

Notre Dame Women's and Co-Ed Club Sports (as of September 2017)

Club	Description
Coed Archery	Open to ALL staff members, students (undergraduate and graduate), and their families within the Notre Dame, Saint Mary's, Holy Cross communities.
Coed Bowling	Notre Dame Bowling Club enjoys recreational bowling three times a week at Chippewa Lanes in South Bend. The club also supports Men's and Women's competitive teams.
Women's Boxing	Not open to Saint Mary's students.
Coed Climbing	The club is open to all Notre Dame, Saint Mary's, or Holy Cross undergraduate or graduate students, faculty, and staff.
Coed Curling	The team is open to both undergraduate men and women from Notre Dame, Saint Mary's, and Holy Cross, and is excited to work with those of any skill level.
Coed Cycling	The Cycling Club is open to cyclists of all abilities and offers opportunities for both recreational riding and competitive racing.
Coed Disc Golf	Everyone is welcome.
Coed Equestrian	Undergraduates are eligible to compete in any of 10 regular season shows as members of the Intercollegiate Horse Show Association.
Women's Field Hockey	Club Field Hockey is comprised of students from Notre Dame and Saint Mary's College. The team also allows males to join.
Women's Figure Skating	An increasingly competitive force in the collegiate skating world, the Notre Dame Women's Figure Skating Team accommodates both singles and synchronized skaters.
Coed Fishing	The Fishing Club of Notre Dame is devoted to gathering a community of students and faculty passionate about all types of angling.
Coed Golf	The purpose of the Golf Club of Notre Dame is to provide undergraduates of Notre Dame, Saint Mary's and Holy Cross the opportunity to play golf on a regular basis in an organized and fun environment.
Coed Gymnastics	The club is open to students of all three schools—Notre Dame, Saint Mary's, and Holy Cross.
Coed Health & Fitness	The Health & Fitness Club connects students with on-campus resources and opportunities to maintain well-rounded health, achieve goals, and explore interests. While the club is new to campus, it is growing quickly and adding new activities to the bi-weekly town hall-style meetings and speaker events. New members are always welcome.
Women's Ice Hockey	Open to Saint Mary's students.
Coed Jump Rope	The club is open to all undergraduates of any skill level who are excited and interested in learning how to jump rope professionally.
Women's Lacrosse	Not open to Saint Mary's students.
Coed Martial Arts Institute	The club is non-competitive and welcomes all interested students.
Coed Nordic Ski	Membership will be open to Notre Dame, Saint Mary's, and Holy Cross students.
Women's Pom Squad	Founded in 1976, the Notre Dame Pom Squad is a non-competitive athletic club composed of students of the University of Notre Dame and Saint Mary's College.

Coed Racquetball	Membership is open to all levels of experience for undergraduate students, graduate students and faculty/administrators.
Women's Rugby	Women's Rugby Club is a competitive club created to provide the women of Notre Dame, Saint Mary's, and Holy Cross an opportunity to participate in this unique and internationally recognized sport.
Coed Running	Running Club offers runners of all levels the opportunity to run together and encourages friendship and team-like relationships among its members.
Coed Sailing	We welcome students from Notre Dame and Saint Mary's at all levels of sailing experience.
Coed Ski and Snowboard	Ski & Snowboard club competes in Slalom, Giant Slalom, and Snowboarding in the Midwest Collegiate Ski Association (MCSA). Open to Saint Mary's students.
Women's Soccer	Not open to Saint Mary's students.
Women's Softball	Per ND Club Softball Leadership – “After double checking with the NCSA, we're able to have SMC and HCC women on our travel team because they're considered satellite schools to ND and do not have a NCSA team at their institutions. (Go Saints, Go Belles!)”
Coed Squash	Players of all skill levels from novice to advanced are welcome.
Coed Swimming	NDSC is a family of Notre Dame, Saint Mary's, and Holy Cross students brought together by a love for swimming.
Coed Tennis	The opportunity to participate is available to all undergraduate Notre Dame, Saint Mary's, and Holy Cross students.
Coed Triathlon	This club is open to all students of Notre Dame, Saint Mary's, and Holy Cross, and encourages all who are interested in getting in shape and meeting new people.
Coed Ultimate (Frisbee)	The club has both a men's team and a women's team (play is not coed).
Women's Volleyball	Not open to Saint Mary's students.
Women's Water Polo	Players of all skill levels are welcome. Open to Saint Mary's students.
Coed Waterski	We welcome new members of all abilities to take to the water with our seasoned corps of skiers to learn, train, and have an amazing time while doing so.
Coed Outing Club	The Outing Club affords students an opportunity to engage in outdoor activities, from climbing at Red River Gorge National Park in Kentucky to hiking the Indiana Dunes National Lakeshore. Open to Saint Mary's students.
Coed World Taekwondo	The World Taekwondo Club was founded in 1976, and through the study of technique and the traditional Korean form, members acquire discipline, motivation, and self-respect.