PROGRAM IN SOCIAL WORK

FACULTY
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PROGRAM DESCRIPTION
The Social Work Program is nationally accredited by the Council on Social Work Education. Social work is a profession committed to collaborating with individuals, families, groups, organizations, and the community to maximize the potential and well-being of all of these client systems and to help resolve and/or prevent challenges in living. In order to achieve this, social work prepares students to become agents of change so that they can change the world in a myriad of ways, including, but not limited to the following:

- social and economic justice advocacy
- peacebuilding and conflict resolution
- healthcare and medical social work
- behavioral health
- social services administration
- community organizing and education
- child, family, and school social work
- international/global social work
- restorative education, corrections, and criminal justice
- practice with immigrants and refugees
- social work with veterans
- gerontological social work
- community mental health
- addiction and recovery
- policy and planning
- case management
- crisis intervention
- group counseling

Graduates of the Social Work Program possess theoretical and practice competencies required of the professional social worker and have integrated the underlying values of the profession. Content areas emphasized within the social work curriculum include: human behavior and the social environment; research; values and ethics; diversity; populations at risk; social, economic, and environmental justice; social welfare policy and services; practice approaches; field practicum, and peace studies. The degree offered is a Bachelor of Social Work.
ADVANCED WRITING PROFICIENCY

To fulfill the College’s Advanced Writing Proficiency requirement, each student is evaluated through materials presented during her senior year.

SENIOR COMPREHENSIVE

The Senior Comprehensive in Social Work is fulfilled by the Senior Comprehensive e-Portfolio and the Senior Comprehensive Oral Examination which demonstrates the student’s competency in the required curriculum areas. Because of the professional nature of the Social Work major, a student who plans to complete a dual major in Social Work and another discipline may do so only on the condition that she completes SW 495 and the Social Work Senior Comprehensive e-Portfolio and the Senior Comprehensive Oral Examination.

SOCIAL WORK PROGRAM LEARNING GOALS

- Demonstrate ethical and professional behavior.
- Engage diversity and difference in practice.
- Advance human rights and social, economic, and environmental justice.
- Engage in practice-informed research and research-informed practice.
- Engage in policy practice.
- Engage with individuals, families, groups, organizations, and communities.
- Assess individuals, families, groups, organizations, and communities.
- Intervene with individuals, families, groups, organizations, and communities.
- Evaluate practice with individuals, families, groups, organizations, and communities.

NOTE: Visit www.cswe.org for more information.

PROGRAM IN SOCIAL WORK

Bachelor of Social Work—SW (60 hours)

All of the following:

SW 202 Introduction to Social Work 3 hours
SW 235 Human Behavior and the Social Environment I 3 hours
SW 238 Peace Science and Conflict Management: Sustaining Global, National, State, and Local Communities through Peacebuilding and Conflict Resolution 3 hours
SW 331 Practice I: Micro Methods: Individuals and Families 3 hours
SW 332 Practice II: Mezzo Methods: Small and Large Groups 3 hours
SW 333 Practice III: Macro Methods: Communities, Organizations, and Societies 3 hours
SW 334 Social Welfare Policy and Service 3 hours
SW 340 Working with Diverse Populations 3 hours
SW 484 Social Work Research Methods and Statistical Concepts I 3 hours
SW 485 Social Work Research Methods and Statistical Concepts II 3 hours
SW 486-487 Social Work Field Practicum I & II 6/6 hours
SW 488-489 Social Work Field Practicum Seminar I & II 2/2 hours
SW 495 Integrative Seminar 1 hour

Senior Comprehensive e-Portfolio and Oral Examination

Required Supporting Courses (a passing grade is required in supporting courses)

BIO 106 Mendel, Darwin, and the World We Live In 4 hours
or another course substituted with permission from the student’s departmental advisor

PSYC 156 Introduction to Psychology: Culture and Systems 3 hours
or PSYC 157 Introduction to Psychology: Science for the Citizen 3 hours

Two of the following: Other courses may be substituted with permission from the student’s departmental advisor.

