# Saint Mary's College: Plan 2 Blue Access (PPO)

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2017 - 5/31/2017

Coverage for: Individual + Family | Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="https://eoc.anthem.com/eocdps/aso">https://eoc.anthem.com/eocdps/aso</a> or by calling (800) 295-4119.

| Important Questions  | Answers   | Why this Matters:   |
|--|---|---|
| What is the overall deductible?                                      | \$1,500 single / \$3,000 family for In-Network Providers. Does not apply to Emergency Room Services, Primary Care visit, Preventive care, and Specialist visit. \$3,000 single / \$6,000 family for Out-of-Network Providers. Does not apply to Emergency Room Services. In-Network Providers and Non-Network Providers deductibles are combined. Satisfying one helps satisfy the other. | You must pay all costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 3 for how much you pay for covered services after you meet the <u>deductible</u> . |
| Are there other deductibles for specific services?                   | No.   | You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 3 for other costs for services this plan covers.  |
| Is there an <u>out-of-</u><br><u>pocket limit</u> on my<br>expenses? | Yes; \$3,250 single / \$6,500 family for In-Network Providers. \$6,500 single / \$13,000 family for Out-of-Network Providers. In-Network Providers and Non-Network Providers Out of Pocket are separate and do not count towards each other.  | The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.  |

Questions: Call (800) 295-4119 or visit us at www.anthem.com

IN/L/A/SAINTMARCOLL:PL2BA-PPO/NA/5R591/NA/01-17

| Important Questions  | Answers  | Why this Matters:   |
|--|--|---|
| What is not included in the <u>out-of-pocket</u> <u>limit?</u> | Non-Network Transplant<br>Services, Premiums, Balance-<br>Billed charges, and Health Care<br>this plan doesn't cover.              | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .  |
| Is there an overall annual limit on what the plan pays?        | No.  | The chart starting on page 3 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.  |
| Does this plan use a network of providers?                     | Yes, Blue Access. For a list of Network providers, see <a href="https://www.anthem.com">www.anthem.com</a> or call (800) 295-4119. | If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 3 for how this plan pays different kinds of <b>providers</b> . |
| Do I need a referral to see a specialist?                      | No; you do not need a referral to see a specialist.  | You can see the <b>specialist</b> you choose without permission from this plan.   |
| Are there services this plan doesn't cover?                    | Yes.   | Some of the services this plan doesn't cover are listed on page 9. See your policy or plan document for additional information about <b>excluded services.</b>  |



- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use **Network providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

| Common Medical Event  | Services You May Need                            | Your Cost if<br>You Use an<br>Network<br>Provider                 | Your Cost if You<br>Use an Non-<br>Network<br>Provider                   | Limitations &<br>Exceptions   |
|---|--|---|--|---|
| If you visit a health care <u>provider's</u> office or clinic | Primary care visit to treat an injury or illness | \$20 copay per visit  | 40% coinsurance  | none  |
|   | Specialist visit                                 | \$40 copay per visit  | 40% coinsurance  | none  |
|   | Other practitioner office visit                  | Manipulative Therapy \$20 copay per visit Acupuncture Not covered | Manipulative<br>Therapy<br>40% coinsurance<br>Acupuncture<br>Not covered | Manipulative Therapy Coverage for In- Network Providers and Non-Network Providers combined is limited to 12 visits per benefit period. Costs may vary by site of service. Acupuncturenone |
|   | Preventive care/screening/immunization           | No cost share   | 40% coinsurance  | none  |
| If you have a test  | Diagnostic test (x-ray, blood work)              | Lab – Office<br>No cost share<br>X-Ray – Office<br>No cost share  | Lab – Office<br>40% coinsurance<br>X-Ray – Office<br>40% coinsurance     | Lab – Office Costs may vary by site of service. X-Ray – Office Costs may vary by site of service.   |

