Coverage Period: 06/01/2018–12/31/2018

Coverage for: Individual+Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 800.807.0400 or visit us at <a href="https://www.myCBS.org/health">www.myCBS.org/health</a> or email at <a href="https://hbscustomerservice@cbservices.org">hbscustomerservice@cbservices.org</a>. For general definitions of common terms, such as <a href="mailto:allowed amount">allowed amount</a>, <a href="mailto:balance billing">balance billing</a>, <a href="mailto:coinsurance">coinsurance</a>, <a href="mailto:copayment">copayment</a>, <a href="mailto:deductible">deductible</a>, <a href="mailto:provider">provider</a>, or other <a href="mailto:underlined">underlined</a> terms see the Glossary. You can view the Glossary at <a href="mailto:www.healthcare.gov/sbc-glossary/">www.healthcare.gov/sbc-glossary/</a> or call 800.807.0400 to request a copy.

| Important Questions  | Answers  | Why This Matters:  |
|--|--|--|
| What is the overall deductible?                                      | In-Network \$2,500 Individual / \$5,000 Family Out-of-Network \$5,000 Individual / \$10,000 Family Prescription Drug \$0 In-Network & Out-of-Network deductibles reduce each other.  | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.  If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .   |
| Are there services covered before you meet your <u>deductible</u> ?  | Yes. For <u>Preventive care</u> services the In-Network <u>deductible</u> does not apply.  | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount, but a <u>copayment</u> or <u>coinsurance</u> may apply.  For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>costsharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> . |
| Are there other deductibles for specific services?                   | No.  | You don't have to meet <u>deductibles</u> for specific services.   |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | Combined Medical & Prescription Drug In-Network<br>\$5,000 Individual / \$10,000 Family<br>Medical Out-of-Network<br>\$10,000 Individual / \$20,000 Family<br>In-Network & Out-of-Network out-of-pocket limits reduce<br>each other. | The <u>out-of-pocket</u> limit is the most you could pay in a year for covered services.  If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.   |

| What is not included in the <u>out-of-pocket limit?</u>    | Premiums, balance-billed charges, payments made by patient assistance programs, penalty for prescription retail refill allowances, penalty for non-notification of hospital admission and other services requiring pre-certification, and health care this plan does not cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .  |
|--|---|---|
| Will you pay less if you use a <u>network provider</u> ?   | Yes. Your network is BlueCross BlueShield. See <a href="myCBS.org/ppo-hcsc">myCBS.org/ppo-hcsc</a> for a list of participating medical <a href="network providers">network providers</a> .  | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use <u>an out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | No.   | You can see the specialist you choose without a referral.   |



All  $\underline{copayment}$  and  $\underline{coinsurance}$  costs shown in this chart are after your  $\underline{deductible}$  has been met, if a  $\underline{deductible}$  applies.

| Common   | Services You May Need                            | What You Will Pay  |   | Limitations, Exceptions, & Other Important  |
|--|--|--|---|---|
| Medical Event  |  | In-Network Provider (You will pay the least)   | Out-of-Network Provider (You will pay the most)                               | Information   |
|  | Primary care visit to treat an injury or illness | \$20 <u>Copayment</u> / visit;<br><u>deductible</u> does not apply                   | 40% <u>Coinsurance</u> / visit  | None.   |
| If you visit a health care provider's office or clinic | Specialist visit                                 | \$40 <u>Copayment</u> / visit; <u>deductible</u> does not apply                      | 40% <u>Coinsurance</u> / visit  | In-Network Allergy injections \$5 Copayment / visit; deductible does not apply.   |
|  | Preventive care/screening/<br>immunization       | No Charge  | Primary Care - 40% Coinsurance / visit Free Standing Clinic – 40% Coinsurance | You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. <u>Out-of-Network</u> Payment may differ based on place of service. |
|  | <u>Diagnostic test</u> (x-ray, blood work)       | Lab Work – No Charge;<br>deductible does not apply<br>Radiology – 20%<br>Coinsurance | 40% <u>Coinsurance</u>  | Limited to services performed outside physician's office. Payment may differ based on place of service.   |
| If you have a test                                     | Imaging (CT/PET scans,<br>MRIs)                  | 20% <u>Coinsurance</u>   | 40% <u>Coinsurance</u>  | Limited to services performed outside physician's office. Payment may differ based on place of service. Precertification is required. A 25% penalty up to \$300 may apply. Penalty does not apply to out-of-pocket limit.     |

