



SAINT  
MARY'S  
COLLEGE  
NOTRE DAME, IN

Saint Mary's College

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# ATHLETICS MEDIA GUIDE 2017-18

BASKETBALL



ATHLETICS CONTACT INFORMATION

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 [twitter.com/smcbelles](https://twitter.com/smcbelles)  
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Dear Family, Friends, and Prospective Student-Athletes,

Aligned with the NCAA Division III philosophy, Saint Mary's College athletics is focused on the support of our student-athletes as they immerse themselves in the college experience. We expect our women to pursue the full spectrum of opportunities available to them over their four years with us. They are students first. They have enrolled in college to earn an academic degree. With this focus in mind, our student-athletes are afforded the same classroom experiences and opportunities as their peers here at Saint Mary's College.



Their choice to participate in athletics is a wise one that only enhances their educational experience. Through sport, student-athletes learn how to lead and take initiative as well as how to work as a member of a team. They learn to set goals and work through the process of accomplishing those goals. If they fall short, they know how to re-evaluate, and if necessary, strategize a new route to success — they do not give up. Student-athletes are masters of time management. They know how to give and take feedback. In short, participation in sports provides the opportunity for athletes to practice skills that will help them succeed in life.

And they do succeed! Besides the athletic accolades you will read about on our website and in this media guide, you will also see that several of our student-athletes have even been recognized with the highest honors bestowed upon our graduates.

Participation in athletics is a rich and rewarding experience. Teammates become lifelong sisters. I invite you to look through this media guide and read about the challenges and triumphs of our student-athletes and coaches. Prospective student-athletes, I encourage you to visit our campus. Meet with our coaches, shadow a current student-athlete, and ask questions to learn if Saint Mary's could be a fit for you. Follow your passions and discover your potential at Saint Mary's College.

Once a Belle, always a Belle,

Julie Schroeder-Biek '88  
Director of Athletics and Recreation

The mission of the Department of Athletics and Recreation at Saint Mary's College is to provide a comprehensive program designed to be a vital part of the total educational process. The basic purpose is to integrate an intercollegiate athletic program, intramural, club sport, and personal fitness opportunities so our students develop a lifelong appreciation of one's mind, body, and spirit through exercise and participation.



# ANGELA ATHLETIC & WELLNESS COMPLEX



The \$25 million-plus Angela Athletic & Wellness Complex project includes two phases. **PHASE I** was the construction of the Patricia Wiedner Purcell '69 Athletic Fields, which were ready for play in the fall of 2016. **PHASE II** has provided a complete overhaul and renovation to the former Angela Athletic Facility.

The new complex features:

- A three-court field house for varsity teams and club sports practices, intramurals, and other student activities
- An elevated running track
- Dedicated spaces for yoga, pilates, spinning, and other fitness classes
- A cafe and social areas for meeting with friends
- The Health and Counseling Center

### Why is it called Angela?

This is the third gym at the College and all three have been named Angela for Mother Angela Gillespie. She was the first American to head Saint Mary's Academy, which would become Saint Mary's College.

## EXCELLING *in Academics*

### Academic Achievements 2016-17

Total number of student-athletes: **122**

Athletic Department cumulative GPA (8 sports): **3.43**

Athletic Department cumulative GPA for seniors: **3.54**

Number of student-athletes above a 3.0 GPA for entire academic year: **101**

Teams earning MIAA Academic Honor Roll (minimum 3.3 cumulative GPA): **7**

Number of times student-athletes earned Dean's List honors: **108**  
(55 Fall 2016, 53 Spring 2017)

Student-athletes on MIAA Honor Roll (minimum 3.5 GPA required): **62**

## QUICK FACTS

about Saint Mary's College

- Catholic college in Notre Dame, Indiana, established in 1844 by the Sisters of the Holy Cross
- Academic programs that foster skills in communication, problem solving, and critical thinking, as well as leadership experience, internships, research, and other hands-on activities
- 100% of incoming students receive scholarships from Saint Mary's
- Nationally recognized study abroad program that offers learning opportunities in 20 countries
- 80% of students participate in volunteer/service work, compared to national average of 55%
- NCAA Division III varsity athletic teams and a wide range of club and intramural sports
- A connection with Notre Dame that allows students to take classes, participate in student organizations, clubs, club sports, and cheer in the student section at Irish football games and other sporting events
- Women's college for undergraduate programs and co-ed for graduate programs
- 94% of graduates are working full-time or in graduate school one year after graduation

Schedule your Saint Mary's campus visit today at [saintmarys.edu/Visit](http://saintmarys.edu/Visit)





Gabby Crown '18



Gabby Diamond '18



Erin Maloney '19

# Dedication and Commitment



Head coach Melissa Makielski and the 2017–18 basketball team are eager to get back on the hardwood as the Belles have their sights set on a successful season.

Eight returners and five newcomers make up the team this winter for the Belles, and each will have a role to play for the team this season. Leading the way are a trio of seniors and a pair of juniors.

