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SAINTMARYS.EDU/ATHLETICS

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Dear Family, Friends, and Prospective Student-Athletes,

Aligned with the NCAA Division III philosophy, Saint Mary's College athletics is focused on the support of our student-athletes as they immerse themselves in

the college experience. We expect our women to pursue the full spectrum of opportunities available to them over their four years with us. They are students first. They have enrolled in college to earn an academic degree. With this focus in mind, our student-athletes are afforded the same classroom experiences and opportunities as their peers here at Saint Mary's College.

Their choice to participate in athletics is a wise one that only enhances their educational experience. Through sport, student-athletes learn how to lead and take initiative as well as how to work as a member of a team. They learn to set goals and work through the process of accomplishing those goals. If they fall short, they know how to re-evaluate, and if necessary, strategize a new route to success — they do not give up. Studentathletes are masters of time management. They know how to give and take feedback.



In short, participation in sports provides the opportunity for athletes to practice skills that will help them succeed in life.

And they do succeed! Besides the athletic accolades you will read about on our website and in this media guide, you will also see that several of our studentathletes have even been recognized with the highest honors bestowed upon our graduates.

Participation in athletics is a rich and rewarding experience. Teammates become lifelong sisters. I invite you to look through this media guide and read about the challenges and triumphs of our student-athletes and coaches. Prospective studentathletes, I encourage you to visit our campus. Meet with our coaches, shadow a current student-athlete, and ask questions to learn if Saint Mary's could be a fit for you. Follow your passions and discover your potential at Saint Mary's College.

Once a Belle, always a Belle,

Chin Schnorde-Buh

Julie Schroeder-Biek '88 Director of Athletics and Recreation

The mission of the Department of Athletics and Recreation at Saint Mary's College is to provide a comprehensive program designed to be a vital part of the total educational process. The basic purpose is to integrate an intercollegiate athletic program, intramural, club sport, and personal fitness opportunities so our students develop a lifelong appreciation of one's mind, body, and spirit through exercise and participation.





The \$25 million-plus Angela Athletic & Wellness Complex project includes two phases. **PHASE I** was the construction of the Patricia Wiedner Purcell '69 Athletic Fields, which were ready for play in the fall of 2016. **PHASE II** has provided a complete overhaul and renovation to the former Angela Athletic Facility.

The new complex features:

- A three-court field house for varsity teams and club sports practices, intramurals, and other student activities
- An elevated running track
- Dedicated spaces for yoga, pilates, spinning, and other fitness classes
- A cafe and social areas for meeting with friends
- The Health and Counseling Center

Why is it called Angela?

This is the third gym at the College and all three have been named Angela for Mother Angela Gillespie. She was the first American to head Saint Mary's Academy, which would become Saint Mary's College.

EXCELLING in Academics

Academic Achievements 2016-17

Total number of student-athletes: 122

Athletic Department cumulative GPA (8 sports): **3.43**Athletic Department cumulative GPA for seniors: **3.54**

Number of student-athletes above a 3.0 GPA for entire academic year: 101 Teams earning MIAA Academic Honor Roll (minimum 3.3 cumulative GPA): 7

Number of times student-athletes earned Dean's List honors: 108

(55 Fall 2016, 53 Spring 2017)

Student-athletes on MIAA Honor Roll (minimum 3.5 GPA required): 62

About Saint Mary's College

- Catholic college in Notre Dame, Indiana, established in 1844 by the Sisters of the Holy Cross
- Academic programs that foster skills in communication, problem solving, and critical thinking, as well as leadership experience, internships, research, and other hands-on activities
- 100% of incoming students receive scholarships from Saint Mary's
- Nationally recognized study abroad program that offers learning opportunities in 20 countries
- 80% of students participate in volunteer/service work, compared to national average of 55%
- NCAA Division III varsity athletic teams and a wide range of club and intramural sports
- A connection with Notre Dame that allows students to take classes, participate in student organizations, clubs, club sports, and cheer in the student section at Irish football games and other sporting events
- Women's college for undergraduate programs and co-ed for graduate programs
- 94% of graduates are working full-time or in graduate school one year after graduation

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Taylor Kehoe '19







Getting Down to Business



The golf team is fresh off a record-breaking round and their seventh MIAA Championship this fall. The Belles aim to keep that momentum in the spring and have their sights set on punching their ticket to the NCAA Championship in May.