SW 236 Human Behavior and the Social Environment II 3 hours
SW 341 Relationships, Intimacy, and Sexuality Across the Lifespan 3 hours
SW 342 Intercultural Leadership Development 3 hours
SW 343 Living Fully, Dying Well: Exploring Loss, Grief and Death Across the Lifespan 3 hours
SW 360 Health and Human Services Administration 3 hours
SW 361 Budgeting and Financial Management for Health and Human Services Administration 3 hours
SW 362 Perspectives in Gerontology 3 hours
SW 363 Grant Writing for Health and Human Services Administration 3 hours
SW 365 DSM-5 and Mental Health Issues Across the Lifespan 3 hours
SW 370 Family Violence and Sexual Abuse Issues 3 hours
SW 390 Special Topics in Social Work 3 hours

Minor in Social Work—SW (15 hours)

All of the following:

SW 202 Intro to Social Work 3 hours
SW 235 Human Behavior and the Social Environment I 3 hours
SW 340 Working With Diverse Populations 3 hours

Two of the following:

SW 236 Human Behavior and the Social Environment II 3 hours
SW 238 Peace Science and Conflict Management: Sustaining Global, National, State, and Local Communities through Peacebuilding and Conflict Resolution 3 hours
SW 334 Social Welfare Policy and Service 3 hours
SW 341 Relationships, Intimacy, and Sexuality Across the Lifespan 3 hours
SW 342 Intercultural Leadership Development 3 hours
SW 343 Living Fully, Dying Well: Exploring Loss, Grief and Death Across the Lifespan 3 hours
SW 360 Health and Human Services Administration 3 hours
SW 361 Budgeting and Financial Management for Health and Human Services Administration 3 hours
SW 362 Perspectives in Gerontology 3 hours
SW 363 Grant Writing for Health and Human Services Administration 3 hours
SW 365 DSM-5 and Mental Health Issues Across the Lifespan 3 hours
SW 370 Family Violence and Sexual Abuse Issues 3 hours
SW 390 Special Topics in Social Work 3 hours

It is recommended that students consult with their advisors and develop a long-range schedule as early as possible in their academic careers. Students interested in graduate education in social work (M.S.W. or Ph.D.), in joint graduate programs with law, public policy, public health, gerontology, or in criminal justice should work with their advisors to prepare for these career trajectories.

Minors should also consult with their Social Work advisors as early as possible and must be accepted into the minor in Social Work course of study by application to the Department of Social Work and Gerontology. The Council on Social Work Education does not accept the minor in Social Work as meeting the requirements for preparation for entry-level generalist social work practice. A minor in Social Work can enter the major in Social Work through an application process to the Department of Social Work and Gerontology, allowing the major to use her Social Work coursework toward advanced standing in the M.S.W. graduate school education.
THE SOCIAL WORK PROGRAM mentors women into career trajectories for leadership in a variety of fields, including psychotherapy with children and families, medical social work, law and social policy, administration, global/international social work, organizational social work, gerontology, community social work, school social work, government social work, peace building, and forensic social work/criminal justice. The field practicum in completed in the senior year at a local social service organizational setting. Practicum placements may include:

- AIDS Ministries
- Bartel School
- Beacon Health System
- CASA
- Catholic Charities
- Congressional Office
- Dismas House
- Family Justice Center
- Goodwill Industries
- Healthwin
- Holy Cross Village at Notre Dame
- Howard Ellis School
- Juvenile Justice Center
- Local school corporations
- Mayor’s Office
- Memorial Prenatal Clinic
- Oaklawn Hospital and Mental Health Center
- Ombudsman Program
- REAL Services, Inc.
- Riley High School
- River Bend Cancer Services
- Ryan’s Place
- Saint Joseph Regional Medical Center
- South Bend Heritage Foundation
- Success Academy
- U.S. Senate Office
- Youth Service Bureau
- YWCA

GOVERNMENTAL REQUIREMENTS FOR SOME PROFESSIONS

Some professions (e.g., nursing, teaching, social work, speech therapy, accounting, etc.) require specific requirements for licensure and/or hiring (e.g., acceptable criminal background check, sex offender check, drug and alcohol testing, citizenship or permanent resident status documentation, valid immigration status for non-US citizens, valid social security number, etc.). Such requirements may also apply to required clinical and fieldwork, or other out-of-class room experience necessary to complete degree requirements in the majors related to these professions. These requirements are determined by laws and regulations at both the state and federal levels and are subject to change. Saint Mary’s College strongly urges all admitted and current students to research and understand the appropriate requirements for their intended course of study and profession. Compliance with these requirements is the responsibility of the student and the graduate. You should become informed and continue to monitor such requirements as laws and other legal requirements are subject to change.

SOCIAL WORK COURSES (SW)

202 Introduction to Social Work (3)
This course is an introduction to the knowledge and skills of the generalist practice of social work. It includes an examination of the history, principles, practice, research, and literature in the social welfare field. Theoretical and professional foundations, diverse client systems, areas of practice, contemporary social policies, and social work values are examined. The student is given opportunities to dialogue with community agency representatives.

