

Have you ever wanted to sit down with a Registered Dietitian and find out what a healthy diet for you is? What you should or should not be eating? How to eat healthy in the Dining Hall?

Dietitian consultation is available through Women's Health weekly. Anna Uhran-Waserski rotates Monday and Tuesday morning and afternoons. Generally first appointments are scheduled for half an hour and follow-up's for 15 minutes although this is not a strict rule. We want to accommodate your needs. There is no limit on the number of consultations you can have. Consultations are FREE.

Call Women's Health to schedule your consultation with Anna – 574-284-4805.