Leading the way for the Belles this fall were Hunter Kehoe '21, Summer Stillson '21, Taylor Kehoe '19, and Lauren Read '20. Hunter Kehoe and Stillson were both First Team All-MIAA honorees after posting two of the top six scoring averages in conference play in their first season. Taylor Kehoe and Read were named Second Team All-MIAA as all four scored in a recordbreaking and championship-clinching round of 301 to cap off the fall season. That group shot 16 rounds in the 70s in the fall as the team finished either first or second place in each round of the season.

Away from the course, golf studentathletes have had a full range of experiences at Saint Mary's. Kelsey Conkright '18 serves on the Student Activities Board, has been a resident advisor, and is part of the Saint Mary's band while majoring in biology. Julia McAlindon '20 is studying abroad in Australia during the fall semester and plans to compete with the Belles in the spring.

In the past 15 seasons of conference play, eight Belles have earned MIAA Season Medalist honors by posting the lowest scoring average in the fall portion of conference play. The most decorated of any team in the

past 20 years of Saint Mary's athletics, the team has had 34 student-athletes named to an All-MIAA squad 56 times since 1999 and boasts six All-Americans since 2003.

The Belles' eight CHAMPION Golf Values:

COURAGE
HONESTY
ACCOUNTABILITY
MOTIVATION
PASSION
INTENSITY
OPTIMISM
NO EXCUSES





Fall 2017 Golf Schedule

DATE	DAY	HOST/SITE	RESULTS
Aug. 25	Fri.	Cross Town Rivalry Erskine Golf Course	334 (2nd)
Aug. 26	Sat.	vs. Bethel (Match Play) Signal Point Golf Club	L, 7.5 - 1.5
Sept. 2- Sept. 3	Sat Sun.	at Olivet Labor Day Invite The Medalist Golf Club	Day One - 333 (2nd) Day Two - 317 (1st)
Sept. 16- Sept. 17	Sat Sun.	at Heidelberg Fall Invite Mohawk Country Club	Day One - 334 (1st) Day Two - 327 (1st)
Sept. 21	Thur.	at Olivet - The Medalist Golf Club (MIAA Jamboree #1)	328 - 1st
Sept. 23	Sat.	at Trine - Zollner Golf Club (MIAA Jamboree #2)	334 - 2nd
Sept. 27	Wed.	at Calvin - Thornapple Pointe Golf Club (MIAA Jamboree #3)	340 - 2nd
Sept. 30	Sat.	at Adrian - Lenawee Country Club (MIAA Jamboree #4)	324 - 1st
Oct. 6-7	Fri Sat.	MIAA End of Season Weekend Jamboree (at Bedford Valley)	Day One - 314 (1st) Day Two - 301 (1st)



Alma Mater University of Indianapolis

SeasonFourth

Contact

golf@saintmarys.edu (574) 284-4817

Kim Moore Head Coach

Cour team gives 100% effort on the course and in the classroom. Our players have a passion to be the best and work hard to achieve their personal goals while also helping the team achieve our collective goals.

- Kim Moore



Building a Tradition of Excellence

Individual National Champion Stefanie Simmerman

All-Americans

Julia Adams Mary Kate Boyce Megan Mattia Natalie Matuszak Doyle O'Brien Stefanie Simmerman

WGCA All-American Scholars

Julia Adams
Marin Beagley
Mary Kate Boyce
Kelsey Conkright
Kaitlyn Gray
Janice Heffernan
Katie Zielinski

NCAA Division III Championship Appearances

2003 - 2004 - 2005 - 2009 2010 - 2011 - 2012

MIAA Most Valuable Golfers

Sammie Averill Julia Adams Mary Kate Boyce Megan Mattia Martyna Mierzwa Katie O'Brien Rosie O'Connor Stefanie Simmerman

