

YOUR

JUNIOR YEAR

GAME PLAN

Career Crossings Office ♦ Saint Mary's College ♦ Notre Dame, IN

EXPERIENCE

Your résumé needs to show both education and experience by the time you graduate. This is a very important year to gain a variety of experiences through internships, campus involvement and volunteering. These experiences will also help you explore careers to find out what kinds of opportunities you may want to pursue after graduation.

BUILD RELATIONSHIPS

It's hard to know what you want to do when there are so many options. Finding professionals in the field and interviewing them for information is a great way to find out what a day in the life is really like. Some professionals may even be willing to allow you to shadow them for a day to get a feel for what they do. Take advantage of who you know to find out what they do and how they may be able to help you.

INTERVIEWING SKILLS

A polished and focused résumé will help you get an interview but the interview will get you the job. Interviewing is a skill that takes practice to perfect. Talk with the Career Crossings Office to find out what questions may be asked and what employers want to hear. Schedule a mock interview with the CCO.

GRADUATE / PROFESSIONAL SCHOOL

Career exploration includes finding out if your desired career requires an advanced degree. Your junior year is a good time to do some research and discuss graduate/professional school with the CCO and faculty within your areas of interest.

YOUR JUNIOR YEAR GAME PLAN CHECKLIST

EXPERIENCE

- Evaluate your skills and experiences to identify areas you want to develop. Create a personalized strategy to address these areas and identify your next steps.
- Make an appointment with the CCO to discuss your career action plan by calling 574-284-4775 or stopping by Spes Unica, Room 114.
- Participate in internships during your junior year and/or the summer between your junior and senior years.
- Take on leadership roles with clubs and organizations.
- Update your résumé and [LinkedIn](#) profile. Have them reviewed by the CCO.
- Get assistance with writing your cover letters.
- Upload your updated résumé to College Central Network so employers can find you.
- Log in to College Central Network at <http://collegecentral.com/saintmarys/> to see upcoming career programs, events, jobs, and internship opportunities. Update your CCN profile to receive targeted messages related to your interests.
- Follow Career Crossings on [Twitter](#), [Facebook](#), [Instagram](#), [Pinterest](#), and [LinkedIn](#).

BUILD RELATIONSHIPS

- Talk to everyone you know: faculty, staff, advisors, CCO, family, friends, and alumnae about career options and paths.
- Use the Alumnae Resource Network: <http://connect.saintmarys.edu> to connect with alumnae for job shadowing, informational interviewing, and networking for internships and summer jobs. Find alumnae mentors using the ARN.
- Use LinkedIn to connect with or get introduced to alumnae: [linkedin.com/school/15114517/alumni/](https://www.linkedin.com/school/15114517/alumni/).
- Join professional groups on [LinkedIn](#) as well as the [SMC Alums LinkedIn group](#).

INTERVIEWING SKILLS

- Schedule a mock interview with the CCO to enhance your interviewing skills.
- Conduct mock interviews with alumnae mentors and other professionals.

GRADUATE / PROFESSIONAL SCHOOL

- Consider if graduate/professional school is for you. Schedule an appointment with the CCO to discern your options further.
- Research programs, application deadlines, scholarships, and entrance exam requirements.
- Schedule to take entrance exam the summer between your junior and senior year.

Need assistance with your game plan? Contact us!

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Career Crossings
Office

career passion, life vocation