



Summer Camps

for Girls

*Join
Us!*




Saint Mary's College knows girls, their interests, and how they learn. It's our passion and for 175 years, we have educated young women and developed their talents to make a difference in the world.

Since 1974, our summer camps have helped younger generations of women build self-esteem, master new skills, make new friends, and experience the excitement of a college campus.

Overnight campers live in residence halls under the care and protection of counselors and further bond over meals in the dining hall where tasty and nutritious options are available at each meal. They take courses in campus classrooms, laboratories, studios, and athletic fields and courts. All are led in instruction by Saint Mary's faculty and staff, as well as regional educators.

We're excited to present the 2019 camps schedule and hope to see your daughter this summer on the beautiful campus of Saint Mary's College.

 [saintmarysummercamps](#)

 [Saint Mary's College Summer Camps](#)

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Saint Mary's College reserves the right to change or cancel any summer camp session for any reason, including if minimum registration enrollments are not met.



*This year,
Fine Arts campers
get to stay in
a castle!
(AKA Le Mans Hall)*

Sign Up!

Deadline: June 7

Camp Cost: \$570

Save \$50 if you register by 3/31

Register:

saintmarys.edu/Camps

Questions?

Call: (574) 284-4778

Email: camps@saintmarys.edu

Fine Arts Camp

July 7–12 • July 14–19 *(girls entering grades 5–9)*

Embark on a journey of self-discovery through creativity! Campers choose a concentration for the week and take daily classes in their chosen discipline. They also expand their experience by exploring all five fine arts throughout the week. On Friday, campers will present their work at the Performing Arts Forum for their friends and family.

Whether experienced or not, campers are welcome to enroll in Saint Mary's Fine Arts Camp. The only requirement is the desire to learn and have fun.

ART | CREATIVE WRITING | DANCE | MUSIC | THEATRE



*Pick your concentration —
Experience them all!*

ART Campers will experiment with distinct art forms such as painting, jewelry making, wearable art, paper art, and textiles. Whether sculpting, designing garments, or making friendship bracelets and angel wings, campers bring their own masterpieces to life inside our professional art studios.

CREATIVE WRITING Campers learn to express themselves on the page through unique exercises like reporting, writing ad jingles, poetry slams, monologues, or writing a love letter to a favorite food.

DANCE Each dance class has a distinct rhythm as campers develop skills in memory, musicality, and style. Students learn dance history and vocabulary while exploring ballet, jazz, and modern dance.

They then head into our professional dance studio to express themselves through movement as they expand their experience in various dance forms.

MUSIC Classes immerse campers in the basic elements of music. Past participants have created their own musical instruments, performed Broadway musical selections, and made the most of brooms and trash cans in their own version of the exciting musical show *Stomp*. Campers are invited to bring a musical instrument from home if they wish to share their talents.

THEATRE Character, voice, and movement provide the building blocks for campers to express their dramatic potential and develop performance skills and collaboration techniques. Classes are held on stage in O'Laughlin Auditorium as campers use theatre games and group exercises to explore and develop their talents.



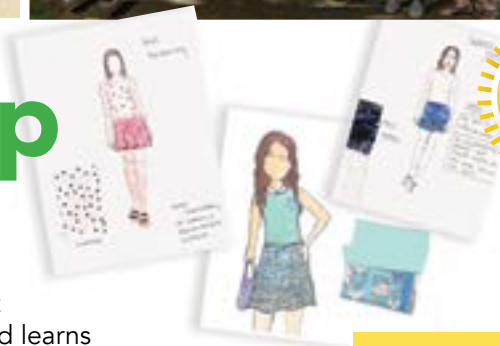
Fashion Camp

July 7–12 *(girls entering grades 8–12)*

At Fashion Camp, campers learn the basic principles behind fashion design and construction. Each student develops figure drawing and fabric rendering skills and learns to manipulate elements of design to create an aesthetically pleasing garment.

In the costume shop campers master a specific decorating technique, such as beading, ruffling, or embroidery and acquire hand and machine sewing skills. At week's end, they present their designs in a fashion show for family and friends.

Field trips may include visits to The History Museum in South Bend to view the historic costume collection, or to a local boutique to meet with the owner for a Q&A session.



THIS SUMMER CAMP IS NO PASSING FAD!

Sign Up!

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Register:

saintmarys.edu/Camps

Questions?

Call: **(574) 284-4778**

Email: **camps@saintmarys.edu**

Limited need-based scholarships are available. Scholarships do not exceed \$250 per camper. Download a scholarship application at **saintmarys.edu/Camps**

Forensic Science Camp

July 14–19 *(girls entering grades 8–12)*

On the first full day of camp, students arrive on a staged crime scene to gather evidence, such as fingerprints, footprints, fiber, and hair samples. Campers must answer a single question— who is the suspect? It's up to them to unfold the mystery using biology, chemistry, mathematics, and deductive reasoning. They weigh the evidence and apply findings in their quest for the culprit.