| Common  |   | What You Will Pay   |   | Limitations, Exceptions, & Other Important   |  |
|---|---|---|---|--|--|
| Medical Event   | Services You May Need                           | In-Network Provider (You will pay the least)  | Out-of-Network Provider (You will pay the most)   | Information  |  |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.myCBS.org/health and click on My Prescription Drugs or call Express Scripts at 800-718-6601. | Generic drugs                                   | \$10 / prescription (retail);<br>\$25 / prescription (mail)   | Same as In-Network<br>+20% coinsurance penalty  | Covers up to 30-day supply retail prescription; 90-day supply mail order prescription.   |  |
|   | Preferred brand drugs                           | \$30 / prescription (retail);<br>\$75 / prescription (mail)   | Same as In-Network<br>+20% coinsurance penalty  | Retail purchases for maintenance prescriptions   |  |
|   | Non-preferred brand drugs                       | \$60 / prescription (retail);<br>\$150 / prescription (mail)  | Same as In-Network +20% coinsurance penalty   | are limited to an initial fill and two subsequent refills. Members who continue to use retail will   |  |
|   | Specialty drugs                                 | Preferred 20% up to a   | a maximum of \$150<br>a maximum of \$150<br>a maximum of \$250  | pay the mail delivery copayment, however, only up to a 30-day supply will be dispensed. See your policy or plan document for additional information.   |  |
| If you have outpatient  | Facility fee (e.g., ambulatory surgery center)  | 20% <u>Coinsurance</u>  | 40% <u>Coinsurance</u>  | Limited to services performed outside physician's office. Payment may differ based   |  |
| surgery   | Physician/surgeon fees                          | 20% <u>Coinsurance</u>  | 40% <u>Coinsurance</u>  | on place of service. Precertification is required. A 25% penalty up to \$300 may apply. Penalty does not apply to out-of-pocket limit.   |  |
| If you need immediate medical attention   | Emergency room care – Facility fee              | 20% <u>Coinsurance</u> after \$150 <u>Copayment</u> ; <u>deductible</u> does not apply  |   | Copayment is waived if admitted.   |  |
|   | Emergency room care –<br>Physician/surgeon fees | 20% <u>Coinsurance</u>  |   | Emergency room care may include tests and services described elsewhere in the SBC (i.e. Diagnostic tests or Imaging.)  |  |
|   | Emergency medical transportation                | 20% <u>Coinsurance</u>  |   | For transportation service charges exceeding \$5,000 by ground and/or air, payment will not exceed 150% of Medicare allowance for such incurred expenses. Charges include transportation and medical supplies used during transport. |  |
|   | <u>Urgent care</u>                              | Primary Care – \$20 Copayment; deductible does not apply Free Standing Clinic – 20% Coinsurance Emergency Room – 20% Coinsurance after \$150 Copayment; deductible does not apply | Primary Care – 40% Coinsurance Free Standing Clinic – 40% Coinsurance Emergency Room – 20% Coinsurance after \$150 Copayment; deductible does not apply | Payment may differ based on place of service. This applies to emergency room or urgent care services.  |  |

For more information about limitations and exceptions, see the plan or policy document at <a href="myCBS.org/health">myCBS.org/health</a>. SBC\_566\_6\_1440\_20180430 Plan Year January 1

| Common<br>Medical Event   | Services You May Need                     | What You<br>In-Network Provider<br>(You will pay the least)  | Will Pay Out-of-Network Provider (You will pay the most)                   | Limitations, Exceptions, & Other Important Information   |
|---|---|--|--|--|
| If you have a hospital stay   | Facility fee (e.g., hospital room)        | 20% <u>Coinsurance</u>   | 40% <u>Coinsurance</u>   | Precertification is required. A 25% penalty up to \$2,000 may apply. Penalty does not apply to <a href="out-of-pocket limit">out-of-pocket limit</a> .   |
| Sidy  | Physician/surgeon fees                    | 20% Coinsurance  | 40% <u>Coinsurance</u>   | None.  |
| If you need mental<br>health, behavioral<br>health, or substance        | Outpatient services                       | Specialist – \$40 Copayment / visit; deductible does not apply Outpatient Facility – 20% Coinsurance | Specialist – 40% Coinsurance / visit Outpatient Facility – 40% Coinsurance | Payment may differ based on place of service.  |
| abuse services  | Inpatient services                        | 20% <u>Coinsurance</u>   | 40% <u>Coinsurance</u>   | Precertification is required. A 25% penalty up to \$2,000 may apply. Penalty does not apply to out-of-pocket limit.  |
| If you are pregnant   | Office visits                             | \$20 <u>Copayment</u> / visit;<br><u>deductible</u> does not apply                                   | 40% <u>Coinsurance</u>   | <u>Copayment</u> applies to initial prenatal visit only (per pregnancy). <u>Cost sharing</u> does not apply to <u>preventive services</u> .  |
|   | Childbirth/delivery professional services | 20% <u>Coinsurance</u>   | 40% <u>Coinsurance</u>   | Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)                    |
|   | Childbirth/delivery facility services     | 20% Coinsurance  | 40% <u>Coinsurance</u>   | None.  |
|   | Home health care                          | 20% <u>Coinsurance</u>   | 40% <u>Coinsurance</u>   | Limited to 100 visits per year maximum.  |
| If you need help<br>recovering or have<br>other special health<br>needs | Rehabilitation services                   | 20% <u>Coinsurance</u> / visit   | 40% <u>Coinsurance</u> / visit   | Payment may differ based on place of service.<br>Services for all State Licensed Practitioners,<br>including Acupuncturist & Massage therapist<br>visits, are limited to combined 12 visits per<br>year. |
|   | <u>Habilitation services</u>              | Not co   | vered.   | Not covered.   |
|   | Skilled nursing care                      | 20% <u>Coinsurance</u>   | 40% <u>Coinsurance</u>   | Limited to 120 day maximum for all confinements resulting from the same or a related illness or injury.  |
|   | Durable medical equipment                 | 20% <u>Coinsurance</u>   | 40% <u>Coinsurance</u>   | Check your plan document for limitations. Orthotics – Limited to \$500 lifetime  |