235 Human Behavior and the Social Environment I (3)
This course examines human behavior and the social environment using the generalist social work theoretical framework to explain the interactions of individuals, families, and groups. Special emphasis is given to the biological, social, psychological, and cultural factors that affect human behavior within these micro and mezzo systems.

236 Human Behavior and the Social Environment II (3)
This course examines human behavior and the social environment using the generalist social work theoretical framework to explain the interactions of communities, organizations, and society. Special emphasis is given to the biological, social, psychological, cultural, and spiritual factors that affect human behavior within these macro systems. Pre or corequisite: SW 235.

238 Peace Science and Conflict Management: Sustaining Global, National, State, and Local Communities through Peacebuilding and Conflict Resolution (3)
Peace science and conflict management must be studied on micro, mezzo, and macro levels of our social environments from interpersonal relationships to global networks. Our understanding of peace science and conflict management develops through our evolving knowledge of sustainability, freedom, cruelty, compassion, power, oppression, conflict, nonviolence, violence, war, capitalism and all of the other interactions that comprise our daily lives. These interactions occur at the micro level (families, child/family relationships, interpersonal relationships, marriages, partnerships), at the mezzo level (classrooms, small groups and communities, neighborhoods, athletic teams, gangs), and at the macro level (societies, organizations, large groups and communities, governments, legal and policymaking settings, corporations, workplaces, media, elementary and high schools, colleges/universities, global settings, criminal justice settings, such as police departments, prisons, juvenile justice settings, and courts). Unresolved conflict can result in domestic violence, international violence against women, global terrorism, bullying in the social environments, such as in schools or in the workplace, violence in schools and in the workplace, gang violence, community violence, violent protests, increased racial tension, and war. We will increase our understanding of conceptualizations of sustaining communities through peace science, peacebuilding, and conflict management. In order to accomplish this, we will define peace for ourselves, analyze how our knowledge of peace is both empowered and constrained by the intersectionality of micro, mezzo, and macro components in our environment, learn how to develop peacemaking skills, and analyze our peacebuilding.

331 Social Work Practice I: Micro Methods: Individuals and Families (3)
The basic class in social work helping methods, this course applies the generalist approach to social work practice with individuals and families. Discussion of case studies with emphasis on systems theory and the ecological method. While this course focuses on micro level practice, the methods introduced are applicable to all types of social work practice. Prerequisite: social work major; pre or corequisite: SW 202 and 235.

332 Social Work Practice II: Mezzo Methods: Small and Large Groups (3)
This course is the generalist approach to problem solving and intervention practices at the small and large group levels, introducing the function and role of the social worker in these settings. The class examines the dynamics that occur when clients with common concerns are brought together for the purpose of helping one another. Prerequisite: social work major and SW 202; prerequisite SW 235; pre or corequisite: SW 238.
333 Social Work Practice III: Macro Methods: Communities, Organizations, and Societies (3)
This course introduces the function and role of the social worker in organizations, communities, and societies. While many of the processes used in micro, mezzo, and macro practice are similar, there are unique features involved in the macro context which are examined and illustrated. Organizational and community theories are linked to practice applications. Prerequisites: social work major and SW 202; pre or corequisite: SW 235, 238.

334 Social Welfare Policy and Service (3)
Development of social welfare policy and service in response to changing social conditions. Focuses on the theory, history, scope, nature, organization, and implementation of current programs on local, state, and federal levels and in the private sector. Prerequisite: social work major or permission of instructor.

340 Working with Diverse Populations (3)
This course is designed to increase student knowledge of diversity in individuals, families, groups, communities, organizations, and societies. Addressing issues and exploring values necessary for successful interaction with diverse individuals, their families, and the communities and organizations with which they interact. Groups to be addressed include ethnic, racial, cultural, religious; socioeconomic/class distinctions; individuals with physical, mental and emotional challenges; women; older adults and youth; and sexual orientation. Designated theoretical frameworks that explain the interaction in the social systems of diverse individuals, families, groups, communities, organizations, and societies will be discussed. The course also focuses on the relationship between diversity issues and human behavior, including prejudice and discrimination. Specific frameworks will be explored to understand the relationship between diversity and cultural, historical, biological, social, psychological, and spiritual variables.

341 Relationships, Intimacy and Sexuality Across the Lifespan (3)
This course is designed to increase student learning in relationships through a discussion of sexuality and intimacy. Students will address these topics through knowledge of the biological, social, spiritual, and psychological aspects of relationships, sexuality, and intimacy. Knowledge of and competence in understanding populations-at-risk who are experiencing issues with intimacy, sexuality, and relationships will be explored.