Gabby Diamond '18, Gabby Crown '18, and Kelsey Trimble '18 make up a senior class who have nearly 150 games of experience combined over the past three seasons. Diamond was the team's leading scorer and rebounder a season ago while starting in each of the team's 25 contests. Crown and Trimble both saw their career numbers for minutes played, points, and rebounds increase last winter.

Erin Maloney '19 and Caroline Macius '19 both saw their roles expand for the Belles last season, and the pair will be relied upon for their contributions on and off the court. Maloney stepped into the role of point guard and paced the team in assists and steals. Macius

more than doubled her season totals in minutes played, points, and rebounds in her sophomore season.

Away from the court, the team had several moments throughout the year when their dedication and commitment to the overall Division III experience were able to shine. Bryanna Sikora joined the Saint Mary's basketball



Kelsey Trimble '18

team on what was her "Draft Day" through Team IMPACT in December 2015. Team IMPACT is an organization which improves the quality of life for children facing life-threatening and chronic illnesses by matching courageous kids with local college athletic teams.

In the past 15 years, the Saint Mary's basketball team has had 16 different student-athletes honored with All-MIAA accolades a total of 26 times. Academically, the team has had at least three members earn MIAA Honor Roll accolades each year since Saint Mary's joined the MIAA in 1997. The team has also been honored on the Women's Basketball Coaches Association (WBCA) Academic Top 25 Team Honor Roll for having one of the best cumulative GPAs of all NCAA Division III women's basketball programs for both the 2006–07 and 2011–12 academic years.



## 2017–18 Schedule

Nov. 17–18	Fri.–Sat.	North Park Tournament	Chicago, Ill.
Nov. 17	Fri.	at North Park	5:30 p.m. CST
Nov. 18	Sat.	vs. Ohio Northern	1/3 p.m. CST
		/Bluffton	
<b>Nov. 21</b>	<b>Tues.</b>	<b>vs. Anderson<sup>^</sup></b>	<b>7:30 p.m.</b>
Nov. 25–26	Sat.–Sun.	Julie Costello Memorial Classic	
		Crestview Hills, Ky.	
Nov. 25	Sat.	vs. Wilmington	2 p.m.
Nov. 26	Sun.	vs. Heidelberg	2 p.m.
<b>Dec. 2</b>	<b>Sat.</b>	<b>vs. Albion*<sup>^</sup></b>	<b>6 p.m.</b>
Dec. 6	Wed.	at Calvin*	7:30 p.m.
Dec. 9	Sat.	at Adrian*	3 p.m.
<b>Dec. 16</b>	<b>Sat.</b>	<b>vs. Alma*<sup>^</sup></b>	<b>3 p.m.</b>
Dec. 18	Mon.	at IUSB	1 p.m.
Dec. 29–30	Fri.–Sat.	DePauw Tournament	
		Greencastle, Ind.	
Dec. 29	Fri.	vs. John Carroll	4 p.m.
Dec. 30	Sat.	vs. Wis.–Stevens Point	2 p.m.
<b>Jan. 3</b>	<b>Wed.</b>	<b>vs. Olivet*</b>	<b>7:30 p.m.</b>
Jan. 10	Wed.	at Kalamazoo*	7:30 p.m.
Jan. 13	Sat.	at Trine*	3 p.m.
<b>Jan. 17</b>	<b>Wed.</b>	<b>vs. Hope*</b>	<b>7:30 p.m.</b>
<b>Jan. 20</b>	<b>Sat.</b>	<b>vs. Calvin*</b>	<b>3 p.m.</b>
<b>Jan. 24</b>	<b>Wed.</b>	<b>vs. Adrian*</b>	<b>7:30 p.m.</b>
Jan. 27	Sat.	at Olivet*	7:30 p.m.
<b>Jan. 31</b>	<b>Wed.</b>	<b>vs. Illinois Tech</b>	<b>7:30 p.m.</b>
<b>Feb. 3</b>	<b>Sat.</b>	<b>vs. Kalamazoo*</b>	<b>3 p.m.</b>
<b>Feb. 7</b>	<b>Wed.</b>	<b>vs. Trine*</b>	<b>7:30 p.m.</b>
Feb. 10	Sat.	at Hope*	3 p.m.
Feb. 14	Wed.	at Alma*	7:30 p.m.
Feb. 17	Sat.	at Albion*	3 p.m.
Feb. 21–24		MIAA Tournament	
		Top Four Teams Only	

ALL TIMES LOCAL TO GAME SITE

(Home Games in **BOLD**)

<sup>^</sup> game played at Indiana University South Bend  
(1700 Mishawaka Avenue, South Bend, IN 46634)

\* denotes MIAA competition



**Alma Mater**  
Tri-State University  
(Trine University)

**Season**  
Second

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**Melissa Makielski** | *Head Coach*