| Common Medical Event   | Services You May Need                   | Your Cost if<br>You Use an<br>Network<br>Provider   | Your Cost if You<br>Use an Non-<br>Network<br>Provider   | Limitations &<br>Exceptions   |
|--|---|---|--|---|
|  | Imaging (CT/PET scans, MRIs)            | 20% coinsurance   | 40% coinsurance  | none  |
| If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at http://www.anthem.com/pharmacyinformation/ | Tier 1 - Typically Generic              | \$10 copay per<br>prescription (retail<br>only) and \$20 copay<br>per prescription<br>(home delivery<br>only) | \$60 copay per<br>prescription or 50%<br>coinsurance,<br>whichever is greater<br>(retail only) | Covers up to a 30 day supply (retail pharmacy) Covers up to a 90 day supply (home delivery program) Home delivery is not covered for Non-Network Providers. Deductible does not apply. (Includes diabetic test strip).  |
|  | Tier 2 - Typically Preferred /<br>Brand | \$30 copay per<br>prescription (retail<br>only) and \$75 copay<br>per prescription<br>(home delivery<br>only) | \$60 copay per<br>prescription or 50%<br>coinsurance,<br>whichever is greater<br>(retail only) | Covers up to a 30 day supply (retail pharmacy) Covers up to a 90 day supply (home delivery program) Member may be responsible for additional cost when not selecting the available generic drug. Home delivery is not covered for Non-Network Providers. Your copayment or coinsurance will apply after your deductible is met. (Includes diabetic test strip). |
|  | Tier 3 - Typically Non-                 | \$60 copay per  | \$60 copay per   | Covers up to a 30 day   |

| Common Medical Event | Services You May Need                 | Your Cost if<br>You Use an<br>Network<br>Provider   | Your Cost if You<br>Use an Non-<br>Network<br>Provider   | Limitations &<br>Exceptions   |
|----------------------|---------------------------------------|---|--|---|
|                      | Preferred / Specialty Drugs           | prescription (retail<br>only) and \$150<br>copay per<br>prescription (home<br>delivery only)  | prescription or 50%<br>coinsurance,<br>whichever is greater<br>(retail only)                   | supply (retail pharmacy) Covers up to a 90 day supply (home delivery program) Member may be responsible for additional cost when not selecting the available generic drug. Home delivery is not covered for Non-Network Providers. Your copayment or coinsurance will apply after your deductible is met. (Includes diabetic test strip).             |
|                      | Tier 4 - Typically Specialty<br>Drugs | 25% coinsurance<br>up to \$150 per<br>prescription (retail<br>only) and 25%<br>coinsurance up to<br>\$150 per<br>prescription (home<br>delivery only) | \$60 copay per<br>prescription or 50%<br>coinsurance,<br>whichever is greater<br>(retail only) | Specialty medications are limited to a 30 day supply regardless of whether they are retail or home delivery.  Specialty medications must be obtained via our specialty pharmacy Network in order to receive Network level benefits. Member may be responsible for additional cost when not selecting the available generic drug. Home delivery is not |

| Common Medical Event   | Services You May Need                          | Your Cost if<br>You Use an<br>Network<br>Provider   | Your Cost if You<br>Use an Non-<br>Network<br>Provider   | Limitations &<br>Exceptions   |
|--|--|---|--|---|
|  |  |   |  | covered for Non-<br>Network Providers.<br>Your coinsurance will<br>apply after your<br>deductible is met.<br>(Includes diabetic test<br>strip). |
| If you have outpatient surgery   | Facility fee (e.g., ambulatory surgery center) | 20% coinsurance   | 40% coinsurance  | none  |
|  | Physician/surgeon fees                         | 20% coinsurance   | 40% coinsurance  | none  |
| If you need immediate medical attention                                | Emergency room services                        | \$150 copay per visit<br>and then 20%<br>coinsurance  | Covered as In-<br>Network  | Copay waived if admitted.   |
|  | Emergency medical transportation               | 20% coinsurance   | Covered as In-<br>Network  | none  |
|  | Urgent care                                    | \$50 copay per visit  | 40% coinsurance  | There may be other levels of cost share that are contingent on how services are provided.   |
| If you have a hospital stay  | Facility fee (e.g., hospital room)             | 20% coinsurance   | 40% coinsurance  | none  |
|  | Physician/surgeon fee                          | 20% coinsurance   | 40% coinsurance  | none  |
| If you have mental health, behavioral health, or substance abuse needs | Mental/Behavioral health outpatient services   | Mental/Behavioral Health Office Visit \$20 copay per visit Mental/Behavioral Health Facility Visit - Facility Charges 20% coinsurance | Mental/Behavioral Health Office Visit 40% coinsurance Mental/Behavioral Health Facility Visit - Facility Charges 40% coinsurance | Mental/Behavioral Health Office Visit Mental/Behavioral Health Facility Visit - Facility Chargesnone  |
|  | Mental/Behavioral health inpatient services    | 20% coinsurance   | 40% coinsurance  | none  |
|  | Substance use disorder outpatient services     | Substance Use Office Visit \$20 copay per visit   | Substance Use<br>Office Visit<br>40% coinsurance   | Substance Use Office<br>Visit<br>none   |

