KALAMAZOO (29: 27. 7 147: 18. 4 5: 59. 7)

1	43	Cheyenne Allyn-White	KALAMAZOO SO	26: 00. 7
2	50	Victoria Thamann	KALAMAZOO FR	27: 14. 8
3	56	Hannah Hamilton	KALAMAZOO SO	30: 31. 0
4	57	Emma Farrell	KALAMAZOO SO	31: 31. 5
5	58	Brianna Burnell	KALAMAZOO FR	32: 00. 4

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2016 MICHIGAN INTERCOLLEGIATE ATHLETIC ASSOCIATION XC CHAMPIONSHIPS  
ALBION COLLEGE  
ALBION, MICHIGAN SATURDAY, OCTOBER 29, 2016

~~~~~ INDIVIDUAL RESULTS - WOMENS VARSITY ~~~~~

| Place | No. | Name             | School            | Grade | Time      | Pace  |
|-------|-----|------------------|-------------------|-------|-----------|-------|
| 1     | 235 | Erin Herrmann    | HOPE              | SR    | 21: 37. 9 | 5: 49 |
| 2     | 173 | Kaitlyn Arnold   | ALMA              | SR    | 21: 57. 2 | 5: 54 |
| 3     | 212 | Lauren Strohbehm | CALVIN            | SR    | 22: 09. 4 | 5: 57 |
| 4     | 287 | Brittany Beeler  | ST. MARY'S (IND.) | SR    | 22: 36. 7 | 6: 04 |
| 5     | 238 | Emily Joosse     | HOPE              | SR    | 22: 46. 3 | 6: 07 |
| 6     | 195 | Katie Diekema    | CALVIN            | SO    | 22: 54. 6 | 6: 09 |
| 7     | 189 | Johanna Admiraal | CALVIN            | FR    | 22: 57. 9 | 6: 10 |
| 8     | 243 | Avery Lowe       | HOPE              | SO    | 23: 10. 2 | 6: 13 |
| 9     | 233 | Emily Hamilton   | HOPE              | SO    | 23: 11. 7 | 6: 14 |

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|    |     |                       |                     |              |       |
|----|-----|-----------------------|---------------------|--------------|-------|
| 10 | 225 | Al i ssa Frazee       | HOPE                | JR 23: 17. 1 | 6: 15 |
| 11 | 250 | Kel l y Peregri ne    | HOPE                | FR 23: 18. 1 | 6: 15 |
| 12 | 303 | Kyl a Bi nfet         | TRI NE              | JR 23: 20. 7 | 6: 16 |
| 13 | 246 | Chel sea Mi skel l ey | HOPE                | FR 23: 24. 0 | 6: 17 |
| 14 | 207 | Kri sten Lundberg     | CALVI N             | FR 23: 25. 5 | 6: 17 |
| 15 | 202 | Mari ssa Hi el kema   | CALVI N             | SO 23: 27. 3 | 6: 18 |
| 16 | 227 | Jessi ca Gai nes      | HOPE                | SR 23: 29. 1 | 6: 18 |
| 17 | 196 | McKenzi e Di emer     | CALVI N             | SR 23: 36. 3 | 6: 20 |
| 18 | 305 | Kel sey Orti z        | TRI NE              | SR 23: 41. 1 | 6: 22 |
| 19 | 248 | Sarah Neumar          | HOPE                | SO 23: 41. 7 | 6: 22 |
| 20 | 208 | Mari ssa McGahan      | CALVI N             | JR 23: 47. 7 | 6: 23 |
| 21 | 174 | Hannah Garn           | ALMA                | JR 23: 58. 4 | 6: 26 |
| 22 | 203 | Mi chel l e Koetj e   | CALVI N             | FR 24: 03. 6 | 6: 28 |
| 23 | 306 | Laci e Pi ekarski     | TRI NE              | SO 24: 10. 2 | 6: 29 |
| 24 | 187 | Chel se Van Spronsen  | ALMA                | JR 24: 11. 5 | 6: 30 |
| 25 | 194 | Catheri ne Croft      | CALVI N             | SO 24: 12. 4 | 6: 30 |