“ Saint Mary’s basketball embodies the NCAA Division III spirit. Our student-athletes become leaders on the court, in the classroom, and in the community through Team IMPACT while supporting and being involved in social and service organizations across campus. ”

–Melissa Makielski

## Building a Tradition of Excellence

### All-American

Alison Kessler '08

### All-Region Honoree

Alison Kessler '08

### Multi-All-MIAA Honorees

Shanlynn Bias '14

Bridget Boyce '06

Emily Creachbaum '05

Alison Kessler '08

Bridget Lipke '07

Kelley Murphy '12

Erin Newsom '09

### Four-Time MIAA Honor Roll

Meghan Conaty '09

Alison Kessler '08

Krista Knapke '16

Ariana Paul '15

Katie Rashid '09

Eleni Shea '16

### Top-Four MIAA Finishes

2006 - 2007 - 2008 - 2009 - 2010

2011 - 2012

# ALUMNA PROFILE



“ While I considered Saint Mary’s as my home long before my first week of classes, I did not fully understand the meaning of home until I met my basketball teammates, who became my family in a matter of days. My teammates shared the same passion and love for our sport as I did. I am forever grateful for my basketball family because I would not be the woman I am today without them.

I became a strong, confident, and dedicated leader by participating in athletics at Saint Mary’s. That leadership has correlated into my professional career working full-time in the sales field for a Fortune 500 Company. My ability to communicate with managers, clients, and coworkers sets me apart from my peers. ” —Maddie Kohler '16

## BIG SISTERS PROGRAM

The Big Sisters program helps acclimate first-year Belles to the demands of being a collegiate student-athlete, brings awareness to campus resources, personnel, and tools to help Belles succeed, and connects them with their peers in the athletic department.



## EMPOWERING LEADERS

Our student-athletes have developed into leaders in and out of their sports.

Our Belles have been members and executive officers in more than **40** clubs and organizations on campus, attended conference-wide leadership programming, and volunteered more than **200** hours in the community.



# MIAA AND NCAA INFORMATION

## MIAA

Compete for championships. Create a legacy. Rewrite the history books. Those opportunities and more are what await when competing for the Belles in the Michigan Intercollegiate Athletic Association (MIAA). Affiliated with NCAA Division III, the conference provides our student-athletes with the opportunity to compete for championships at the MIAA level and beyond. Learn more at [miaa.org](http://miaa.org).



## NCAA DIVISION III

The NCAA's largest division in both number of participants and member schools, the Division III experience challenges student-athletes to develop into leaders both in and out of athletics. We encourage you to visit [ncaa.org/d3](http://ncaa.org/d3) to learn more and to create a profile on the Student-Athletes tab!

## OUTSIDE SCHOLARSHIPS

NCAA Division III regulations prevent student-athletes from receiving renewable outside scholarships which are awarded based on athletic participation, ability or leadership in any sport which is also an NCAA sport (e.g., basketball, volleyball, etc.). It is the student-athlete's responsibility to check with the Financial Aid Office when they expect to receive funding from an outside source to ensure the terms of the scholarship will not interfere with the student's ability to participate in varsity athletics.



Team IMPACT is an organization that improves the quality of life for children facing life-threatening and chronic illnesses by matching them with local college athletic teams.

Through these pairings, the organization has successfully enhanced the lives of hundreds of these courageous kids and positively impacted thousands of athletes' lives across the country.

Saint Mary's is a proud partner of Team IMPACT and has added three young athletes to our athletics programs.



Team IMPACT athlete Bryanna Sikora



WHERE A SINGLE STEP CAN CHANGE YOUR LIFE

#DiscoverSMC

## SENIOR PREVIEW DAY

For high school seniors (limited to 45 students)

### MONDAY, FEBRUARY 19, 2018

- + Experience a day in the life of a Belle as your own student guide takes you to morning classes, lunch, and a tour of her room in a residence hall.

## SPRING DAY ON CAMPUS

For high school sophomores and juniors

### SUNDAY, APRIL 15, 2018

- + Meet an admission counselor and discuss your preparation for college.
- + Visit with inspiring coaches, friendly students, and dedicated parents who will share their Saint Mary's experiences.

Go to [saintmarys.edu/Visit](http://saintmarys.edu/Visit) to schedule an individual visit or register at [saintmarys.edu/SpecialPrograms](http://saintmarys.edu/SpecialPrograms) for one of our on campus events.

## RETURNING JULY 2018



## SAINT MARY'S COLLEGE ATHLETICS SUMMER CAMPS 2018 JULY 8-12, 15-19

IN OUR NEW ANGELA ATHLETIC & WELLNESS COMPLEX

Visit [events.saintmarys.edu](http://events.saintmarys.edu) for more info.

# Thank you

to our 2017 golf outing sponsors



Join us for our fourth annual golf outing in **June 2018**. Visit [saintmarys.edu/GolfOuting](http://saintmarys.edu/GolfOuting) for details.

