# Best Semesters to Study Abroad by Department/Program
# Saint Mary's College - Updated October 2026

**Note:** It is very important to begin discussions with advisors in your major/minor departments as soon as possible to plan for a study abroad experience.

| Department/Program | Sophomore Fall | Sophomore Spring | Junior Fall | Junior Spring | Additional Notes |
|---|---|---|---|---|---|
| Art | ✔ | ✔ | ✔ | No | |
| Biology | No | ✔ | ✔ | No | |
| Business and Economics | ✔ | ✔ | No | No | Spring of Sophomore year is preferred for BUAD students. |
| Chemistry | No | No | No | ✔ | |
| Communication Studies and Theatre | ✔ | ✔ | ✔ | No | Theatre majors can also study in spring of Junior yr. |
| Education | ✔ | ✔ | No | No | |
| Engineering | No | No | No | No | Students may study abroad during the summer. |
| English | ✔ | ✔ | ✔ | No | CRWR majors can also study in spring of Junior yr. |
| Environmental Studies | ✔ | ✔ | No | No | |
| Exercise Science | ✔ | ✔ | ✔ | ✔ | |
| Gender and Women's Studies | ✔ | ✔ | ✔ | No | |
| Global Studies | ✔ | ✔ | ✔ | No | |
| History | ✔ | ✔ | ✔ | No | |

| Department/Program | Sophomore Fall | Sophomore Spring | Junior Fall | Junior Spring | Additional Notes |
|---|---|---|---|---|---|
| Humanistic Studies | ✔ | ✔ | ✔ | ✔ | |
| Mathematics and Computer Science | ✔ | No | No | No | PAM majors should go abroad in Fall of Junior yr. |
| Modern Languages and Culture | ✔ | ✔ | ✔ | ✔ | |
| Music | No | No | No | ✔ | Must complete 3-semester Music Theory sequence first. |
| Neuroscience | ✔ | ✔ | ✔ | No | |
| Nursing | ✔ | No | No | No | Must take 2 summer courses before fall semester abroad, except for Puerto Rico |
| Philosophy | ✔ | ✔ | ✔ | ✔ | |
| Physics | No | No | No | ✔ | |
| Political Science | ✔ | ✔ | ✔ | ✔ | |
| Psychology | ✔ | ✔ | ✔ | ✔ | To go Junior yr, should take Stats/Research first. |
| Religious Studies and Theology | ✔ | ✔ | ✔ | ✔ | |
| Social Work | ✔ | ✔ | No | No | 3+1 students can only do short-term programs (most likely spring break programs) |
| Sociology and Criminology | ✔ | ✔ | No | No | May study abroad Fall Jr. yr if absolutely necessary. |
| Speech Language Pathology | ✔ | ✔ | No | No | To study in Spring Soph. yr, coursework will be required in summer after graduation |