



SAINT
MARY'S
COLLEGE
NOTRE DAME, IN



ATHLETICS MEDIA GUIDE 2018

SOCCER



Dear Family, Friends, and Prospective Student-Athletes,

Aligned with the NCAA Division III philosophy, Saint Mary's College athletics is focused on the support of our student-athletes as they immerse themselves in the college experience. We expect our women to pursue the full spectrum of opportunities available to them over their four years with us. They are students first. They have enrolled in college to earn an academic degree. With this focus in mind, our student-athletes are afforded the same classroom experiences and opportunities as their peers here at Saint Mary's College.



Their choice to participate in athletics is a wise one that only enhances their educational experience. Through sport, student-athletes learn how to lead and take initiative as well as how to work as a member of a team. They learn to set goals and work through the process of accomplishing those goals. If they fall short, they know how to re-evaluate, and if necessary, strategize a new route to success — they do not give up. Student-athletes are masters of time management. They know how to give and take feedback. In short, participation in sports provides the opportunity for athletes to practice skills that will help them succeed in life.

And they do succeed! Besides the athletic accolades you will read about on our website and in this media guide, you will also see that several of our student-athletes have even been recognized with the highest honors bestowed upon our graduates.

Participation in athletics is a rich and rewarding experience. Teammates become lifelong sisters. I invite you to look through this media guide and read about the challenges and triumphs of our student-athletes and coaches. Prospective student-athletes, I encourage you to visit our campus. Meet with our coaches, shadow a current student-athlete, and ask questions to learn if Saint Mary's could be a fit for you. Follow your passions and discover your potential at Saint Mary's College.

Once a Belle, always a Belle,

Julie Schroeder-Biek '88
Director of Athletics and Recreation

The mission of the Department of Athletics and Recreation at Saint Mary's College is to provide a comprehensive program designed to be a vital part of the total educational process. The basic purpose is to integrate an intercollegiate athletic program, intramural, club sport, and personal fitness opportunities so our students develop a lifelong appreciation of one's mind, body, and spirit through exercise and participation.



ATHLETICS CONTACT INFORMATION

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SAINTMARYS.EDU/ATHLETICS

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ANGELA ATHLETIC & WELLNESS COMPLEX



The \$25 million-plus Angela Athletic & Wellness Complex project includes two phases. **PHASE I** was the construction of the Patricia Wiedner Purcell '69 Athletic Fields, which were ready for play in the fall of 2016. **PHASE II** has provided a complete overhaul and renovation to the former Angela Athletic Facility.

The new complex features:

- A three-court field house for varsity teams and club sports practices, intramurals, and other student activities
- An elevated running track
- Dedicated spaces for yoga, pilates, spinning, and other fitness classes
- A café and social areas for meeting with friends
- The Health and Counseling Center

Why is it called Angela?

This is the third gym at the College and all three have been named Angela for Mother Angela Gillespie. She was the first American to head Saint Mary's Academy, which would become Saint Mary's College.

EXCELLING *in Academics*

Academic Achievements 2016-17

Total number of student-athletes: **122**

Athletic Department cumulative GPA (8 sports): **3.43**

Athletic Department cumulative GPA for seniors: **3.54**

Number of student-athletes above a 3.0 GPA for entire academic year: **101**

Teams earning MIAA Academic Honor Roll (minimum 3.3 cumulative GPA): **7**

Number of times student-athletes earned Dean's List honors: **108**
(55 Fall 2016, 53 Spring 2017)

Student-athletes on MIAA Honor Roll (minimum 3.5 GPA required): **62**

QUICK FACTS

about Saint Mary's College

- Catholic college in Notre Dame, Indiana, established in 1844 by the Sisters of the Holy Cross
- Academic programs that foster skills in communication, problem solving, and critical thinking, as well as leadership experience, internships, research, and other hands-on activities
- 100% of incoming students receive scholarships from Saint Mary's
- Nationally recognized study abroad program that offers learning opportunities in 20 countries
- 80% of students participate in volunteer/service work, compared to national average of 55%
- NCAA Division III varsity athletic teams and a wide range of club and intramural sports
- A connection with Notre Dame that allows students to take classes, participate in student organizations, clubs, club sports, and cheer in the student section at Irish football games and other sporting events
- Women's college for undergraduate programs and co-ed for graduate programs
- 94% of graduates are working full-time or in graduate school one year after graduation

Schedule your Saint Mary's campus visit today at saintmarys.edu/Visit





Kelsey Matyi '21



Kellen Hinchey '20



Cedella Breitenstein '21

Youth Meets Experience



The Saint Mary's soccer team saw marked improvement from their 2016 campaign this past fall as head coach Jesse Urquhart continues to build the groundwork for the program moving forward.

