Rooms

	Friday					Saturday					Sunday					Monday				
	154	155	156	Golf	Conf	154	155	156	Golf	Conf	154	155	156	Golf	Conf	154	155	156	Golf	Conf
6:00 AM																				
6:30 AM																				
7:00 AM																				
7:30 AM																				
8:00 AM																	WERQ			
8:30 AM																	WERQ			
9:00 AM																				
9:30 AM																				
10:00 AM																				
10:30 AM																				
11:00 AM																				
11:30 AM																	WERQ			
12:00 PM					SAAC												WERQ	CPR		
12:30 PM					SAAC													CPR		
1:00 PM																spin		CPR		
1:30 PM																spin		CPR		
2:00 PM																		CPR		
2:30 PM																		CPR		lax
3:00 PM		yoga															SAQ			lax
3:30 PM		yoga													golf mtg.		SAQ			lax
4:00 PM	spin														golf mtg.		SAQ			
4:30 PM	spin				sball										golf mtg.		SAQ			
5:00 PM					sball										lax	spin				
5:30 PM															lax	spin				
6:00 PM																				
6:30 PM																	yoga			
7:00 PM																	yoga			
7:30 PM												Dance								
8:00 PM												Dance								
8:30 PM												Dance								
9:00 PM												Dance								
9:30 PM																				
10:00 PM																				
10:30 PM																				

	Tuesday					Wednesday					Thursday				
	154	155	156	Golf	Conf	154	155	156	Golf	Conf	154	155	156	Golf	Conf
6:00 AM															
6:30 AM	spin										spin				
7:00 AM	spin										spin				
7:30 AM	spin										spin				
8:00 AM		Barre					WERQ					Barre			
8:30 AM		Barre					WERQ					Barre			
9:00 AM															
9:30 AM		yoga										yoga			
10:00 AM		yoga										yoga			
10:30 AM															
11:00 AM			Russ										Russ		
11:30 AM			Russ				Barre						Russ		
12:00 PM			Russ				Barre						Russ		
12:30 PM															
1:00 PM						spin									
1:30 PM						spin									
2:00 PM		pilates										pilates			
2:30 PM		pilates			lax							pilates			lax
3:00 PM					lax		SAQ								lax
3:30 PM		HIT			lax		SAQ					HIT			lax
4:00 PM		HIT					SAQ					HIT			
4:30 PM							SAQ								
5:00 PM			WERQ			spin	Russ								
5:30 PM			WERQ			spin	Russ								
6:00 PM							Russ					yoga			
6:30 PM							Russ	yoga				yoga			
7:00 PM	spin							yoga			spin				
7:30 PM	spin									lax	spin				
8:00 PM							Dance			lax					
8:30 PM							Dance			lax					
9:00 PM							Dance								
9:30 PM															
10:00 PM															
10:30 PM															