

## Student Athlete Physical Checklist

- Health Physical Form, **Freshmen Only** (Obtained from Athletic Trainer during physicals)
- Health History Form (Obtained from Athletic Trainer during physicals)
- 1<sup>st</sup> Agency Form
- Athletic Insurance Form
- Insurance Coverage Information Form
- ADHD/ADD Medical Information (**only needed if taking medication and must be filled out by prescribing physician**)
- Medical Release Form
- Medical Consent Form
- Health & Counseling Info Release Form
- Sickle Cell Trait Paperwork
- Front/Back Copy of Current Insurance Card
- Health History Form Reviewed by Athletic Trainer during physicals (Ashley Steffey or Katie Knisely)
- Physical with Team Physician (Dr. Steve Simons) **Freshmen Only** (Schedule during screenings)

All of these forms are available online at [www.saintmarys.edu](http://www.saintmarys.edu) > Athletics > Sports Medicine Forms (except Health Physical and Health History Forms must be obtained from SMC Athletic Trainer on day of physicals). Please print and fill out all of the forms as best as possible and FAX, EMAIL or MAIL them in to me; my information is listed below. If you have any questions please feel free to contact me at [asteffey@saintmarys.edu](mailto:asteffey@saintmarys.edu) or 574-284-4335.

Thank you,

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