Several newcomers made an immediate impact on the pitch for the Belles. Seven of the eight members of the team who appeared in each of the squad's 18 contests last fall were first-year student-athletes at Saint Mary's. Leading the way on the offensive end of the field in 2017 were McKenna O'Shea '21, Molly Murphy '20, and Cedella Breitenstein '21. O'Shea broke the school record for goals in a game, was named United Soccer Coaches Division III National Player of the Week, and garnered All-MIAA Second Team honors while leading the Belles in goals and points in her rookie season. Murphy and Breitenstein joined O'Shea with multiple points during the season.

Thallia Robles '20 and Hannah Fisher '21 both saw time in goal on the defensive end of the pitch for the Belles in 2017.

Robles made over 100 saves while improving her goals against average from her freshman campaign. Fisher added 80 saves in just over 500 minutes in goal during her first year.

Off the field, members of the soccer program have taken advantage of the many opportunities Saint Mary's provides by studying abroad and being active in community service. Within the past three years alone, team members have traveled Spain, Rome, and Washington, DC

during semester-long study abroad and educational immersion experiences.

The team regularly gives back to the South Bend community by providing free soccer clinics through area club programs. Additionally, the Belles have partnered with Hope Ministries to support women and children who benefit from the center's services.



McKenna O'Shea '21

The continued commitment to the development of the entire student-athlete has also translated into the team earning the United Soccer Coaches Team Academic Award for maintaining a 3.0 cumulative GPA for the entire academic year in ten of the past eleven seasons.

Since Saint Mary's joined the MIAA 20 years ago, 17 different soccer players have been honored with All-MIAA accolades a total of 33 times.



2018 Schedule

Sept. 1	Sat.	vs. IU East (at Earlham)	3 p.m.
Sept. 2	Sun.	at Earlham	1 p.m.
Sept. 5	Wed.	at Defiance	4:30 p.m.
Sept. 8	Sat.	vs. Augustana	TBD
Sept. 11	Tues.	vs. Hanover	6 p.m.
Sept. 14	Fri.	vs. Manchester	7 p.m.
Sept. 16	Sun.	vs. Concordia-Wisconsin	1 p.m.
Sept. 18	Tues.	at North Park	TBD
Sept. 22	Sat.	vs. Bluffton	2 p.m.
Sept. 26	Wed.	at Albion*	4 p.m.
Oct. 2	Tues.	at Olivet*	TBD
Oct. 6	Sat.	vs. Alma*	3 p.m.
Oct. 10	Wed.	at Calvin*	7 p.m.
Oct. 13	Sat.	vs. Kalamazoo*	12 p.m.
Oct. 16	Tues.	at Adrian*	7 p.m.
Oct. 20	Sat.	vs. Hope*	12 p.m.
Oct. 24	Wed.	vs. Trine*	7 p.m.

ALL TIMES LOCAL TO GAME SITE

Home Games in **BOLD**

* denotes MIAA competition

Schedule subject to change



Alma Mater
Neumann University

Season
Third

Contact
soccer@saintmarys.edu
(574) 284-4909

@Belles_Soccer
 BellesSoccer

Jesse Urquhart | *Head Coach*

“ Division III provided the perfect balance for academics and extracurricular activities while allowing me to also play soccer. ”
—Maggie McLaughlin '16

Building a Tradition of Excellence

Multi-All-MIAA Honorees

Jennifer Concannon
Kerry Green
Ashley Hinton
Lauren Hinton
Mary Kate Hussey
Carrie Orr
Chanler Rosenbaum
Katie Taylor
Mollie Valencia

MIAA Players of the Week

Jennifer Concannon
Colleen Courtney
Whitney Fron
Kerry Green
Justine Higgins
Ashley Hinton
Lauren Hinton
Mary Kate Hussey
Jenn Jarmy
Erin Mishu
Carrie Orr
McKenna O'Shea

Taylor Paton
Bridget Ronayne
Chanler Rosenbaum
Katie Taylor
Mollie Valencia

United Soccer Coaches Team Academic Award

2004 - 2006 - 2007 - 2008 - 2009 - 2010
2011 - 2012 - 2013 - 2014 - 2015 - 2016

10-Plus Win Seasons

1989 - 1992 - 2003 - 2004 - 2005 -
2011 - 2012 - 2013

ALUMNA PROFILE



“ I always saw myself as a leader before I came to Saint Mary's. What I learned through the trials and tribulations of soccer was how to be an effective leader. My actions spoke volumes more than my words. If I held the team to certain expectations, I had to hold myself to even higher expectations.

