

# YOUR

# JUNIOR YEAR

# GAME PLAN

Career Crossings Office ♦ Saint Mary's College ♦ Notre Dame, IN

## **EXPERIENCE**

Your résumé needs to show both education and experience by the time you graduate. This is a very important year to gain a variety of experiences through internships, campus involvement and volunteering. These experiences will also help you explore careers to find out what kinds of opportunities you may want to pursue after graduation.

## **BUILD RELATIONSHIPS**

It's hard to know what you want to do when there are so many options. Finding professionals in the field and interviewing them for information is a great way to find out what a day in the life is really like. Some professionals may even be willing to allow you to shadow them for a day to get a feel for what they do. Take advantage of who you know to find out what they do and how they may be able to help you.

## **INTERVIEW SKILLS**

A polished and focused résumé will help you get an interview but the interview will get you the job. Interviewing is a skill that takes practice to perfect. Talk with the Career Crossings Office to find out what questions may be asked and what employers want to hear. Schedule a mock interview with the CCO.

## **GRADUATE/PROFESSIONAL SCHOOL**

Career exploration includes finding out if your desired career requires an advanced degree. Your junior year is a good time to do some research and discuss graduate/professional school with the CCO and faculty within your areas of interest.

# YOUR JUNIOR YEAR GAME PLAN CHECKLIST

## EXPERIENCE

- Make a career counseling appointment by calling the CCO at 574-284-4775 or stopping by Spes Unica, Room 114
- Create a personalized strategy and identify the next steps with the CCO
- Evaluate your skills and experiences
- Explore internships for your junior year and/or the summer between your junior and senior years
- Revise your résumé and cover letters and have them reviewed by the CCO
- Upload your résumé to College Central Network for employers to search
- Update your [LinkedIn](#) profile
- Take on leadership roles with your students clubs and organizations

## BUILD RELATIONSHIPS

- Talk to everyone you know: faculty, staff, advisors, CCO staff, family, and friends about various career options and paths
- Connect with professionals on [LinkedIn](#), join groups related to your professional interests including the [SMC Alums LinkedIn group](#)
- Conduct informational interviews to learn about different career paths and options

## INTERVIEW SKILLS

- Attend CCO workshops, events, and employer sessions
- Practice interviewing with the CCO
- Follow Career Crossings on [Twitter](#), [Facebook](#), and [LinkedIn](#) for opportunities

## GRADUATE/PROFESSIONAL SCHOOL

- Make an appointment with the CCO to explore if graduate/professional school is ideal for you
- Research graduate/professional school programs, application deadlines, scholarships, and testing requirements

**Need assistance with your game plan? Contact us!**

Career Crossings Office ♦ Spes Unica 114  
Saint Mary's College ♦ Notre Dame, IN  
cco@saintmarys.edu ♦ 574.284.4775  
saintmarys.edu/career-center



Career Crossings  
Office  
*career passion, life vocation* 