| 26 | 259 | Rachael Webb          | HOPE                | JR 24: 15. 3 | 6: 31 |
| 27 | 158 | Aubrey Hemstreet      | ALBI ON             | FR 24: 16. 3 | 6: 31 |
| 28 | 209 | Kate McLai n          | CALVI N             | JR 24: 17. 7 | 6: 31 |
| 29 | 308 | Samantha Stensl and   | TRI NE              | SO 24: 18. 7 | 6: 32 |
| 30 | 168 | All i son Snyder      | ALBI ON             | JR 24: 22. 5 | 6: 33 |
| 31 | 296 | Anna McCl owry        | ST. MARY' S (IND. ) | JR 24: 28. 1 | 6: 34 |
| 32 | 183 | Mal l ory Munderl oh  | ALMA                | SO 24: 30. 1 | 6: 35 |
| 33 | 150 | Oli vi a Vasi l off   | ADRI AN             | JR 24: 34. 2 | 6: 36 |
| 34 | 280 | Al l yson Schul tz    | OLI VET             | JR 24: 37. 1 | 6: 37 |
| 35 | 254 | All i e Utting        | HOPE                | SO 24: 40. 4 | 6: 38 |
| 36 | 154 | Kati e Davi s         | ALBI ON             | FR 24: 43. 5 | 6: 38 |
| 37 | 210 | Megan Murray          | CALVI N             | JR 24: 47. 7 | 6: 40 |
| 38 | 193 | Alex Chi l ds         | CALVI N             | SR 24: 49. 4 | 6: 40 |
| 39 | 149 | Al i ci a Szi l agyi  | ADRI AN             | JR 24: 54. 3 | 6: 41 |
| 40 | 289 | Adel e Edmonds        | ST. MARY' S (IND. ) | SO 24: 54. 5 | 6: 41 |

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|----|--------------------------|------------------------|----|----------------|
| 41 | 152 Morgan Button        | ALBION                 | S0 | 24: 57.0 6: 42 |
| 42 | 163 Alicia Medrano       | ALBION                 | FR | 24: 57.7 6: 42 |
| 43 | 204 Breanna Kooiman      | CALVIN                 | S0 | 24: 58.5 6: 42 |
| 44 | 285 Kai tlyn Alessi      | ST. MARY' S (IND.)     | SR | 24: 59.8 6: 43 |
| 45 | 156 Keena Gilbert        | ALBION                 | S0 | 25: 01.8 6: 43 |
| 46 | 291 Katie Glenn          | ST. MARY' S (IND.)     | FR | 25: 10.7 6: 46 |
| 47 | 167 Leah Sinnavee        | ALBION                 | S0 | 25: 11.7 6: 46 |
| 48 | 240 Hannah Kenny         | HOPE                   | FR | 25: 13.5 6: 46 |
| 49 | 192 Leah Bishop          | CALVIN                 | FR | 25: 14.2 6: 47 |
| 50 | 201 Carly Halm           | CALVIN                 | FR | 25: 16.0 6: 47 |
| 51 | 223 Abby Couwenhoven     | HOPE                   | S0 | 25: 19.4 6: 48 |
| 52 | 147 Emily Nixon          | ADRIAN                 | JR | 25: 21.0 6: 48 |
| 53 | 293 Maura Honan          | ST. MARY' S (IND.)     | FR | 25: 21.7 6: 49 |
| 54 | 224 Rebecca Duran        | HOPE                   | FR | 25: 22.0 6: 49 |
| 55 | 234 Sally Hansma         | HOPE                   | FR | 25: 26.6 6: 50 |
| 56 | 211 Emma Schroer         | CALVIN                 | FR | 25: 28.7 6: 51 |
| 57 | 213 Olivia Umlauf        | CALVIN                 | FR | 25: 36.4 6: 53 |
| 58 | 300 Mary Philbin         | ST. MARY' S (IND.)     | S0 | 25: 36.8 6: 53 |
| 59 | 288 Caitlin Blum         | ST. MARY' S (IND.)     | JR | 25: 37.3 6: 53 |