342 Intercultural Leadership Development (3)
This course provides students with an opportunity to develop leadership skills using a community based learning model. Students will participate in leadership learning experiences in community social service organizations. Leadership skills will be increased through actively participating with community leaders involved in a wide variety of programs that target services for populations at risk and diverse groups.

343 Living Fully, Dying Well: Exploring Loss, Grief and Death Across the Lifespan (3)
Loss, grief, and death are universal and inescapable aspects of the human experience. Loss occurs throughout life from minor daily occurrences to life changing events. Death is a primary loss, but other events in life are losses too; divorce, job loss, disaster, loss of security/safety as a victim of a crime and many others. These experiences are frequently complex and affect how one lives. We learn about loss, grief and death so that we can know better how to live. Personal awareness, experience, and attitudes about loss, grief, and death influence how social workers care for the bereaved and those at end of life. It is important that conscious and thoughtful study is given to these topics. This interdisciplinary course examines the biopsychosocial, spiritual, and cultural aspects of loss, grief, dying, and death within the context of historical and current grief and loss theory, human development, culture, and types of loss. Examples of losses examined include perinatal loss, death of a child, spouse, parent, friend, and others. The impact of how one dies, such as suicide, violent death, terminal illness and the impact on survivors is also examined. Practice models of coping with chronic and terminal illness are also considered.

360 Health and Human Services Administration (3)
This course is a real world introduction to the administration of health and human service organizations. Learn how to effectively manage interdisciplinary, interdepartmental, and inter-organizational situations in and among health and human services organizations through real life and applicable learning techniques, such as case scenarios. Examine the principles and practices of health and human services administration including ethics and values, leadership styles, theories of health and human services administration, and policies related to the management of health and human services are examined. Diverse client systems and developing sensitivity and understanding of various cultural, ethnic, socioeconomic, and spiritual backgrounds of individuals and groups in health and human services are emphasized.

361 Budgeting and Financial Management for Health and Human Services Administration (3)
This is an introductory module designed for students who have little or no background in budgeting and financial management. The focus of this course is on the budget process for health care and human service organizations. Participants are exposed to specific techniques of health care and human service organization budgeting and variance analysis. The objectives for this course are for participants to improve their understanding of the budget process as it applies to health care and human service organizations and to learn valuable specific techniques of budgeting and variance analysis. Students learn to create, execute and analyze the basic types of budgets used in public, non-profit, and for-profit organizations. The course will teach specific tools using the case method and exercises. The course covers budget analysis, budget formulation, budget execution, budget strategies, evaluation of operating and capital budgets, and cost accounting. Special emphasis is placed on gerontological health and human services financial management.

362 Perspectives in Gerontology (3)
This course provides an overview of issues related to older adults and their families and constitutes a core course for the interdisciplinary course of study of gerontology at this College. It examines the nature of the aging process, the ways in which persons adapt to changes, and the ways in which the interventions/services may assist with these adaptations. Special emphasis is given to the ways in which physical, social, and psychological factors interact to impact how persons age. The needs and issues encountered by older persons both within the community and in institutional settings will be examined. Work with caregivers will be considered. Students will examine ways to work with individuals, families, and groups. The course includes material addressing special populations and ethical issues.

363 Grant Writing for Health and Human Services Administration (3)
This is an introductory module designed for students who have little or no background in grant writing. The focus of this course is on the grant writing process for health care and human service organizations. Specific techniques of health care and human service organization grant writing are presented. The objectives for this course are for participants to improve their understanding of the grant writing process as it applies to health care and human service organizations and to learn valuable specific techniques of grant writing. Students learn to research, create, and analyze the grant writing process in health and human service organizations. Special emphasis is placed on gerontological health and human services grant writing.

365 DSM-5 and Mental Health Issues Across the Lifespan (3)
This course will focus on the application of the Diagnostic and Statistical Manual of Mental Disorders (DMS-5) for assessing and understanding mental health issues affecting human behavior across the lifespan with children, adolescents, adults, and families. Students will learn models of DSM-5 assessment to evaluate human functioning across the lifespan with emphasis on women and gender, vulnerable and diverse populations, and mezzo-macro issues.

370 Family Violence and Sexual Abuse Issues (3)
This course introduces students to issues of family violence and sexual abuse across the lifespan. The different types of family violence and sexual abuse will be discussed, including domestic violence, global/international violence against women, rape, courtship violence and date rape, sexual assault, cultural issues related to abuse, bullying, school violence and abuse, child physical abuse, child sexual abuse, abuse against parents, elder abuse, sexual harassment, and abuse among vulnerable populations. Ethics and values, as well as criminal justice issues regarding family violence and sexual abuse, are emphasized. The history, policy, effects, and practice regarding family violence and sexual abuse will also be examined.