Students also take a field trip to an actual police crime lab during the week. On the last day, campers share the results of their investigation in a presentation to family and friends!

NO MYSTERY WHY THIS CAMP IS OUR MOST POPULAR!



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Athletic Camps

Play the sport you love or explore a new one! Experienced instructors, varsity coaches, and college athletes provide guidance according to individual need. Coaches will help you set goals and sharpen your skills. You'll share in a positive, team-oriented atmosphere, and develop healthy habits that will help you achieve success.

Day Camps

BASKETBALL CAMP

June 24–26 *(girls entering grades 1–6)*

9 a.m.–12 p.m. | \$100

As a basketball camper, you will take the court each day to learn and practice fundamental skills. You will participate in drills for ball handling, footwork, shooting, and defense. Coaches will teach you offensive and defensive philosophies that will be applied in drills and scrimmages.

LACROSSE CAMP

June 24–26 *(girls entering grades 9–12)*

8 a.m.–12 p.m. | \$150

As a lacrosse camper, you will take the field each day to learn and practice fundamental skills. You will participate in drills for passing, catching, shooting, dodging and defensive skills. Coaches will teach you offensive and defensive strategies that will be applied in drills and scrimmages.

SOCCER CAMP

July 24–26 *(girls entering grades 4–8)*

8 a.m.–12 p.m. | \$150

As a soccer camper, you will take the field each day to learn and practice fundamental skills. You will participate in drills for footwork, passing, finishing, and defensive skills. Coaches will teach you offensive and defensive strategies that will be applied in drills and scrimmages.



Overnight Camps

TENNIS CAMP

July 7–10 *(girls entering grades 5–9)*

\$410 — Save \$50 if you register by 3/31

Work with coaches to develop and refine all your tennis skills: footwork, ground strokes, serves, service returns, and volleys. Coaches focus on doubles and singles strategies, and you will match up against other campers in contests, games, and tournament play throughout the week.

VOLLEYBALL CAMPS

Intermediate:

July 7–10 *(girls entering grades 9–12)*

\$410 — Save \$50 if you register by 3/31

Beginner:

July 14–16 *(girls entering grades 5–9)*

\$320 — Save \$50 if you register by 3/31

As a volleyball camper, you will take the court each day to practice and fine tune fundamental skills. The staff will cover serving, passing, setting, hitting, and positional defense. After several days of skill instruction, the camp will end with a tournament.



Campers stay in McCandless Hall, next to our new Angela Athletic & Wellness Complex

Sign Up!

Deadline: June 7

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Email: camps@saintmarys.edu

Embody Theology Institute

Created. Beloved. Called. Responding.

July 7–12 or July 14–19 (girls entering grades 10–12)

Ready to take your spiritual journey to the next level?
Join a community of high school girls who share your values.

On the serene campus of Saint Mary's College, you'll explore your own beauty, your faith, and your thoughts on justice through activities and reflection.

You'll stay in a residence hall, eat in the campus dining hall, and learn from College professors as well as Saint Mary's students who will serve as mentors.

Embody:
BEAUTY,
JUSTICE, AND FAITH
IN ACTION

Supported by a grant from the Lilly Endowment, Inc.

Apply Today!

Deadline: April 15

Cost: \$300

Apply:
saintmarys.edu/Embody

Questions?
Call: (574) 284-4636

Email: camps@saintmarys.edu

Bloom for Girls

*Seminar for moms (or caregivers)
and daughters*

Sunday, July 14 (girls ages 10–14)

Join us
for a
one-day
seminar

Bloom for Girls is an educational program that builds girls' self-awareness and self-esteem in a day of discovery, laughter, bonding, sharing, and learning.

Moms and daughters are invited to join a fun and constructive conversation about the challenges girls face today created by digital culture, mass media, and bullying.

The workshop is led by Molly Bell '97 and Catherine Fleming, Esq. as they delve deep into tough topics with presentations, discussion, movement, and creative activities.

We need to keep talking.

We need to keep questioning.

**We need to embrace the power
we have as women.**

It is our time.

Let's Bloom!



Bloom
for girls

Sign Up!

Deadline: June 29

Cost: \$50/person (includes lunch)

Register:
saintmarys.edu/Camps

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Summer Programs

Non-Profit
Organization
U.S. POSTAGE
PAID
Saint Mary's
College

Summer Camps for Girls

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Us!*



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