| 60 | 242 Marianne Lohrstorfer | HOPE                   | JR | 25: 38.1 6: 53 |
| 61 | 304 Hannah Blystone      | TRINE                  | S0 | 25: 38.7 6: 53 |
| 62 | 241 Kathleen Kooiker     | HOPE                   | SR | 25: 46.4 6: 55 |
| 63 | 226 Anna Frazee          | HOPE                   | FR | 25: 47.1 6: 55 |
| 64 | 301 Reilly Piri          | ST. MARY' S (IND.)     | S0 | 25: 47.7 6: 56 |
| 65 | 164 Natalie Purcell      | ALBION                 | FR | 25: 49.2 6: 56 |
| 66 | 284 Nicole Zerfas        | OLIVET                 | S0 | 25: 54.4 6: 57 |
| 67 | 261 Cheyenne Allyn-White | KALAMAZOO              | S0 | 26: 00.7 6: 59 |
| 68 | 251 Mackenzie Schmidt    | HOPE                   | S0 | 26: 02.4 7: 00 |
| 69 | 199 Jena Gaffner         | CALVIN                 | FR | 26: 03.9 7: 00 |
| 70 | 297 Colleen Ogren        | ST. MARY' S (IND.)     | SR | 26: 04.5 7: 00 |
| 71 | 258 Ashley Warner        | HOPE                   | JR | 26: 10.6 7: 02 |
| 72 | 182 Madeline McDonnell   | ALMA                   | FR | 26: 12.8 7: 02 |

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|     |                         |                    |              |       |
|-----|-------------------------|--------------------|--------------|-------|
| 73  | 295 Kathryn Marshall    | ST. MARY' S (IND.) | SR 26: 20. 3 | 7: 04 |
| 74  | 153 Kendra Cook         | ALBION             | S0 26: 21. 1 | 7: 05 |
| 75  | 184 Madison Nelson      | ALMA               | S0 26: 23. 4 | 7: 05 |
| 76  | 298 Maggie Pacana       | ST. MARY' S (IND.) | SR 26: 27. 6 | 7: 06 |
| 77  | 294 Jennifer Kreighbaum | ST. MARY' S (IND.) | FR 26: 38. 2 | 7: 09 |
| 78  | 188 Brooke Vandepolder  | ALMA               | S0 26: 39. 4 | 7: 09 |
| 79  | 256 Breanna Vanlaan     | HOPE               | FR 26: 40. 3 | 7: 10 |
| 80  | 175 Ruslana Gill        | ALMA               | FR 26: 49. 4 | 7: 12 |
| 81  | 217 Caroline Barrett    | HOPE               | JR 26: 51. 1 | 7: 13 |
| 82  | 146 Kaley Haupt         | ADRIAN             | FR 26: 51. 7 | 7: 13 |
| 83  | 228 Kayla Gercak        | HOPE               | S0 26: 56. 5 | 7: 14 |
| 84  | 229 Kristin Godwin      | HOPE               | JR 26: 57. 5 | 7: 14 |
| 85  | 239 Natalie Keenan      | HOPE               | FR 26: 58. 6 | 7: 15 |
| 86  | 302 Fiona Winfrey       | ST. MARY' S (IND.) | FR 27: 00. 2 | 7: 15 |
| 87  | 307 Heather Richardson  | TRINE              | JR 27: 02. 2 | 7: 16 |
| 88  | 283 Brianna Wiles       | OLIVET             | SR 27: 02. 4 | 7: 16 |
| 89  | 292 Emily Harrast       | ST. MARY' S (IND.) | S0 27: 03. 3 | 7: 16 |
| 90  | 231 Megan Grimes        | HOPE               | FR 27: 04. 7 | 7: 16 |
| 91  | 245 Natalie Meyer       | HOPE               | FR 27: 07. 6 | 7: 17 |
| 92  | 273 Victoria Thamann    | KALAMAZOO          | FR 27: 14. 8 | 7: 19 |
| 93  | 237 Emily Jackson       | HOPE               | FR 27: 20. 4 | 7: 20 |