| Common Medical Event   | Services You May Need                     | Your Cost if<br>You Use an<br>Network<br>Provider               | Your Cost if You<br>Use an Non-<br>Network<br>Provider                   | Limitations &<br>Exceptions  |
|--|---|---|--|--|
|  |   | Substance Use Facility Visit - Facility Charges 20% coinsurance | Substance Use<br>Facility Visit -<br>Facility Charges<br>40% coinsurance | Substance Use Facility Visit - Facility Chargesnone  |
|  | Substance use disorder inpatient services | 20% coinsurance   | 40% coinsurance  | none   |
| If you are pregnant  | Prenatal and postnatal care               | 20% coinsurance   | 40% coinsurance  | none   |
|  | Delivery and all inpatient services       | 20% coinsurance   | 40% coinsurance  | none   |
| If you need help recovering or have other special health needs | Home health care                          | 20% coinsurance   | 40% coinsurance  | Coverage for In-<br>Network Providers and<br>Non-Network<br>Providers combined is<br>limited to 90 visits per<br>benefit period.   |
|  | Rehabilitation services                   | \$20 copay per visit  | 40% coinsurance  | Coverage is limited to 20 visits per benefit period for Physical Therapy. Coverage is limited to 20 visits per benefit period for Occupational Therapy. Coverage is limited to 20 visits per benefit period for Speech Therapy. Apply to In-Network Providers and Non-Network Providers combined. Costs may vary by site of service. |
|  | Habilitation services                     | \$20 copay per visit  | 40% coinsurance  | Habilitation visits count towards your   |

| Common Medical Event                   | Services You May Need     | Your Cost if<br>You Use an<br>Network<br>Provider | Your Cost if You<br>Use an Non-<br>Network<br>Provider | Limitations &<br>Exceptions  |
|--|---------------------------|---|--|--|
|  |                           |   |  | rehabilitation limit. Costs may vary by site   |
|  |                           |   |  | of service.  |
|  | Skilled nursing care      | 20% coinsurance                                   | 40% coinsurance  | Coverage for In-<br>Network Providers and<br>Non-Network<br>Providers combined is<br>limited to 90 days limit<br>per benefit period. |
|  | Durable medical equipment | 20% coinsurance                                   | 40% coinsurance  | none   |
|  | Hospice service           | 20% coinsurance                                   | 20% coinsurance  | none   |
| If your child needs dental or eye care | Eye exam                  | Not covered                                       | Not covered  | none   |
|  | Glasses                   | Not covered                                       | Not covered  | none   |
|  | Dental check-up           | Not covered                                       | Not covered  | none   |

#### **Excluded Services & Other Covered Services:**

#### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (adult)
- Hearing aids

- Infertility treatment
- Long- term care
- Routine eye care (adult)
- Routine foot care unless you have been diagnosed with diabetes.
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic care
- Most coverage provided outside the United States. See www.bcbs.com/bluecardworldwide
- Private-duty nursing Coverage is limited to 82 visits per benefit period. Coverage is limited to 164 visits per lifetime.

### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at (800) 295-4119. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>.

### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact:

ATTN: Grievances and Appeals P.O. Box 105568

Atlanta GA 30348-5568

Department of Labor, Employee Benefits Security Administration (866) 444-EBSA (3272) www.dol.gov/ebsa/healthreform

|  | <b>Does this</b> | Coverage | <b>Provide</b> | <b>Minimum</b> | <b>Essential</b> | Coverage | 1 |
|--|------------------|----------|----------------|----------------|------------------|----------|---|
|--|------------------|----------|----------------|----------------|------------------|----------|---|

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does** provide minimum essential coverage.

