

# Great Lakes Region Short and Long Course Championships

Hosted by Adrian College

October 3rd, 2008

## Womens Score

Place	School	Long Course Score	Short Course Score	Total Score
1	Calvin	36	14	50
2	John Carroll	15	37	52
3	Bethel	48	20	68
4	Cornerstone	24	64	88
5	Saint Mary's	58	40	98
6	Adrian College	71	36	107
7	Schoolcraft	84	46	130
8	Goshen	80	57	137
9	Trine	77	89	166
10	Defiance	84	92	176

Great Lakes Region  
Short and Long Course Championships  
Lenawee Christian High School, Adrian, Michigan  
October 3rd, 2008

===== WOMENS TEAM SCORE =====

===== 3k Race =====

1. 14 Calvin ( 11:33 34:38)

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1	3	Rebecca Hiemstra	Fr.	11:25
2	5	Eva Kort	Fr.	11:36
3	6	Kristin Fletcher	So.	11:37

2. 20 Bethel ( 11:31 34:32)

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1	1	Irene Kirathi	Fr.	11:06
2	8	Jessica Scott	Fr.	11:39
3	11	Ashley Wray	Jr.	11:47

3. 36 Adrian ( 11:56 35:48)

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1	4	Breanna Korson	Fr.	11:28
2	10	Victoria Alexander	Fr.	11:40
3	22	Chelsea Mata	Fr.	12:40

4. 37 John Carroll ( 11:51 35:33)

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1	9	Michelle Grossman	So.	11:40
2	13	Megan Lutz	Fr.	11:54
3	15	Andrea Brown	Fr.	11:59

5. 40 Saint Mary's ( 11:59 35:56)

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1	7	Megan McClowry	Jr.	11:37
2	16	Hanna Vicary	Fr.	12:09
3	17	Clare McVey	So.	12:10

6. 46 Schoolcraft ( 12:07 36:21)

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1	12	Jamie Wick	Fr.	11:52
2	14	Courtney Plummer	Fr.	11:59
3	20	Lauren Ahearn	Fr.	12:30

7. 57 Goshen ( 12:58 38:54)

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1	2	Laura Harnish	Sr.	11:13
2	26	Renee Miller	Jr.	13:26
3	29	Ellie Maloney	So.	14:15

8. 64 Cornerstone ( 12:43 38:07)

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1	18	Tracy Dykstra	Sr.	12:20
2	21	Janey Sluka	Jr.	12:31
3	25	Katie Malinowski	Jr.	13:16

9. 66 Macomb Community ( 12:39 37:57)

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1	19	Chelsea Myers	Fr.	12:25
2	23	Sarah plebanski	Fr.	12:42
3	24	Kaitlyn Kreger	Fr.	12:50

10. 89 Trine ( 14:32 43:34)

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1	28	Courtney Naveken	So.	14:11
2	30	Hayley Verdieck	Fr.	14:37
3	31	Megan Rowe	Jr.	14:46

11. 92 Defiance ( 14:44 44:10)

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1	27	Courtney Swabb	Fr.	13:35
2	32	Kristina Goodson	Jr.	15:12
3	33	Aubrie Ridinger	Fr.	15:23

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===== WOMENS TEAM SCORE =====

===== 6k Race =====

1.	15	John Carroll	(	24:26	1:13:18)
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1	4	Emily Tillmaand	Jr.	24:22	
2	5	Tricia Doherty	Jr.	24:27	
3	6	Melissa Thorne	So.	24:29	
2.	24	Cornerstone	(	24:22	1:13:04)
=====					
1	3	Andi Owens	Jr.	23:47	
2	7	Janelle Lindman	Jr.	24:34	
3	14	Melissa Sawicki	Fr.	24:43	
3.	33	Lansing Community	(	24:38	1:13:53)
=====					
1	8	Amanda Langell	So.	24:35	
2	12	Lyndsay Payne	Fr.	24:37	
3	13	Haley Knoll	Fr.	24:41	
4.	36	Calvin	(	24:44	1:14:11)
=====					
1	10	Sarah Orndorff	Fr.	24:35	
2	11	kelly Larsen	Fr.	24:36	
3	15	Anna Pranger	Sr.	25:00	
5.	48	Bethel	(	25:11	1:15:33)
=====					
1	1	Amber Wray	Jr.	23:20	
2	18	Danielle Lewis	Jr.	25:29	
3	29	Courtney Chapman	Fr.	26:44	
6.	56	Madonna	(	25:41	1:17:01)
=====					
1	2	Sarah Sherwood	Jr.	23:44	
2	26	Cassie Yarnall	Fr.	26:35	
3	28	Kari Saarela	So.	26:42	
7.	58	Saint Mary's	(	25:39	1:16:55)
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1	17	Catie Salyer	So.	25:22	
2	19	Joanne Almond	Fr.	25:31	
3	22	Caitlin Brodmerkel	Sr.	26:02	
8.	71	Adrian	(	26:13	1:18:39)
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1	21	Lindsey Manning	Fr.	25:54	
2	23	Meghan Lohr	So.	26:07	
3	27	Chelsey Berlin	So.	26:38	
9.	77	Trine	(	28:04	1:24:11)
=====					
1	9	Chelsi Morey	Jr.	24:35	
2	32	Hanna Thomas	Fr.	28:11	
3	36	Sara Tracey	Fr.	31:25	

10.	80	Goshen	(	27:02	1:21:06)
=====					
1	16	Rachael Baker	Jr.	25:00	
2	31	Tina Peters	Jr.	27:51	
3	33	Rachel Nafziger	Fr.	28:15	
11.	84	Defiance	(	27:11	1:21:31)
=====					
1	20	Kaitlin Switzer	So.	25:46	
2	30	Kelly Neff	Jr.	26:57	
3	34	Amanda Zimmerman	Sr.	28:48	
12.	84	Schoolcraft	(	27:12	1:21:35)
=====					
1	24	Courtney Plummer	Fr.	26:20	
2	25	Jamie Wick	Fr.	26:24	
3	35	Britni Strong	So.	28:51	