| 94  | 255 Sophia Vanderkooy   | HOPE               | FR 27: 21. 6 | 7: 21 |
| 95  | 148 Ashley Palmer       | ADRIAN             | S0 27: 29. 3 | 7: 23 |
| 96  | 220 Alicia Bostwick     | HOPE               | FR 27: 32. 3 | 7: 24 |
| 97  | 230 Mackenzie Govier    | HOPE               | SR 27: 33. 7 | 7: 24 |
| 98  | 214 Maddie Van Ness     | CALVIN             | FR 27: 39. 3 | 7: 26 |
| 99  | 290 Mary Favo           | ST. MARY' S (IND.) | FR 27: 44. 4 | 7: 27 |
| 100 | 244 Danielle Merwin     | HOPE               | FR 27: 45. 2 | 7: 27 |
| 101 | 282 Jessica Taylor      | OLIVET             | S0 27: 45. 9 | 7: 27 |
| 102 | 219 Ellie Best          | HOPE               | S0 27: 58. 3 | 7: 31 |
| 103 | 286 Sarah Allen         | ST. MARY' S (IND.) | S0 28: 07. 2 | 7: 33 |

|     |     |                     | MI AA2016_Champ_Womens |              |        |
|-----|-----|---------------------|------------------------|--------------|--------|
| 104 | 170 | Phoebe Varney       | ALBI ON                | FR 28: 07. 9 | 7: 33  |
| 105 | 276 | Ni col e Gi l bert  | OLI VET                | S0 28: 22. 6 | 7: 37  |
| 106 | 206 | Vi ctori a Lenters  | CALVI N                | FR 28: 28. 2 | 7: 39  |
| 107 | 171 | Hunter Wi l l i ams | ALBI ON                | S0 28: 31. 9 | 7: 40  |
| 108 | 281 | Ni col e Sebok      | OLI VET                | S0 28: 38. 0 | 7: 41  |
| 109 | 275 | Abi gai l Gai nes   | OLI VET                | S0 28: 39. 4 | 7: 42  |
| 110 | 155 | Maddy Deni son      | ALBI ON                | S0 28: 48. 0 | 7: 44  |
| 111 | 177 | Ani ssa Keel er     | ALMA                   | S0 28: 51. 9 | 7: 45  |
| 112 | 260 | Alexandra Wyeth     | HOPE                   | FR 29: 06. 6 | 7: 49  |
| 113 | 274 | Zoe Fei ghner       | OLI VET                | S0 29: 08. 6 | 7: 49  |
| 114 | 161 | Carol i ne Manni ng | ALBI ON                | FR 29: 13. 8 | 7: 51  |
| 115 | 151 | Tayl or Anhal t     | ALBI ON                | S0 29: 21. 8 | 7: 53  |
| 116 | 178 | Shannon Ki evi t    | ALMA                   | JR 29: 43. 4 | 7: 59  |
| 117 | 249 | Kel l y Ocock       | HOPE                   | S0 29: 52. 8 | 8: 01  |
| 118 | 162 | Mal eah Marshal l   | ALBI ON                | FR 29: 58. 6 | 8: 03  |
| 119 | 176 | Li bbey Jones       | ALMA                   | JR 30: 06. 0 | 8: 05  |
| 120 | 180 | Lai ne Krueger      | ALMA                   | FR 30: 10. 9 | 8: 06  |
| 121 | 269 | Hannah Hami l ton   | KALAMAZOO              | S0 30: 31. 0 | 8: 12  |
| 122 | 186 | Zi ta Tranqui l l a | ALMA                   | FR 30: 35. 5 | 8: 13  |
| 123 | 257 | Madi son Wabel      | HOPE                   | FR 31: 10. 7 | 8: 22  |
| 124 | 165 | Jessi ca Reynol ds  | ALBI ON                | FR 31: 13. 7 | 8: 23  |
| 125 | 172 | Kassi dy Zi mmer    | ALBI ON                | FR 31: 30. 5 | 8: 28  |
| 126 | 266 | Emma Farrel l       | KALAMAZOO              | S0 31: 31. 5 | 8: 28  |