| Common                                 |                            | What You Will Pay                            |   | Limitations, Exceptions, & Other Important |
|--|----------------------------|--|---|--|
| Medical Event                          | Services You May Need      | In-Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Information                                |
|  | Hospice services           | 20% Coinsurance                              | 40% Coinsurance                                 | Limited to 180 day per year maximum.       |
| If your shild poods                    | Children's eye exam        | No charge.                                   | 40% <u>Coinsurance</u>                          | Covered up to age 5.                       |
| If your child needs dental or eye care | Children's glasses         | Not co                                       | overed.   | Unless covered by your vision plan.        |
| uciliai oi eye cale                    | Children's dental check-up | Not co                                       | overed.   | Unless covered by your dental plan.        |

#### **Excluded Services & Other Covered Services:**

| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) |   |  |  |
|--|---|--|--|
| <ul> <li>Contraceptives</li> <li>Cosmetic surgery</li> <li>Dental care (Adult)</li> <li>Eye exam over age 5</li> </ul>                           | <ul> <li>Habilitation services</li> <li>Hearing aids and related charges</li> <li>Infertility treatment (except initial diagnosis)</li> <li>Long-term care</li> <li>Private-duty nursing</li> </ul> | <ul> <li>Routine eye care (Adult)</li> <li>Routine foot care</li> <li>Sterilization or Abortion</li> <li>Weight loss programs</li> </ul> |  |

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Chiropractic care (payable per medical necessity as specialist MD).
- Non-emergency care when traveling outside the U.S. (only when on assignment by ER).
- Services provided by State Licensed Practitioners within the scope of license not specifically covered under any other provisions of the medical plan, including Acupuncture, Massage Therapy, and Nutritional Counseling Limited to 12 combined visits per year for all services.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. Church plans are not covered by the Federal COBRA continuation coverage rules. For more information on your rights to continue coverage, contact the plan at 800.807.0400. You may also contact your state insurance department. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the <u>plan</u> at 800.807.0400. A list of states with Consumer Assistance Programs is available at <u>cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/.</u>

#### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

For more information about limitations and exceptions, see the plan or policy document at myCBS.org/health.

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# **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 800.807.0400.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 800.807.0400.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 800.807.0400.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 800.807.0400.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and excluded services under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| ■ The plan's overall <u>deductible</u> | \$2,500 |
|--|---------|
| Specialist copayment                   | \$ 40   |
| Hospital (facility) coinsurance        | 20%     |
| Other coinsurance                      | 20%     |

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

| Total Example Cost \$12,991 |
|-----------------------------|
|-----------------------------|

#### In this example, Peg would pay:

| Cost Sharing               |         |  |
|----------------------------|---------|--|
| Deductibles                | \$ 895  |  |
| Copayments                 | \$ 280  |  |
| Coinsurance                | \$1,825 |  |
| What isn't covered         |         |  |
| Limits or exclusions       | \$ 60   |  |
| The total Peg would pay is | \$3,060 |  |
|                            |         |  |

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| ■ The plan's overall <u>deductible</u> | \$2,500 |
|--|---------|
| ■ Specialist copayment                 | \$ 40   |
| ■ Hospital (facility) coinsurance      | 20%     |
| Other coinsurance                      | 20%     |

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

## In this example, Joe would pay:

| Cost Sharing               |         |  |
|----------------------------|---------|--|
| Deductibles                | \$1,382 |  |
| Copayments                 | \$ 940  |  |
| Coinsurance                | \$ 346  |  |
| What isn't covered         |         |  |
| Limits or exclusions       | \$ 55   |  |
| The total Joe would pay is | \$2,723 |  |

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| ■ The plan's overall deductible   | \$2,500 |
|-----------------------------------|---------|
| ■ Specialist copayment            | \$ 40   |
| ■ Hospital (facility) coinsurance | 20%     |
| Other coinsurance                 | 20%     |

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

| Total Example Cost | \$1,925 |
|--------------------|---------|

#### In this example, Mia would pay:

| \$1,133            |  |
|--------------------|--|
| \$ 280             |  |
| \$ 283             |  |
| What isn't covered |  |
| \$ 0               |  |
| \$1,696            |  |
|                    |  |

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.