Multi-All-MIAA Honorees

Julia Adams Nicole Bellino Mary Kate Boyce Chrissy Dunham
Janice Heffernan
Taylor Kehoe
Ali Mahoney
Megan Mattia
Natalie Matuszak
Katie O'Brien
Rosie O'Connor
Lauren Read
Stefanie Simmerman

MIAA Championships

2002 - 2003 - 2004 - 2005 2009 - 2010 - 2017

MIAA Spring NCAA
Qualifying Titles
2009 - 2010 - 2011 - 2012

STUDENT-ATHLETE ALUMNA

PROFILE

Playing golf at Saint Mary's helped me realize that I like to take on a challenge and work until I reach my goals. Through being a student-athlete, I discovered that I am brave and can do anything I set my mind to.

I learned incredible discipline and time management skills, how to take constructive

criticism to improve, and teamwork, which I apply into my everyday life as a teacher. Many see golf as an individual sport, however a team cannot win a tournament with one player. One cannot go through life alone and be successful without the help of others. Whether it is an athletic team, group of colleagues, or a personal relationship, people who work together will be more successful.

—Katie Zielinski '15

EMPOWERING LEADERS

Our student-athletes have developed into leaders in and out of their sports.

Our Belles have been members and executive officers in more than 40 clubs and organizations on campus, attended conference-wide leadership programming, and volunteered more than 200 hours in the community.



BIG SISTERS PROGRAM

The Big Sisters program helps acclimate first-year Belles to the demands of being a collegiate student-athlete, brings awareness to campus resources, personnel, and tools to help Belles succeed, and connects them with their peers in the athletic department.







MIAA AND NCAA INFORMATION

ΜΙΔΔ

Compete for championships.

Create a legacy. Rewrite the history books.
Those opportunities and more are what await when competing for the Belles in the Michigan Intercollegiate Athletic Association (MIAA). Affiliated with NCAA Division III,

with NCAA Division III, the conference provides our student-athletes with the opportunity to compete for championships at the MIAA level and beyond. Learn more at miaa.org.

NCAA DIVISION III

The NCAA's largest division in both number of participants and member schools, the Division III experience challenges student-athletes to develop into leaders both in and out of athletics. We encourage you to visit ncaa.org/d3 to learn more and to create a profile on the Student-Athletes tab!

OUTSIDE SCHOLARSHIPS

NCAA Division III regulations prevent studentathletes from receiving renewable outside scholarships which are awarded based on athletic participation, ability or leadership in any sport which is also an NCAA sport (e.g., basketball, volleyball, etc.). It is the student-athlete's responsibility to check with the Financial Aid Office when they expect to receive funding from an outside source to ensure the terms of the scholarship will not interfere with the student's ability to participate in varsity athletics.



GIVING BACK

The Belles golf team actively gives back to the Saint Mary's and South Bend communities each year. The team has annually participated in the St. Margaret's House Winter Walk. The one-mile walk through downtown South Bend raises awareness of the women and children who walk to access services, no matter the weather.

The Belles have embraced the athletic department's annual National Girls and Women in Sports Day Clinic. The free clinic annually brings between 80 and 100 participants between the ages of six and 12 to campus and introduces young athletes to the Belles' eight varsity sports programs.



SENIOR PREVIEW DAY

For high school seniors (limited to 45 students)

MONDAY, NOVEMBER 6, 2017 MONDAY, FEBRUARY 19, 2018

+ Experience a day in the life of a Belle as your own student guide takes you to morning classes, lunch, and a tour of her room in a residence hall.

SPRING DAY ON CAMPUS

For high school sophomores and juniors

SUNDAY, APRIL 15, 2018

- + Meet an admission counselor and discuss your preparation for college.
- + Visit with inspiring coaches, friendly students, and dedicated parents who will share their Saint Mary's experiences.

Go to saintmarys.edu/Visit to schedule an individual visit or register at saintmarys.edu/SpecialPrograms for one of our on campus events.

RETURNING JULY 2018



SAINT MARY'S COLLEGE **ATHLETICS SUMMER CAMPS 2018** JULY 8-12, 15-19

IN OUR NEW ANGELA ATHLETIC & WELLNESS COMPLEX

> Visit events.saintmarys.edu for more info.