| 127 | 181 | Lauren Kucharczyk   | ALMA                   | S0 31: 32. 3 | 8: 28  |
| 128 | 264 | Bri anna Burnel l   | KALAMAZOO              | FR 32: 00. 4 | 8: 36  |
| 129 | 157 | Sydney Graham       | ALBI ON                | S0 32: 09. 5 | 8: 38  |
| 130 | 185 | Madi son Swope      | ALMA                   | FR 32: 17. 6 | 8: 40  |
| 131 | 160 | Sarah Macek         | ALBI ON                | FR 38: 57. 8 | 10: 28 |

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GRADE RESULTS - WOMENS VARSITY

FRESHMEN Overall

| Place | Name                | School            | Grade | Time     | Pace   |
|-------|---------------------|-------------------|-------|----------|--------|
| 1     | Johanna Admiraal    | CALVIN            | FR    | 22: 57.9 | 6: 10  |
| 2     | Kelly Peregrine     | HOPE              | FR    | 23: 18.1 | 6: 15  |
| 3     | Chelsea Miskelley   | HOPE              | FR    | 23: 24.0 | 6: 17  |
| 4     | Kristen Lundberg    | CALVIN            | FR    | 23: 25.5 | 6: 17  |
| 5     | Michelle Koetje     | CALVIN            | FR    | 24: 03.6 | 6: 28  |
| 6     | Aubrey Hemstreet    | ALBION            | FR    | 24: 16.3 | 6: 31  |
| 7     | Katie Davis         | ALBION            | FR    | 24: 43.5 | 6: 38  |
| 8     | Alicia Medrano      | ALBION            | FR    | 24: 57.7 | 6: 42  |
| 9     | Katie Glenn         | ST. MARY'S (IND.) | FR    | 25: 10.7 | 6: 46  |
| 10    | Hannah Kenny        | HOPE              | FR    | 25: 13.5 | 6: 46  |
| 11    | Leah Bishop         | CALVIN            | FR    | 25: 14.2 | 6: 47  |
| 12    | Carly Halm          | CALVIN            | FR    | 25: 16.0 | 6: 47  |
| 13    | Maura Honan         | ST. MARY'S (IND.) | FR    | 25: 21.7 | 6: 49  |
| 14    | Rebecca Duran       | HOPE              | FR    | 25: 22.0 | 6: 49  |
| 15    | Sally Hansma        | HOPE              | FR    | 25: 26.6 | 6: 50  |
| 16    | Emma Schroer        | CALVIN            | FR    | 25: 28.7 | 6: 51  |
| 17    | Olivia Umlauf       | CALVIN            | FR    | 25: 36.4 | 6: 53  |
| 18    | Anna Frazee         | HOPE              | FR    | 25: 47.1 | 6: 55  |
| 19    | Natalie Purcell     | ALBION            | FR    | 25: 49.2 | 6: 56  |
| 20    | Jena Gaffner        | CALVIN            | FR    | 26: 03.9 | 7: 00  |
| 21    | Madeline McDonnell  | ALMA              | FR    | 26: 12.8 | 7: 02  |
| 22    | Jennifer Kreighbaum | ST. MARY'S (IND.) | FR    | 26: 38.2 | 7: 09  |
| 23    | Breanna Vanlaan     | HOPE              | FR    | 26: 40.3 | 7: 10  |
| 24    | Ruslana Gill        | ALMA              | FR    | 26: 49.4 | 7: 12  |
| 25    | Kaley Haupt         | ADRIAN            | FR    | 26: 51.7 | 7: 13  |
| 26    | Natalie Keenan      | HOPE              | FR    | 26: 58.6 | 7: 15  |
| 27    | Fiona Winfrey       | ST. MARY'S (IND.) | FR    | 27: 00.2 | 7: 15  |
| 28    | Megan Grimes        | HOPE              | FR    | 27: 04.7 | 7: 16  |