I learned to encourage with positive words, but also with positive actions, through motivation and support of my teammates on and off the pitch.

” —Liza Felix '17

BIG SISTERS PROGRAM

The Big Sisters program helps acclimate first-year Belles to the demands of being a collegiate student-athlete, brings awareness to campus resources, personnel, and tools to help Belles succeed, and connects them with their peers in the athletic department.



EMPOWERING LEADERS

Our student-athletes develop into leaders in and out of their sports.

Our Belles have been members and executive officers in more than **40** clubs and organizations on campus, attended conference-wide leadership programming, and volunteered more than **200** hours in the community.



MIAA AND NCAA INFORMATION

MIAA

Compete for championships. Create a legacy. Rewrite the history books. Those opportunities and more are what await when competing for the Belles in the Michigan Intercollegiate Athletic Association (MIAA). Affiliated with NCAA Division III, the conference provides our student-athletes with the opportunity to compete for championships at the MIAA level and beyond. Learn more at miaa.org.



NCAA DIVISION III

The NCAA's largest division in both number of participants and member schools, the Division III experience challenges student-athletes to develop into leaders both in and out of athletics. We encourage you to visit ncaa.org/d3 to learn more and to create a profile on the Student-Athletes tab!

OUTSIDE SCHOLARSHIPS

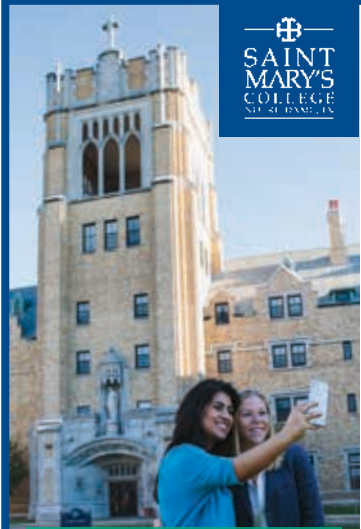
NCAA Division III regulations prevent student-athletes from receiving renewable outside scholarships which are awarded based on athletic participation, ability or leadership in any sport which is also an NCAA sport (e.g., basketball, volleyball, etc.). It is the student-athlete's responsibility to check with the Financial Aid Office when they expect to receive funding from an outside source to ensure the terms of the scholarship will not interfere with the student's ability to participate in varsity athletics.



GIVING BACK

The Belles soccer team actively gives back to the Saint Mary's and South Bend communities each year. The team has regularly up with community partners to give clinics to area youth, including the Jr Irish soccer club and children from Hope Ministries.

The Belles have embraced the athletic department's annual **National Girls and Women in Sports Day Clinic**. The free clinic annually brings between 80 and 100 participants between the ages of six and 12 to campus and introduces young athletes to the Belles' eight varsity sports programs.



WHERE A SINGLE STEP CAN CHANGE YOUR LIFE

#DiscoverSMC

SENIOR PREVIEW DAY

For high school seniors (limited to 45 students)

MONDAY, FEBRUARY 19, 2018

- + Experience a day in the life of a Belle as your own student guide takes you to morning classes, lunch, and a tour of her room in a residence hall.

SPRING DAY ON CAMPUS

For high school sophomores and juniors

SUNDAY, APRIL 15, 2018

- + Meet an admission counselor and discuss your preparation for college.
- + Visit with inspiring coaches, friendly students, and dedicated parents who will share their Saint Mary's experiences.

Go to saintmarys.edu/Visit to schedule an individual visit or register at saintmarys.edu/SpecialPrograms for one of our on campus events.

RETURNING JULY 2018



SAINT MARY'S COLLEGE ATHLETICS SUMMER CAMPS 2018 JULY 8-12, 15-19

IN OUR NEW ANGELA ATHLETIC & WELLNESS COMPLEX

Visit events.saintmarys.edu for more info.

Thank you

to our 2017 golf outing sponsors



Join us for our fourth annual golf outing in **June 2018**. Visit saintmarys.edu/GolfOuting for details.