### **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage \_\_\_\_\_ meet the minimum value standard for the benefits it provides.

### **Language Access Services:**

如果您是非會員並需要中文協助,請聯絡您的銷售代表或小組管理員。如果您已參保,則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoolwol íínízinigo t'áá diné k'éjíígo, t'áá shoodí ba na'alníhí ya sidáhí bich'í naabídíílkiid. Eí doo biigha daago ni ba'nija'go ho'aalagíí bich'í hodiilní. Hai'daa iini'taago eíya, t'áá shoodí diné ya atáh halne'ígíí ní béésh bee hane'í wólta' bi'ki si'niilígíí bi'kéhgo bich'í hodiilní.

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.—

# **About These Coverage Examples:**

These examples show how this plan might cover

medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

# Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$4,820
- Patient pays \$2,720

Sample care costs:

| Total                      | \$7,540 |
|----------------------------|---------|
| Vaccines, other preventive | \$40    |
| Radiology                  | \$200   |
| Prescriptions              | \$200   |
| Laboratory tests           | \$500   |
| Anesthesia                 | \$900   |
| Hospital charges (baby)    | \$900   |
| Routine obstetric care     | \$2,100 |
| Hospital charges (mother)  | \$2,700 |

### Patient pays:

| Deductibles          | \$1,500 |
|----------------------|---------|
| Copays               | \$20    |
| Coinsurance          | \$1,050 |
| Limits or exclusions | \$150   |
| Total                | \$2,720 |

## Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,210
- Patient pays \$2,190

Sample care costs:

| Total                          | \$5,400 |
|--------------------------------|---------|
| Vaccines, other preventive     | \$100   |
| Laboratory tests               | \$100   |
| Education                      | \$300   |
| Office Visits and Procedures   | \$700   |
| Medical Equipment and Supplies | \$1,300 |
| Prescriptions                  | \$2,900 |

Patient pays:

| Deductibles          | \$1,500 |
|----------------------|---------|
| Copays               | \$430   |
| Coinsurance          | \$180   |
| Limits or exclusions | \$80    |
| Total                | \$2,190 |

# **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

# What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>co</u>

<u>payments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

(TTY/TDD: 711)

**Albanian (Shqip):** Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (800) 295-4119

Amharic (አማርኛ)፦ ስለዚህ ሰነድ ማንኛውም ጥያቄ ካለዎት በራስዎ ቋንቋ እርዳታ እና ይህን መረጃ በነጻ የማግኘት መብት አለዎት። አስተርጓሚ ለማናገር (800) 295-4119 ይደውሉ።

Armenian (**hայերեն**). Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվձար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (800) 295-4119։

Bassa (Băsóò Wùdù): Mì dyi dyi-diè-dè bě bédé bá céè-dè nìà kɛ dyí ní, ɔ mò nì dyí-bèdèìn-dè bé mì ké gbo-kpá-kpá kè bỗ kpɔ̃ dé mì bídí-wùdùǔn bó pídyi. Bé mì ké wudu-zììn-nyò dò gbo wùdù kɛ, dá (800) 295-4119.

Bengali (বাংলা): যদি এই লখিপত্রের বিষয়ে আপলার কোলো প্রশ্ন খাকে, ভাহলে আপলার ভাষায় বিলামূল্য সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপলার আছে। একজন দোভাষীর সাখে কথা ব্লার জন্য (৪০০) 295-4119 —তে কল করুল।

Burmese **(မြန်မာ):** ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဇုန်း (800) 295-4119 သို့ ခေါ် ဆိုပါ။

Chinese (中文): 如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電 (800) 295-4119。

Dinka (Dinka): Na non thiëëc në ke de ya thorë, ke yin non lon bë yi kuony ku wer alëu bë geer yic yin ne thon du ke cin weu taauë ke piny. Te kor yin ba jam wenë ran ye thok geryic, ke yin col (800) 295-4119.

**Dutch (Nederlands):** Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (800) 295-4119.

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