| 29    | Natalie Meyer       | HOPE              | FR    | 27: 07.6 | 7: 17  |
| 30    | Victoria Thamann    | KALAMAZOO         | FR    | 27: 14.8 | 7: 19  |
| 31    | Emily Jackson       | HOPE              | FR    | 27: 20.4 | 7: 20  |
| 32    | Sophia Vanderkooy   | HOPE              | FR    | 27: 21.6 | 7: 21  |
| 33    | Alicia Bostwick     | HOPE              | FR    | 27: 32.3 | 7: 24  |
| 34    | Maddie Van Ness     | CALVIN            | FR    | 27: 39.3 | 7: 26  |
| 35    | Mary Favo           | ST. MARY'S (IND.) | FR    | 27: 44.4 | 7: 27  |
| 36    | Danielle Merwin     | HOPE              | FR    | 27: 45.2 | 7: 27  |
| 37    | Phoebe Varney       | ALBION            | FR    | 28: 07.9 | 7: 33  |
| 38    | Victoria Lenters    | CALVIN            | FR    | 28: 28.2 | 7: 39  |
| 39    | Alexandra Wyeth     | HOPE              | FR    | 29: 06.6 | 7: 49  |
| 40    | Caroline Manning    | ALBION            | FR    | 29: 13.8 | 7: 51  |
| 41    | Maleah Marshall     | ALBION            | FR    | 29: 58.6 | 8: 03  |
| 42    | Laine Krueger       | ALMA              | FR    | 30: 10.9 | 8: 06  |
| 43    | Zita Tranquilla     | ALMA              | FR    | 30: 35.5 | 8: 13  |
| 44    | Madison Wabel       | HOPE              | FR    | 31: 10.7 | 8: 22  |
| 45    | Jessica Reynolds    | ALBION            | FR    | 31: 13.7 | 8: 23  |
| 46    | Kassidy Zimmer      | ALBION            | FR    | 31: 30.5 | 8: 28  |
| 47    | Brianna Burnell     | KALAMAZOO         | FR    | 32: 00.4 | 8: 36  |
| 48    | Madison Swope       | ALMA              | FR    | 32: 17.6 | 8: 40  |
| 49    | Sarah Macek         | ALBION            | FR    | 38: 57.8 | 10: 28 |

SOPHOMORES Overall

| Place | Name          | School | Grade | Time     | Pace  |
|-------|---------------|--------|-------|----------|-------|
| 1     | Katie Diekema | CALVIN | S0    | 22: 54.6 | 6: 09 |
| 2     | Avery Lowe    | HOPE   | S0    | 23: 10.2 | 6: 13 |

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|    |                      |                    |    |           |       |
|----|----------------------|--------------------|----|-----------|-------|
| 3  | Emily Hamilton       | HOPE               | S0 | 23: 11. 7 | 6: 14 |
| 4  | Mari ssa Hi el kema  | CALVI N            | S0 | 23: 27. 3 | 6: 18 |
| 5  | Sarah Neumar         | HOPE               | S0 | 23: 41. 7 | 6: 22 |
| 6  | Lacie Pi ekarski     | TRI NE             | S0 | 24: 10. 2 | 6: 29 |
| 7  | Catherine Croft      | CALVI N            | S0 | 24: 12. 4 | 6: 30 |
| 8  | Samantha Stensland   | TRI NE             | S0 | 24: 18. 7 | 6: 32 |
| 9  | Mallory Munderloh    | ALMA               | S0 | 24: 30. 1 | 6: 35 |
| 10 | Allie Utting         | HOPE               | S0 | 24: 40. 4 | 6: 38 |
| 11 | Adele Edmonds        | ST. MARY' S (IND.) | S0 | 24: 54. 5 | 6: 41 |
| 12 | Morgan Button        | ALBI ON            | S0 | 24: 57. 0 | 6: 42 |
