

YOUR SOPHOMORE GAME PLAN

Career Crossings Office ♦ Saint Mary's College ♦ Notre Dame, IN

BIG PICTURE

Now that you have begun your college experience, it's time to get the big picture. Ask yourself the following questions: What activities do you find enjoyable? What part-time jobs, extracurricular activities, or volunteer experience did you like? How about your favorite classes?

DECISION ON MAJOR

Maybe you are still exploring possible majors that relate to the things you like to do and interests, or you already have chosen a major or majors. Now, it is really important to give some thoughtful consideration to your choices. Think about how your major(s) complement your general career goals. Be confident about your decision on your major(s).

CAMPUS INVOLVEMENT

Begin building relationships with peers, faculty, staff, advisors, and prospective employers that visit Saint Mary's College. The first thing you can try is joining student organizations and clubs on campus. Be active and seek leadership positions. Get to know your faculty—visit them during office hours. Check in with your academic advisors. Attend the Career Crossings Office events like workshops, panels, and career events to meet prospective employers.

RÉSUMÉ & INTERVIEW SKILLS

A polished and focused résumé will help you get an interview but the interview will get you the job. Make sure your résumé is critiqued and ready. Begin working on your interview skills. Make an appointment with the Career Crossings Office to get prepared for the interview.

SUMMER INTERNSHIPS

Start planning for a summer internship or job to gain experience. These experiences will help you explore careers and obtain some of the skills that employers seek.

YOUR SOPHOMORE GAME PLAN CHECKLIST

BIG PICTURE

- Make a career counseling appointment by calling the CCO at 574-284-4775 or stopping by Spes Unica, Room 114

DECISION ON YOUR MAJOR(S)

- Seek guidance from your academic advisor and peer mentor
- Explore Saint Mary's College Majors website: www.saintmarys.edu/majors
- Attend the CCO workshop series on choosing your major
- Consider taking a career assessment to learn about your interests and how they relate to choosing a major; make an appointment with the CCO to discuss taking the assessments

CAMPUS INVOLVEMENT

- Find student clubs and organizations to get involved with through the College's Student Life website: www.saintmarys.edu/student-life
- Attend employer information sessions
- Attend CCO workshops and panels, etc.

RÉSUMÉ & INTERVIEW SKILLS

- Have your résumé reviewed by the CCO
- Schedule a mock interview with the CCO
- Conduct job shadowing and information interviewing with alumnae and professionals in your fields of interest.; get coaching on effective strategies for this from the CCO

SUMMER INTERNSHIPS

- Search College Central Network for internship opportunities
- Search internship sites at saintmarys.edu/career-center/students/internships/onlineresources
- Create a [LinkedIn](#) profile and search for internships
- Follow Career Crossings on [Twitter](#), [Facebook](#), and [LinkedIn](#) for opportunities

Need assistance with your game plan? Contact us!

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Career Crossings
Office
career passion, life vocation 