379 Interviewing Methods (3)
A workshop course designed to assist students in learning interviewing techniques. Discussion and practical exercises will be used as well as video and audio facilities. Identification, observation, understanding, knowledge, demonstration, and student practicing of interviewing methods are utilized. Prerequisite: junior or senior status or permission of the instructor.
390 Special Topics in Social Work (1–3)
A seminar focusing upon a selected area of interest in social work. Topics may include such areas as social stress, poverty, mental health, substance abuse, women in society, occupations and professions, conflict, peace studies, social psychiatry, criminal justice, homelessness, and veterans. May be repeated for credit with a different topic and the consent of the advisor. Prerequisite: SW 202 or permission of the instructor.

397 Independent Study in Social Work (1–3)
Independent readings and seminar discussions in selected areas of interest. This course is not intended as a substitute for an existing course. May be repeated with a different topic for a maximum of six hours, three of which apply to the hours required for the social work major. Prerequisites: Nine hours in SW, junior or senior status, and permission of the instructor and the Social Work program director.

484 Social Work Research Methods and Statistical Concepts I (3)
Social Work Research Methods and Statistical Concepts I is designed to provide a foundation for research competencies and statistics in social work practice. The course focuses upon knowledge of qualitative and quantitative research methods, a significant component of practice knowledge. Practice and program effectiveness, imperative in social work practice, will be addressed. Students will learn to understand and apply social work research and basic statistical concepts in order to analyze the quality of research studies, to evaluate their own practice, and to conduct evidence-based research. SPSS is introduced. Ethical aspects of research are considered in terms of the values of the social work profession. Corequisite: SW 332 and 333.

485 Social Work Research Methods and Statistical Concepts II (3)
Social Work Research Methods and Statistical Concepts II helps students achieve basic research methodology and statistics skills to achieve social work competence in research design, data collection, and data analysis. SPSS is applied. Students learn to analyze exemplary social work research and present research projects that build theoretical and methodological knowledge appropriate for social work education. Students will review basic statistical methods (descriptive and inferential statistics; measures of association), and become familiar with basic parametric and nonparametric techniques. Prerequisite: SW 484 with a grade of C or better; corequisites: SW 486 and 488.

486 Social Work Field Practicum I (1–6)
Professionally supervised agency placement for the student so she may relate classroom learning to the practice setting. This experience provides the student with an opportunity to integrate knowledge, values, and practice, to deepen her understanding, and to develop proficiencies for beginning professional practice. A minimum of 480 hours of direct field experience is required for the major in social work. Graded S/U. Corequisite: SW 485 and 488. Prerequisites: SW 331, 332, 333, and 334. Fee: $10 per credit hour.

487 Social Work Field Practicum II (1–6)
Professionally supervised agency placement for the student so she may relate classroom learning to the practice setting. This experience provides the student with an opportunity to integrate knowledge, values, and practice, to deepen her understanding, and to develop proficiencies for beginning professional practice. A minimum of 480 hours of direct field experience is required for the major in social work. Graded S/U. Corequisite: SW 489. Prerequisites: SW 486 and 495. Fee: $10 per credit hour.

488 Social Work Practicum Seminar I (2)
A seminar designed to help the student integrate knowledge, practice approaches, and social work values and ethics from course work and field experience. The field placement is the focus for discussion and analysis. Growing self-awareness and a beginning frame of reference for professional practice are emphasized. Corequisite: SW 485 and 486. Prerequisites: SW 331, 332, 333, 334.

489 Social Work Practicum Seminar II (2)
A seminar designed to help the student integrate knowledge, practice approaches, and social work values and ethics from course work and field experience. The field placement is the focus for discussion and analysis. Growing self-awareness and a beginning frame of reference for professional practice are emphasized. Corequisite: SW 487. Prerequisites: SW 488 and 495.

495 Integrative Seminar (1)
The social work program comprehensive seminar providing the student an opportunity to examine, in detail, her integration of the knowledge, values, and skills of the profession. Seminar presentations, discussions, and papers are required of each student. Prerequisites: Declared Social Work major, senior status, and permission of the Social Work program director.

497 Independent Research in Social Work (1–3)
Specialized research in social work supervised in a tutorial setting. Only six hours in independent work, including SW 397, may apply to the hours required in social work for the major. Prerequisite: Nine hours in SW, junior or senior status, and permission of the instructor and Social Work program director.