| 13 | Breanna Kooiman      | CALVI N            | S0 | 24: 58. 5 | 6: 42 |
| 14 | Keena Gilbert        | ALBI ON            | S0 | 25: 01. 8 | 6: 43 |
| 15 | Leaha Sinnaeve       | ALBI ON            | S0 | 25: 11. 7 | 6: 46 |
| 16 | Abby Couwenhoven     | HOPE               | S0 | 25: 19. 4 | 6: 48 |
| 17 | Mary Philbin         | ST. MARY' S (IND.) | S0 | 25: 36. 8 | 6: 53 |
| 18 | Hannah Blystone      | TRI NE             | S0 | 25: 38. 7 | 6: 53 |
| 19 | Reilly Pieri         | ST. MARY' S (IND.) | S0 | 25: 47. 7 | 6: 56 |
| 20 | Nicole Zerfas        | OLI VET            | S0 | 25: 54. 4 | 6: 57 |
| 21 | Cheyenne Allyn-White | KALAMAZOO          | S0 | 26: 00. 7 | 6: 59 |
| 22 | Mackenzie Schmidt    | HOPE               | S0 | 26: 02. 4 | 7: 00 |
| 23 | Kendra Cook          | ALBI ON            | S0 | 26: 21. 1 | 7: 05 |
| 24 | Madison Nelson       | ALMA               | S0 | 26: 23. 4 | 7: 05 |
| 25 | Brooke Vandepolder   | ALMA               | S0 | 26: 39. 4 | 7: 09 |
| 26 | Kayla Gercak         | HOPE               | S0 | 26: 56. 5 | 7: 14 |
| 27 | Emily Harrast        | ST. MARY' S (IND.) | S0 | 27: 03. 3 | 7: 16 |
| 28 | Ashley Palmer        | ADRI AN            | S0 | 27: 29. 3 | 7: 23 |
| 29 | Jessica Taylor       | OLI VET            | S0 | 27: 45. 9 | 7: 27 |
| 30 | Ellie Best           | HOPE               | S0 | 27: 58. 3 | 7: 31 |
| 31 | Sarah Allen          | ST. MARY' S (IND.) | S0 | 28: 07. 2 | 7: 33 |
| 32 | Nicole Gilbert       | OLI VET            | S0 | 28: 22. 6 | 7: 37 |
| 33 | Hunter Williams      | ALBI ON            | S0 | 28: 31. 9 | 7: 40 |
| 34 | Nicole Sebok         | OLI VET            | S0 | 28: 38. 0 | 7: 41 |
| 35 | Abigail Gaines       | OLI VET            | S0 | 28: 39. 4 | 7: 42 |
| 36 | Maddy Denison        | ALBI ON            | S0 | 28: 48. 0 | 7: 44 |
| 37 | Anissa Keeler        | ALMA               | S0 | 28: 51. 9 | 7: 45 |
| 38 | Zoe Feighner         | OLI VET            | S0 | 29: 08. 6 | 7: 49 |
| 39 | Taylor Anhalt        | ALBI ON            | S0 | 29: 21. 8 | 7: 53 |
| 40 | Kelly Ocock          | HOPE               | S0 | 29: 52. 8 | 8: 01 |
| 41 | Hannah Hamilton      | KALAMAZOO          | S0 | 30: 31. 0 | 8: 12 |
| 42 | Emma Farrell         | KALAMAZOO          | S0 | 31: 31. 5 | 8: 28 |
| 43 | Lauren Kucharczyk    | ALMA               | S0 | 31: 32. 3 | 8: 28 |
| 44 | Sydney Graham        | ALBI ON            | S0 | 32: 09. 5 | 8: 38 |

JUNIORS Overall

| Place | Name                 | School             | Grade | Time      | Pace  |
|-------|----------------------|--------------------|-------|-----------|-------|
| 1     | Alissa Frazee        | HOPE               | JR    | 23: 17. 1 | 6: 15 |
| 2     | Kyla Binfet          | TRI NE             | JR    | 23: 20. 7 | 6: 16 |
| 3     | Mari ssa McGahan     | CALVI N            | JR    | 23: 47. 7 | 6: 23 |
| 4     | Hannah Garn          | ALMA               | JR    | 23: 58. 4 | 6: 26 |
