

July 2020

To facilitate a safe and successful reopening of the College all students will be required to have a COVID-19 test prior to coming to campus. Here, we have outlined our recommendations for getting tested. There is a lab order below that specifies the test we would prefer you have done. We have become aware that because of the recent surge in COVID-19 cases in many states the PCR test collected by a nasal swab is not available in some areas. We will accept PCR tests collected from saliva or an oropharyngeal swab. You may also get a rapid antigen test done. We will not accept any antibody tests.

- Upon receipt of this letter find a testing site in your area. Your county and state health departments should be able to provide you with information regarding the cost of testing as well as the hours of operation and location of testing sites. Your personal doctor may also be able to do the test. Often you need to schedule an appointment so do not wait until the last minute.
- The test should be done 14 days prior to your return to campus. This allows time for processing the test and getting a report of the results.
- Take a copy of the lab order at the bottom of this letter, and a copy of your insurance when you go for testing.
- If you live in an area that is only testing people who have symptoms of COVID-19, take this notice with you to the testing site to advise them that you must be tested in order to go to college.
- The lab order directs that the results of the test should be reported directly to the secure health center fax machine. We recommend that you request your results also be reported to you by text or email, just in case the fax report fails.
- To minimize risk of exposure to the virus we ask that you shelter in place after being tested until you come to campus. This means staying home except for essential activities. You may freely interact with your immediate family and go outdoors for exercise as long as you maintain appropriate social distancing.
- Students who test positive will be asked to stay away from campus until it is medically safe to return.
- WE MUST HAVE A NEGATIVE TEST RESULT FOR ALL STUDENTS OR THEY WILL BE ASKED NOT TO COME TO CAMPUS UNTIL WE DO.

As a community we share the responsibility to contribute to the health and wellbeing of each other. We are counting on you to get your test and stay home. As with so many lifestyle changes the pandemic has required us, we understand that these restrictions may be difficult, but we know the spirit of the Saint Mary's Belles and we believe you are up to the challenge.



Saint Mary's College Health and Counseling Center

Angela Athletic & Wellness Complex Notre Dame, IN 46556 Phone (574) 284-4805 Fax (574) 284-4833 Stephen Simons, MD, FACSM License: 01034571A DEA: B50307086 NPI: 1881776359

COVID-19 test Nasal PCR Diagnostic Code – Z03.818

PLEASE FAX RESULTS: 574-284-4833

Dr. Stephen Simons, MD

1-6-2

Date