

# YOUR SOPHOMORE GAME PLAN

Career Crossings Office ♦ Saint Mary's College ♦ Notre Dame, IN

## **BIG PICTURE**

Now that you have begun your college experience, it's time to get the big picture. Ask yourself the following questions: What activities do you find enjoyable? What part-time jobs, extracurricular activities, or volunteer experience did you like? How about your favorite classes?

## **DECISION ON MAJOR**

Maybe you are still exploring possible majors that relate to the things you like to do and interests, or you already have chosen a major or majors. Now, it is really important to give some thoughtful consideration to your choices. Think about how your major(s) complement your general career goals. Be confident about your decision on your major(s).

## **CAMPUS INVOLVEMENT**

Begin building relationships with peers, faculty, staff, advisors, and prospective employers that visit Saint Mary's College. The first thing you can try is joining student organizations and clubs on campus. Be active and seek leadership positions. Get to know your faculty—visit them during office hours. Check in with your academic advisor. Attend the Career Crossings Office events like workshops, panels, and career events to meet prospective employers.

## **RÉSUMÉ & INTERVIEW SKILLS**

A polished and focused résumé will help you get an interview but the interview will get you the job. Make sure your résumé is critiqued and ready. Begin working on your interviewing skills. Make an appointment with the Career Crossings Office to get prepared for interviews.

## **SUMMER INTERNSHIPS**

Start planning for a summer internship or job to gain experience. These experiences will help you explore careers and obtain the skills employers seek.

# YOUR SOPHOMORE GAME PLAN CHECKLIST

## BIG PICTURE

- Log in to College Central Network at <http://collegecentral.com/saintmarys/> to see upcoming career programs, events, jobs, and internship opportunities. Update your CCN profile to receive targeted messages related to your interests.
- Make an appointment with the CCO to discuss your career action plan by calling 574-284-4775 or stopping by Spes Unica, Room 114.
- Follow Career Crossings on [Twitter](#), [Facebook](#), [Instagram](#), [Pinterest](#), and [LinkedIn](#).
- Attend CCO workshops and programs to assist you with career decision-making and discerning options.

## DECISION ON YOUR MAJOR(S)

- Talk with faculty and upper-class students about different majors and careers. Explore majors and minor options at [saintmarys.edu/majors](http://saintmarys.edu/majors).
- Take assessments offered by the CCO to explore your interests, personality style, values, and strengths.
- Explore alumnae career paths and options on the [Career Crossings Portal](#) and by using the Alumnae Resource Network: <http://connect.saintmarys.edu>. Use the ARN to find alumnae mentors.
- Use LinkedIn to learn more about alumnae career paths: [linkedin.com/edu/alumni](http://linkedin.com/edu/alumni).
- Research careers using the O\*Net at [onetonline.org](http://onetonline.org) and [MyPlan.com](http://MyPlan.com).
- Conduct job shadowing and information interviewing with alumnae and professionals.

## CAMPUS INVOLVEMENT

- Get involved with clubs/organizations and consider leadership roles: [saintmarys.edu/student-life](http://saintmarys.edu/student-life).
- Attend employer information sessions other career events to learn more about opportunities and options. View a list of upcoming events in College Central Network: <http://collegecentral.com/saintmarys/>.

## RÉSUMÉ & INTERVIEW SKILLS

- Update your résumé and [LinkedIn](#) profile. Have them reviewed by the CCO.
- Get assistance with writing your cover letters.
- Upload your updated résumé to College Central Network so employers can find you.
- Schedule a mock interview with the CCO to enhance your interviewing skills.

## SUMMER INTERNSHIPS

- Search College Central Network for internship opportunities and apply.
- Search other internship sites at <https://my.saintmarys.edu/web/career-crossings/internships>.

**Need assistance with your game plan? Contact us!**

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Career Crossings  
Office

*career passion, life vocation* 