| 5     | Chelse Van Spronsen  | ALMA               | JR    | 24: 11. 5 | 6: 30 |
| 6     | Rachael Webb         | HOPE               | JR    | 24: 15. 3 | 6: 31 |
| 7     | Kate McLain          | CALVI N            | JR    | 24: 17. 7 | 6: 31 |
| 8     | Allison Snyder       | ALBI ON            | JR    | 24: 22. 5 | 6: 33 |
| 9     | Anna McClowry        | ST. MARY' S (IND.) | JR    | 24: 28. 1 | 6: 34 |
| 10    | Olivia Vasilloff     | ADRI AN            | JR    | 24: 34. 2 | 6: 36 |
| 11    | Allyson Schultz      | OLI VET            | JR    | 24: 37. 1 | 6: 37 |
| 12    | Megan Murray         | CALVI N            | JR    | 24: 47. 7 | 6: 40 |
| 13    | Alicia Szilagyi      | ADRI AN            | JR    | 24: 54. 3 | 6: 41 |
| 14    | Emily Nixon          | ADRI AN            | JR    | 25: 21. 0 | 6: 48 |
| 15    | Caitlin Blum         | ST. MARY' S (IND.) | JR    | 25: 37. 3 | 6: 53 |
| 16    | Marianne Lohrstorfer | HOPE               | JR    | 25: 38. 1 | 6: 53 |



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|                       |       |    |           |       |
|-----------------------|-------|----|-----------|-------|
| 17 Ashley Warner      | HOPE  | JR | 26: 10. 6 | 7: 02 |
| 18 Caroline Barrett   | HOPE  | JR | 26: 51. 1 | 7: 13 |
| 19 Kristin Godwin     | HOPE  | JR | 26: 57. 5 | 7: 14 |
| 20 Heather Richardson | TRINE | JR | 27: 02. 2 | 7: 16 |
| 21 Shannon Kievit     | ALMA  | JR | 29: 43. 4 | 7: 59 |
| 22 Libbey Jones       | ALMA  | JR | 30: 06. 0 | 8: 05 |

SENIORS Overall

| Place | Name             | School             | Grade | Time      | Pace  |
|-------|------------------|--------------------|-------|-----------|-------|
| 1     | Erin Herrmann    | HOPE               | SR    | 21: 37. 9 | 5: 49 |
| 2     | Kaitlyn Arnold   | ALMA               | SR    | 21: 57. 2 | 5: 54 |
| 3     | Lauren Strohbehn | CALVIN             | SR    | 22: 09. 4 | 5: 57 |
| 4     | Brittany Beeler  | ST. MARY' S (IND.) | SR    | 22: 36. 7 | 6: 04 |
| 5     | Emily Joosse     | HOPE               | SR    | 22: 46. 3 | 6: 07 |
| 6     | Jessica Gaines   | HOPE               | SR    | 23: 29. 1 | 6: 18 |
| 7     | McKenzie Diemer  | CALVIN             | SR    | 23: 36. 3 | 6: 20 |
| 8     | Kelsey Ortiz     | TRINE              | SR    | 23: 41. 1 | 6: 22 |
| 9     | Alex Childs      | CALVIN             | SR    | 24: 49. 4 | 6: 40 |
| 10    | Kaitlyn Alessi   | ST. MARY' S (IND.) | SR    | 24: 59. 8 | 6: 43 |
| 11    | Kathleen Kooiker | HOPE               | SR    | 25: 46. 4 | 6: 55 |
| 12    | Colleen Ogren    | ST. MARY' S (IND.) | SR    | 26: 04. 5 | 7: 00 |
| 13    | Kathryn Marshall | ST. MARY' S (IND.) | SR    | 26: 20. 3 | 7: 04 |
| 14    | Maggie Pacana    | ST. MARY' S (IND.) | SR    | 26: 27. 6 | 7: 06 |
| 15    | Brianna Wiles    | OLIVET             | SR    | 27: 02. 4 | 7: 16 |
| 16    | Mackenzie Govier | HOPE               | SR    | 27: 33. 7 | 7: 24 |